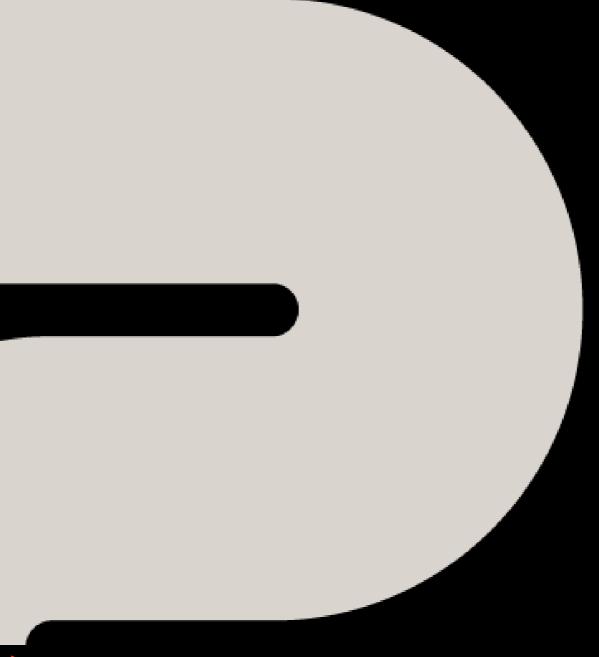
## World Wheelchair Rugby

## Checklist for Referees







## **WWR Checklist for Referees**

This checklist is to be utilised in conjunction with any governmental, sports federation and personal protection measures implemented.

|            | Advice  |
|------------|---|
| Medical    | <ul> <li>On arrival or before arrival at the training/playing facility you will be screened for any recent contact, risk factors or symptoms of illness on a daily basis during competition.</li> <li>If you have a history of "COVID-19 like" illness or close/sustained contact with someone with similar symptoms or you have been in close/sustained contact with someone with confirmed or a suspected positive COVID-19 test, you should not enter the training/playing environment for at least 14 days after the last contact or 10 days post symptom resolution AND after medical clearance.</li> <li>If you have respiratory symptoms or fever (&gt;38 deg C, &gt;100.4 deg F) you should NOT enter the facility or continue to train. You should stay home, isolate and contact your Head Official.</li> <li>If you feel unwell or have any of the following symptoms – DO NOT try to enter the training/playing facility and report the matter to your Head Official         <ul> <li>Most common symptoms:</li> <li>Fever</li> <li>Dry cough</li> <li>Tiredness</li> <li>Less common symptoms:</li> <li>aches and pains</li> <li>sore throat</li> <li>diarrhoea</li> </ul> </li> </ul>   |
|            | <ul><li>diarrhoea</li><li>conjunctivitis</li><li>headache</li></ul>   |
|            | <ul> <li>loss of taste or smell</li> <li>a rash on skin, or discolouration of fingers or toes</li> </ul>  |
| General    | Arrive changed, leave changed - "Get In, Officiate, Get Out".   |
| Preventive | Maintain the locally prescribed Physical Distancing/Facial Covering   |
| Actions    | Do not congregate with others in car parks or public areas  |
|            | Follow all signage instructions  Week house regularly and year agrifficing gold that are provided.  |
|            | Wash hands regularly and use sanitising gels that are provided      Do not shake hands or make physical contact with append   |
|            | <ul> <li>Do not shake hands or make physical contact with anyone</li> <li>No spitting or clearing of nasal passages except into a disposable tissue that</li> </ul>   |
|            | is to be hygienically disposed of immediately.  |
| Equipment  | Wear a mask and a visor/face shield/goggles   |
|            | Electronic whistles are recommended   |
|            | Carry a small hand sanitiser on the Field of Play   |
|            | You MUST have your <b>own water bottle</b> and towels, etc. Water bottles should  |
|            | be filled at home (or a safe source). These <b>MUST NOT BE SHARED</b>   |
|            | If using traditional whistles, <b>No sharing of Whistles</b> , or any other equipment  Authorized a whistles was the great day to account along the second and the second an |
|            | you may use. Multiple whistles may be needed to assure cleanliness.   |
|            | Ensure <b>balls</b> are <b>be wiped</b> or sprayed with disinfectant regularly.  Try to manage the bandling of the game ball with one band and your whictle.  |
|            | <ul> <li>Try to manage the handling of the game ball with one hand and your whistle with the other if that is possible – do not touch your whistle after touching the ball with the same hand.</li> </ul>   |

