

world anti-doping code International Standard **TESTING** and **INTERNATIONAL**

2021 2023

International Standard for Testing and Investigations

The World Anti-Doping *Code International Standard* for *Testing* and Investigations is a mandatory *International Standard* developed as part of the World Anti-Doping Program. It was developed in consultation with *Signatories*, public authorities, and other relevant stakeholders.

The International Standard for Testing was first adopted in 2003 and came into effect in January 2004. It was subsequently amended six times, the first time effective January 2009; the second time effective January 2011; the third time it was renamed International Standard for Testing and Investigations (ISTI), effective January 2015; the fourth time effective January 2017; the fifth time effective March 2019; and the sixth time effective March 2020. A revised and the seventh time effective January 2021. This version wasof the ISTI incorporates further revisions approved by the WADA Executive Committee at the World Conference on Doping in Sport in Katowice on 7 November 2019 in September and November 2022 and is effective as of 1 January 2021.2023.

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PART ONE: INTRODUCTION, CODE PROVISIONS, INTERNATIONAL STANDARD PROVISIONS AND DEFINITIONS

1.0 Introduction and Scope

The first purpose of the International Standard for Testing and Investigations is to plan for intelligent and effective Testing, both In-Competition and Out-of-Competition, and to maintain the integrity and, identity and security of the Samples collected from the point the Athlete is notified of his/her selection for Testing, to the point the Samples are delivered to the Laboratory for analysis. To that end, the International Standard for Testing and Investigations (including its Annexes) establishes mandatory standards for <u>Testing</u> to the tistribution planning (including collection and use of Athlete whereabouts information), notification of Athletes, preparing for and conducting Sample collection, security/post-<u>T</u>test administration of Samples and documentation, and transport of Samples to Laboratories for analysis.

The second purpose of the *International Standard* for *Testing* and Investigations is to establish mandatory standards for the efficient and effective gathering, assessment and use of anti-doping intelligence and for the efficient and effective conduct of investigations into possible anti-doping rule violations.

The International Standard for Testing and Investigations will beis supported by Technical Documents, produced by WADA, to provide enhanced detailsassistance to assist Anti-Doping Organizations in fulfilling their duties under the World Anti-Doping Program. Technical Documents are mandatory. The Results Management processes which were previously contained in the International Standard for Testing and Investigations are now reflected in the International Standard for Results Management.

Terms used in this *International Standard* that are defined terms from the *Code* are italicized. Terms that are defined in this or another *International Standard* are underlined.

2.0 Code Provisions

The following articles in the *Code* are directly relevant to the *International Standard* for *Testing* and Investigations; they can be obtained by referring to the *Code* itself:

- Article 2 Anti-Doping Rule Violations
- Article 5 *Testing* and Investigations
- Article 6 Analysis of Samples
- Article 8 *Results Management*: Right to a Fair Hearing and Notice of Hearing Decision
- Article 10 Sanctions on Individuals
- Article 12 Sanctions by *Signatories* Against Other Sporting Bodies
- Article 13 Results Management: Appeals
- Article 14 Confidentiality and Reporting
- Article 20 Additional Roles and Responsibilities of *Signatories* and *WADA*



- Article 21 Additional Roles and Responsibilities of *Athletes* and Other *Persons*
- Article 23 Acceptance and Implementation

3.0 Definitions and Interpretation

3.1 Defined **<u>t</u>**erms from the *Code* that are used in the *International Standard* for *Testing* and Investigations

ADAMS: The Anti-Doping Administration and Management System is a Web-based database management tool for data entry, storage, sharing, and reporting designed to assist stakeholders and *WADA* in their anti-doping operations in conjunction with data protection legislation.

Adverse Analytical Finding: A report from a WADA-accredited laboratory or other WADAapproved laboratory that, consistent with the *International Standard* for Laboratories, establishes in a Sample the presence of a Prohibited Substance or its Metabolites or Markers or evidence of the Use of a Prohibited Method.

Adverse Passport Finding: A report identified as an *Adverse Passport Finding* as described in the applicable *International Standards*.

Anti-Doping Organization: WADA or a Signatory that is responsible for adopting rules for initiating, implementing or enforcing any part of the *Doping Control* process. This includes, for example, the International Olympic Committee, the International Paralympic Committee, other *Major Event Organizations* that conduct *Testing* at their *Events*, International Federations, and *National Anti-Doping Organizations*.

Athlete: Any *Person* who competes in sport at the international level (as defined by each International Federation) or the national level (as defined by each *National Anti-Doping Organization*). An *Anti-Doping Organization* has discretion to apply anti-doping rules to an *Athlete* who is neither an *International-Level Athlete* nor a *National-Level Athlete*, and thus to bring them within the definition of "*Athlete*". In relation to *Athletes* who are neither *International-Level nor National-Level Athletes*, an *Anti-Doping Organization* may elect to: conduct limited *Testing* or no *Testing* at all; analyze *Samples* for less than the full menu of *Prohibited Substances*; require limited or no whereabouts information; or not require advance *TUEs*. However, if an <u>Article 2.1</u>, 2.3 or 2.5 anti-doping rule violation is committed by any *Athlete* over whom an *Anti-Doping Organization* has elected to exercise its authority to test and who competes below the international or national level, then the *Consequences* set forth in the *Code* must be applied. For purposes of <u>Article 2.8</u> and <u>Article 2.9</u> and for purposes of anti-doping information and *Education*, any *Person* who participates in sport under the authority of any *Signatory*, government, or other sports organization accepting the *Code* is an *Athlete*.

[Comment to Athlete: Individuals who participate in sport may fall in one of five categories: 1) International-Level Athlete, 2) National-Level Athlete, 3) individuals who are not International or National-Level Athletes but over whom the International Federation or National Anti-Doping Organization has chosen to exercise authority, 4) Recreational Athlete, and 5) individuals over whom no International Federation or National Anti-Doping Organization has, or has chosen to, exercise authority. All International and National-Level Athletes are subject to the anti-doping rules of the Code, with the precise definitions of international and national-level sport to be set forth in the anti-doping rules of the International Federations and National Anti-Doping Organizations.]



Athlete Biological Passport: The program and methods of gathering and collating data as described in the International Standard for Testing and Investigations and International Standard for Laboratories.

Athlete Support Personnel: Any coach, trainer, manager, agent, team staff, official, medical, paramedical personnel, parent or any other *Person* working with, treating or assisting an *Athlete* participating in or preparing for sports *Competition*.

Attempt: Purposely engaging in conduct that constitutes a substantial step in a course of conduct planned to culminate in the commission of an anti-doping rule violation. Provided, however, there shall be no anti-doping rule violation based solely on an *Attempt* to commit a violation if the *Person* renounces the *Attempt* prior to it being discovered by a third party not involved in the *Attempt*.

Atypical Finding: A report from a WADA-accredited laboratory or other WADA-approved laboratory which requires further investigation as provided by the *International Standard* for Laboratories or related *Technical Documents* prior to the determination of an *Adverse Analytical Finding*.

Atypical Passport Finding: A report described as an *Atypical Passport Finding* as described in the applicable *International Standards*.

CAS: The Court of Arbitration for Sport.

Code: The World Anti-Doping Code.

Competition: A single race, match, game or singular sport contest. For example, a basketball game or the finals of the Olympic 100-meter race in athletics. For stage races and other sport contests where prizes are awarded on a daily or other interim basis, the distinction between a *Competition* and an *Event* will be as provided in the rules of the applicable International Federation.

Consequences of Anti-Doping Rule Violations ("Consequences"): An Athlete's or other *Person's* violation of an anti-doping rule may result in one or more of the following: (a) <u>Disgualification</u> means the Athlete's results in a particular <u>Competition</u> or Event are invalidated, with all resulting Consequences including forfeiture of any medals, points and prizes; (b) <u>Ineligibility</u> means the Athlete or other Person is barred on account of an anti-doping rule violation for a specified period of time from participating in any <u>Competition</u> or other activity or funding as provided in <u>Article 10.14.1</u>; (c) <u>Provisional Suspension</u> means the Athlete or other Person is barred temporarily from participating in any <u>Competition</u> or activity prior to the final decision at a hearing conducted under <u>Article 8</u>; (d) <u>Financial Consequences</u> means a financial sanction imposed for an anti-doping rule violation or to recover costs associated with an anti-doping rule violation; and (e) <u>Public Disclosure</u> means the dissemination or distribution of information to the general public or Persons beyond those Persons entitled to earlier notification in accordance with <u>Article 14</u>. Teams in *Team Sports* may also be subject to *Consequences* as provided in <u>Article 11</u>.

Decision Limit: The value of the result for a \underline{t} -threshold \underline{s} -bubstance in <u>a</u> Sample, above which an Adverse Analytical Finding shall be reported, as defined in the International Standard for Laboratories.

Delegated Third Partvies: Any Person to which an Anti-Doping Organization delegates any aspect of Doping Control or anti-doping Education programs including, but not limited to, third parties or other Anti-Doping Organizations that conduct Sample collection or other Doping Control services or anti-doping Educational programs for the Anti-Doping Organization, or individuals serving as independent contractors who perform Doping Control services for the Anti-Doping Organization (e.g., non-employee Doping Control officers or chaperones). This definition does not include CAS.

Doping Control: All steps and processes from test distribution planning through to ultimate disposition of any appeal and the enforcement of *Consequences*, including all steps and processes in between, including but not limited to, *Testing*, investigation, whereabouts, *TUEs*, *Sample* collection and handling, laboratory analysis, *Results Management*, hearings and appeals, and investigations or proceedings relating to violations of <u>Article 10.14</u> (Status During *Ineligibility* or *Provisional Suspension*).

Education: The process of learning to instill values and develop behaviors that foster and protect the spirit of sport, and to prevent intentional and unintentional doping.

Event: A series of individual *Competitions* conducted together under one ruling body (e.g., the Olympic Games, World Championships of an International Federation, or Pan American Games).

Event Venues: Those venues so designated by the ruling body for the *Event*.

In-Competition: The period commencing at 11:59 p.m. on the day before a *Competition* in which the *Athlete* is scheduled to participate through the end of such *Competition* and the *Sample* collection process related to such *Competition*. Provided, however, *WADA* may approve, for a particular sport, an alternative definition if an International Federation provides a compelling justification that a different definition is necessary for its sport; upon such approval by *WADA*, the alternative definition shall be followed by all *Major Event Organizations* for that particular sport.

[Comment to In-Competition: Having a universally accepted definition for In-Competition provides greater harmonization among Athletes across all sports, eliminates or reduces confusion among Athletes about the relevant timeframe for In-Competition Testing, avoids inadvertent Adverse Analytical Findings in between Competitions during an Event and assists in preventing any potential performance enhancement benefits from <u>S</u>eubstances prohibited Out-of-Competition being carried over to the Competition period.]

Independent Observer Program: A team of observers and/or auditors, under the supervision of *WADA*, who observe and provide guidance on the *Doping Control* process prior to or during certain *Events* and report on their observations as part of *WADA's* compliance monitoring program.

Ineligibility: See Consequences of Anti-Doping Rule Violations above.

International Event: An Event or Competition where the International Olympic Committee, the International Paralympic Committee, an International Federation, a *Major Event Organization,* or another international sport organization is the ruling body for the *Event* or appoints the technical officials for the *Event*.



International-Level Athlete: Athletes who compete in sport at the international level, as defined by each International Federation, consistent with the *International Standard* for *Testing* and Investigations.

[Comment to International-Level Athlete: Consistent with the International Standard for Testing and Investigations, the International Federation is free to determine the criteria it will use to classify Athletes as International-Level Athletes, e.g., by ranking, by participation in particular International Events, by type of license, etc. However, it must publish those criteria in clear and concise form, so that Athletes are able to ascertain quickly and easily when they will become classified as International-Level Athletes. For example, if the criteria include participation in certain International Events, then the International Federation must publish a list of those International Events.]

International Standard: A standard adopted by WADA in support of the Code. Compliance with an International Standard (as opposed to another alternative standard, practice or procedure) shall be sufficient to conclude that the procedures addressed by the International Standard were performed properly. International Standards shall include any Technical Documents issued pursuant to the International Standard.

Major Event Organizations: The continental associations of National Olympic Committees and other international multisport organizations that function as the ruling body for any continental, regional or other International <u>Event</u>.

Marker: A compound, group of compounds or biological variable(s) that indicates the Use of a *Prohibited Substance* or *Prohibited Method*.

Minor: A natural *Person* who has not reached the age of eighteen years.

National Anti-Doping Organization: The entity(ies) designated by each country as possessing the primary authority and responsibility to adopt and implement anti-doping rules, direct the collection of *Samples*, manage test results and conduct *Results Management* at the national level. If this designation has not been made by the competent public authority(ies), the entity shall be the country's *National Olympic Committee* or its designee.

National Event: A sport Event or Competition involving International- or National-Level Athletes that is not an International Event.

National-Level Athlete: Athletes who compete in sport at the national level, as defined by each *National Anti-Doping Organization*, consistent with the *International Standard* for *Testing* and Investigations.

National Olympic Committee: The organization recognized by the International Olympic Committee. The term *National Olympic Committee* shall also include the National Sport Confederation in those countries where the National Sport Confederation assumes typical *National Olympic Committee* responsibilities in the anti-doping area.

Out-of-Competition: Any period which is not In-Competition.

Person: A natural Person or an organization or other entity.

Prohibited Method: Any method so described on the Prohibited List.



Prohibited Substance: Any substance, or class of substances, so described on the *Prohibited List*.

Protected Person: An Athlete or other natural Person who at the time of the anti-doping rule violation: (i) has not reached the age of sixteen (16) years; (ii) has not reached the age of eighteen (18) years and is not included in any Registered Testing Pool and has never competed in any International Event in an open category; or (iii) for reasons other than age, has been determined to lack legal capacity under applicable national legislation.

[Comment to Protected Persons: The Code treats Protected Persons differently than other Athletes or Persons in certain circumstances based on the understanding that, below a certain age or intellectual capacity, an Athlete or other Person may not possess the mental capacity to understand and appreciate the prohibitions against conduct contained in the Code. This would include, for example, a Paralympic Athlete with a documented lack of legal capacity due to an intellectual impairment. The term "open category" is meant to exclude competition that is limited to junior or age group categories.]

Provisional Suspension: See Consequences of Anti-Doping Rule Violations above.

Recreational Athlete: A natural *Person* who is so defined by the relevant *National Anti-Doping Organization*; provided, however, the term shall not include any *Person* who, within the five (5) years prior to committing any anti-doping rule violation, has been an *International-Level Athlete* (as defined by each International Federation consistent with the *International Standard* for *Testing* and Investigations) or *National-Level Athlete* (as defined by each *National Anti-Doping Organization* consistent with the *International Standard* for *Testing* and Investigations), has represented any country in an *International Event* in an open category or has been included within any *Registered Testing Pool* or other whereabouts information pool maintained by any International Federation or *National Anti-Doping Organization*.

[Comment to Recreational Athlete: The term "open category" is meant to exclude competition that is limited to junior or age group categories.]

Registered Testing Pool: The pool of highest-priority *Athletes* established separately at the international level by International Federations and at the national level by *National Anti-Doping Organizations,* who are subject to focused *In-Competition* and *Out-of-Competition Testing* as part of that International Federation's or *National Anti-Doping Organization's* test distribution plan and therefore are required to provide whereabouts information as provided in <u>Article 5.5</u> and the *International Standard* for *Testing* and Investigations.

Results Management: The process encompassing the timeframe between notification as per <u>Article 5</u> of the *International Standard* for *Results Management*, or in certain cases (e.g., *Atypical Finding, Athlete Biological Passport,* Wwhereabouts f=ailure), such pre-notification steps expressly provided for in <u>Article 5</u> of the *International Standard* for *Results Management*, through the charge until the final resolution of the matter, including the end of the hearing process at first instance or on appeal (if an appeal was lodged).

Sample or Specimen: Any biological material collected for the purposes of Doping Control.

[Comment to Sample or Specimen: It has sometimes been claimed that the collection of blood Samples violates the tenets of certain religious or cultural groups. It has been determined that there is no basis for any such claim.]



Signatories: Those entities accepting the *Code* and agreeing to implement the *Code*, as provided in <u>Article 23</u>.

Substantial Assistance: For purposes of <u>Article 10.7.1</u>, a *Person* providing *Substantial Assistance* must: (1) fully disclose in a signed written statement or recorded interview all information he or she possesses in relation to anti-doping rule violations or other proceeding described in <u>Article 10.7.1.1</u> and (2) fully cooperate with the investigation and adjudication of any case or matter related to that information, including, for example, presenting testimony at a hearing if requested to do so by an *Anti-Doping Organization* or hearing panel. Further, the information provided must be credible and must comprise an important part of any case or proceeding which is initiated or, if no case or proceeding is initiated, must have provided a sufficient basis on which a case or proceeding could have been brought.

Tampering: Intentional conduct which subverts the *Doping Control* process but which would not otherwise be included in the definition of *Prohibited Methods*. *Tampering* shall include, without limitation, offering or accepting a bribe to perform or fail to perform an act, preventing the collection of a *Sample*, affecting or making impossible the analysis of a *Sample*, falsifying documents submitted to an *Anti-Doping Organization* or *TUE* committee or hearing panel, procuring false testimony from witnesses, committing any other fraudulent act upon the *Anti-Doping Organization* or the imposition of *Consequences*, and any other similar intentional interference or *Attempted* interference with any aspect of *Doping Control*.

[Comment to Tampering: For example, this Article would prohibit altering identification numbers on a Doping Control form during Testing, breaking the B bottle at the time of B Sample analysis, altering a Sample by the addition of a foreign substance, or intimidating or attempting to intimidate a potential witness or a witness who has provided testimony or information in the Doping Control process. Tampering includes misconduct which occurs during the Results Management and hearing process. See Code <u>Article 10.9.3.3</u>. However, actions taken as part of a Person's legitimate defense to an anti-doping rule violation charge shall not be considered Tampering. Offensive conduct towards a Doping Control official or other Person involved in Doping Control which does not otherwise constitute Tampering shall be addressed in the disciplinary rules of sport organizations.]

Target Testing: Selection of specific *Athletes* for *Testing* based on criteria set forth in the *International Standard* for *Testing* and Investigations.

Team Sport: A sport in which the substitution of players is permitted during a *Competition*.

Technical Document: A document adopted and published by *WADA* from time to time containing mandatory technical requirements on specific anti-doping topics as set forth in an *International Standard*.

Testing: The parts of the *Doping Control* process involving test distribution planning, *Sample* collection, *Sample* handling, and *Sample* transport to the <u>Laboratory</u>.

WADA: The World Anti-Doping Agency.

3.2 Defined <u>T</u>terms from the *International Standard* for <u>Laboratories</u>:

<u>Adaptive Model</u>: A mathematical model designed to identify unusual longitudinal results from *Athletes*. The model calculates the probability of a longitudinal profile of *Marker* values, assuming that the *Athlete* has a normal physiological condition.

ABP Laboratory: A laboratory not otherwise accredited by WADA, which is approved by WADA to apply Analytical Methods and processes in support of the hematological module of the ABP program and in accordance with the criteria for approval of non-accredited laboratories for the ABP.

<u>Analytical Testing</u>: The parts of the *Doping Control* process performed at the <u>Laboratory</u>, which include *Sample* handling, analysis and reporting of results.

Analytical Testing Procedure: A Fit-for-Purpose procedure, as demonstrated through method validation, and used to detect, identify and/or quantify Analytes in a Sample for Doping Control purposes in accordance with the ISL and relevant Technical Document(s), Technical Letter(s) or Laboratory Guidelines. An Analytical Testing Procedure is also referred to or known as an Analytical Method or Test Method.

<u>Athlete Passport Management Unit (APMU)</u>: A unit composed of a *Person* or *Persons* that is responsible for the timely management of *Athlete Biological Passports* in *ADAMS* on behalf of the <u>Passport Custodian</u>.

Confirmation Procedure (CP): An <u>Analytical Testing Procedure</u> that has the purpose of confirming the presence and/or, when applicable, confirming the concentration/ratio/score and/or establishing the origin (exogenous or endogenous) of one or more specific *Prohibited Substances*, *Metabolite*(s) of a *Prohibited Substance*, or *Marker(s)* of the Use of a *Prohibited Substance* or *Prohibited Method* in a *Sample*.

Further Analysis: Further Analysis, as this term is used in the ISL, occurs when a Laboratory conducts additional analysis on an "A" *Sample* or a "B" *Sample* after an analytical result for that "A" *Sample* or that "B" *Sample* has been reported by the Laboratory.

[Comment: There is no limitation on a Laboratory's authority to conduct repeat or confirmation analysis, or to analyze a Sample with additional Analytical Methods, or to perform any other type of additional analysis on an "A" Sample or "B" Sample prior to reporting an analytical result on that Sample. That is not considered Further Analysis.

If a Laboratory is to conduct additional analysis on an "A" Sample or "B" Sample after an analytical result for that Sample has been reported (for example: additional Sample analysis to detect EPO, or GC/C/IRMS analysis, or analysis in connection with the Athlete Biological Passport or additional analysis on a stored Sample) it may do so after receiving approval from the Testing Authority or Results Management Authority (if different) or WADA. However, after an Athlete has been charged with a Code Article 2.1 anti-doping rule violation based on the presence of a Prohibited Substance, Metabolite(s) of a Prohibited Substance, or Marker(s) of the Use of a Prohibited Substance or Prohibited Method in a Sample, then Further Analysis on that Sample may only be performed with the consent of the Athlete or approval from a hearing body (see Code Article 6.5).

Further Analysis may be performed by the same Laboratory that did the original Analytical Testing, or by a different Laboratory or other WADA-approved laboratory, at the direction of the Testing Authority or Results Management Authority (if different) or WADA. Any other Anti-

Doping Organization that wishes to conduct Further Analysis on a stored Sample may do so with the permission of the Testing Authority or Results Management Authority (if different) or WADA and shall be responsible for any follow-up Results Management. Any Sample storage or Further Analysis initiated by WADA or another Anti-Doping Organization shall be at WADA's or that Anti-Doping Organization's expense.]

Laboratory(ies): (A) WADA-accredited laboratory(ies) applying <u>Test Methods</u> and processes to provide evidentiary data for the detection and/or identification of *Prohibited Substances* or *Prohibited Methods* on the *Prohibited List* and, if applicable, quantification of a <u>Threshold</u> <u>Substance</u> in *Samples* of urine and other biological matrices in the context of *Doping Control* activities.

3.3 Defined **T**terms from the International Standard for Results Management.

<u>Adaptive Model:</u> A mathematical model designed to identify unusual longitudinal results from <u>Athletes.</u> The model calculates the probability of a longitudinal profile of <u>Marker values</u>, assuming that the <u>Athlete</u> has a normal physiological condition.

Failure to Comply: A term used to describe anti-doping rule violations under *Code* Articles 2.3 and/or 2.5.

Filing Failure: A failure by the *Athlete* (or by a third party to whom the *Athlete* has delegated the task) to make an accurate and complete <u>Whereabouts Filing</u> that enables the *Athlete* to be located for *Testing* at the times and locations set out in the <u>Whereabouts Filing</u> or to update that <u>Whereabouts Filing</u> where necessary to ensure that it remains accurate and complete, all in accordance with Article 4.8 of the *International Standard* for *Testing* and Investigations and Annex B of the *International Standard* for *Results Management*.

<u>**Missed Test**</u>: A failure by the *Athlete* to be available for *Testing* at the location and time specified in the 60-minute time slot identified in their <u>Whereabouts Filing</u> for the day in question, in accordance with Article 4.8 of the *International Standard* for *Testing* and Investigations and Annex B of the *International Standard* for *Results Management*.

<u>Passport</u>: A collation of all relevant data unique to an individual *Athlete* that may include longitudinal profiles of *Markers*, heterogeneous factors unique to that particular *Athlete* and other relevant information that may help in the evaluation of *Markers*.

Passport Custodian: The Anti-Doping Organization responsible for Results Management of that Athlete's <u>Passport</u> and for sharing any relevant information associated to that Athlete's <u>Passport</u> with other Anti-Doping Organization(s).

<u>Results Management Authority</u>: The *Anti-Doping Organization* responsible for conducting *Results Management* in a given case.

Whereabouts Failure: A Filing Failure or a Missed Test.

3.4 Defined <u>T</u>terms from the *International Standard* for the Protection of Privacy and Personal Information:



Processing (and its cognates, **Process** and **Processed**): Collecting, accessing, retaining, storing, disclosing, transferring, transmitting, amending, deleting or otherwise making use of <u>Personal Information</u>.

3.5 Defined **t**erms specific to *the International Standard* for *Testing* and Investigations:

Blood Collection Officer (or BCO): An official who is qualified and has been authorized by the <u>Sample Collection Authority</u> to collect a blood Sample from an Athlete.

<u>Chain of Custody</u>: The sequence of individuals or organizations who have responsibility for the custody of a *Sample* from the provision of the *Sample* until the *Sample* has been delivered to the <u>Laboratory</u> for analysis.

<u>Chaperone</u>: An official who is suitably trained and authorized by the <u>Sample Collection</u> <u>Authority</u> to carry out specific duties including one or more of the following (at the election of the <u>Sample Collection Authority</u>); notification of the <u>Athlete</u> selected for <u>Sample</u> collection; accompanying and observing the <u>Athlete</u> until arrival at the <u>Doping Control Station</u>; accompanying and/or observing <u>Athletes</u> who are present in the <u>Doping Control Station</u>; and/or witnessing and verifying the provision of the <u>Sample</u> where the training specifically qualifies them to do so.

<u>Code Article 2.4 Whereabouts Requirements</u>: The whereabouts requirements set out in Article 4.8, which apply to *Athletes* who are included in the *Registered Testing Pool* of an International Federation or a *National Anti-Doping Organization*.

Doping Control Coordinator: An Anti-Doping Organization or a Delegated Third Party that coordinates any aspect of Doping Control on behalf of an Anti-Doping Organization. The Anti-Doping Organization always remains ultimately responsible under the Code for compliance with the requirements of the International Standard for Testing and Investigations, Therapeutic Use Exemptions, Protection of Privacy and Personal Information, and Results Management.

Doping Control Officer (or DCO): An official who has been trained and authorized by the <u>Sample Collection Authority</u> to carry out the responsibilities given to <u>DCOs</u> in the *International Standard* for *Testing* and Investigations.

Doping Control Station: The location where the <u>Sample Collection Session</u> will be conducted in accordance with Article 6.3.2.

Expert: The Expert(s) and/or Expert Panel, with knowledge in the concerned field, chosen by the *Anti-Doping Organization* and/or <u>Athlete Passport Management Unit</u>, who are responsible for providing an evaluation of the <u>Passport</u>. The <u>Expert</u> must be external to the <u>Anti-Doping</u> Organization.

For the Haematological Module, the <u>Expert Panel</u> should consist of at least three (3) <u>Experts</u> who have qualifications in one or more of the fields of clinical and laboratory haematology, sports medicine or exercise physiology, as they apply to blood doping. For the Steroidal Module, the <u>Expert Panel</u> should be composed of at least three (3) individuals with qualifications in the fields of laboratory steroid analysis, steroid doping and metabolism and/or clinical endocrinology. For both modules, an <u>Expert Panel</u> should consist of <u>Experts</u> with complementary knowledge such that all relevant fields are represented. The <u>Expert Panel</u> may include a pool of at least three (3) appointed <u>Experts</u> and any additional ad hoc <u>Expert(s)</u>



who may be required upon request of any of the appointed <u>Experts</u> or by the <u>Athlete Passport</u> <u>Management Unit</u> of the Anti-Doping Organization.

In-Competition Date: As described in Article 4.8.8.4.

No Advance Notice *Testing***:** Sample collection that takes place with no advance warning to the *Athlete* and where the *Athlete* is continuously chaperoned from the moment of notification through *Sample* provision.

Random Selection: Selection of Athletes for Testing which is not Target Testing.

<u>Risk Assessment</u>: The assessment of risk of doping in a sport or sports discipline conducted by an *Anti-Doping Organization* in accordance with Article 4.2.

<u>Sample Collection Authority</u>: The organization that is responsible for the collection of *Samples* in compliance with the requirements of the *International Standard* for *Testing* and Investigations, whether (1) the <u>Testing Authority</u> itself; or (2) a *Delegated Third Party* to whom the authority to conduct *Testing* has been granted or sub-contracted. The <u>Testing Authority</u> always remains ultimately responsible under the *Code* for compliance with the requirements of the *International Standard* for *Testing* and Investigations relating to collection of *Samples*.

<u>Sample Collection Equipment</u>: A and B bottles, kits or containers, collection vessels, tubes or other apparatus used to collect, hold or store the *Sample* at any time during and after the <u>Sample Collection Session</u> that shall meet the requirements of Article 6.3.4.

<u>Sample Collection Personnel</u>: A collective term for qualified officials authorized by the <u>Sample Collection Authority</u> to carry out or assist with duties during the <u>Sample Collection</u> <u>Session</u>.

<u>Sample Collection Session</u>: All of the sequential activities that directly involve the *Athlete* from the point that initial contact is made until the *Athlete* leaves the <u>Doping Control Station</u> after having provided their Sample(s).

Suitable Specific Gravity for Analysis: For Samples with a minimum volume of 90 mL and less than 150 mL, specific gravity measured at 1.005 or higher with a refractometer, or 1.010 or higher with lab sticks. For Samples with a volume of 150 mL and above, specific gravity measured at 1.003 or higher with a refractometer only.

<u>Suitable Volume of Urine for Analysis</u>: A minimum of 90 mL, whether the <u>Laboratory</u> will be analyzing the *Sample* for all or only some *Prohibited Substances* or *Prohibited Methods*.

Tamper Evident: Refers to having one or more indicators or barriers to entry incorporated into or, if applicable, included with the <u>Sample Collection Equipment</u>, which, if breached or missing or otherwise compromised, can provide visible evidence that *Tampering* or *Attempted Tampering* of <u>Sample Collection Equipment</u> has occurred.

<u>Team Activity/Activities</u>: Sporting activities carried out by *Athletes* on a collective basis as part of a team (e.g., training, travelling, tactical sessions) or under the supervision of the team (e.g., treatment by a team doctor).

Technical Document for Sport Specific Analysis (TDSSA): The Technical Document which



establishes minimum levels of analysis that *Anti-Doping Organizations* must apply to sports and sport disciplines for certain *Prohibited Substances* and/or *Prohibited Methods*, which are most likely to be abused in particular sports and sport disciplines.

<u>Test(s)</u>: Any combination of *Sample(s)* collected (and analyzed) from a single *Athlete* in a single <u>*Sample* Collection Session</u>.

<u>**Test Distribution Plan**</u>: A document written by an *Anti-Doping Organization* that plans *Testing* on *Athletes*, in accordance with the requirements of Article 4.

Testing Authority: The Anti-Doping Organization that authorizes Testing on Athletes it has authority over. It may authorize a Delegated Third Party to conduct Testing pursuant to the authority of and in accordance with the rules of the Anti-Doping Organization. Such authorization shall be documented. The Anti-Doping Organization authorizing Testing remains the <u>Testing</u> Authority and ultimately responsible under the Code to ensure the Delegated Third Party conducting the Testing does so in compliance with the requirements of the International Standard for Testing and Investigations.

<u>Unsuccessful Attempt Report</u>: A detailed report of an unsuccessful attempt to collect a *Sample* from an *Athlete* in a *Registered Testing Pool or Testing* pool setting out the date of the attempt, the location visited, the exact arrival and departure times at the location, the steps taken at the location to try to find the *Athlete* (including details of any contact made with third parties), and any other relevant details about the attempt.

<u>Whereabouts Filing</u>: Information provided by or on behalf of an *Athlete* in a *Registered Testing Pool* (or *Testing* pool if applicable) that sets out the *Athlete's* whereabouts during the <u>current and/or</u> following quarter, in accordance with Article 4.8.

3.6 Interpretation:

- **3.6.1** The official text of the *International Standard* for *Testing* and Investigations shall be published in English and French. In the event of any conflict between the English and French versions, the English version shall prevail.
- **3.6.2** Like the *Code*, the *International Standard* for *Testing* and Investigations has been drafted giving consideration to the principles of proportionality, human rights, and other applicable legal principles. It shall be interpreted and applied in that light.
- **3.6.3** The comments annotating various provisions of the *International Standard* for *Testing and Investigations* shall be used to guide its interpretation.
- **3.6.4** Unless otherwise specified, references to Sections and Articles are references to Sections and Articles of the *International Standard* for *Testing* and Investigations.
- **3.6.5** Where the term "days" is used in the *International Standard* for *Testing* and Investigations, it shall mean calendar days unless otherwise specified.
- **3.6.6** The Annexes to the *International Standard* for *Testing* and Investigations have the same mandatory status as the rest of the *International Standard*.



PART TWO: STANDARDS FOR TESTING

4.0 Planning Effective Testing

4.1 Objective

- **4.1.1** Each *Anti-Doping Organization* is required to plan and implement intelligent *Testing* on *Athletes over whom* it has authority which is proportionate to the risk of doping, and that is effective to detect and to deter such practices. The objective of Article 4 is to set out the steps that are necessary to develop a <u>Risk Assessment</u> and produce a <u>Test</u> <u>Distribution Plan</u> that satisfies this requirement. *Code* Article 23.3 requires *Signatories* to devote sufficient resources in order to implement *Testing* programs in all areas that are compliant with the *Code* and *International Standards*.
- **4.1.2** The Anti-Doping Organization shall ensure that Athlete Support Personnel and any other Persons with a conflict of interest are not involved in test distribution planning for their Athletes or in the process of selection of Athletes for Testing.
- **4.1.3** The Anti-Doping Organization shall document its <u>Risk Assessment</u> and <u>Test</u> <u>Distribution Plan</u> and shall provide that <u>Risk Assessment</u> and <u>Test Distribution Plan</u> to WADA where requested. The Anti-Doping Organization must be able to demonstrate to WADA's satisfaction that it has made a proper assessment of the relevant risks and has developed and/or implemented an appropriate <u>Test Distribution Plan</u> based on the results of that assessment.
- **4.1.4** The Anti-Doping Organization shall monitor, evaluate and update its <u>Risk Assessment</u> and <u>Test Distribution Plan</u> during the year/cycle in light of changing circumstances and implementing the <u>Test Distribution Plan</u>. It shall adapt its <u>Test Distribution Plan</u> to reflect new information gathered and intelligence developed by the Anti-Doping Organization and take into account <u>Testing</u> conducted by other Anti-Doping Organizations.

4.2 Risk Assessment

- **4.2.1** The starting point of the <u>Test Distribution Plan</u> shall be a considered <u>Risk Assessment</u>, conducted in good faith. This assessment shall take into account (at a minimum) the following information:
 - a) The physical and other demands of the relevant sport(s) (and/or discipline(s) within the sport(s)), considering in particular the physiological requirements of the sport(s)/sport discipline(s);
 - b) Which *Prohibited Substances* and/or *Prohibited Methods* an *Athlete* would consider most likely to enhance performance in the relevant sport(s)/sport discipline(s);
 - c) The rewards and/or potential incentives for doping available at the different levels of the sport(s)/sport discipline(s) and for the nations participating in such sport(s)/sport discipline(s);
 - d) The history of doping in the sport(s)/sport discipline(s), nation(s) and/or *Event*,



[Comment to 4.2.1 (d): Unless there has been an effective Testing program in a sport, encompassing both In-Competition and Out-of-Competition Testing, a history of no or few Adverse Analytical Findings says little, if anything, about the risk of doping in that sport.]

- e) Available statistics and research <u>findings</u> on doping trends (e.g., anti-doping *Testing* figures and anti-doping rule violation reports published by *WADA*; peer-reviewed articles);
- f) Information received/intelligence developed on possible doping practices in the sport (e.g., <u>Laboratory</u> and <u>APMU</u> recommendations; <u>Sample Collection Personnel</u> reports; *Athlete* testimony; information from criminal investigations; and/or other information received/intelligence developed in accordance with WADA's Guidelines for Information Gathering and Intelligence Sharing) in accordance with Article 11;
- g) The outcomes of previous test distribution planning cycles including past *Testing* strategies;
- h) At what points during an *Athlete's* career in the sport/discipline an *Athlete* would be most likely to benefit from *Prohibited Substances* and/or *Prohibited Methods*; and
- i) Given the structure of the season for the sport/discipline in question (including standard *Competition* schedules and training patterns), at what time(s) during the year/cycle an *Athlete* would be most likely to benefit from *Prohibited Substances* and/or *Prohibited Methods*.
- **4.2.2** In developing its <u>Test Distribution Plan</u>, the *Anti-Doping Organization* <u>shallshould</u> consider in good faith any <u>Risk Assessment</u> for the sport or discipline in question carried out by another *Anti-Doping Organization* with overlapping <u>Testing Authority</u>. However, an International Federation is not bound by a *National Anti-Doping Organization*'s assessment of the risks of doping in a particular sport or discipline, and a *National Anti-Doping Organization* is not bound by an International Federation's assessment of the risks of doping in a particular sport or discipline.
- **4.2.3** Test distribution planning is an ongoing process, not a static one. The Anti-Doping Organization shall review the <u>Test Distribution Plan</u> regularly during the year/cycle and shall adapt it as necessary to reflect new information gathered and intelligence developed by the Anti-Doping Organization, and to take into account Testing conducted by other Anti-Doping Organizations.
- **4.2.4<u>4.2.3</u>** In developing its <u>Test Distribution Plan</u>, the *Anti-Doping Organization* shall incorporate the requirements of the <u>TDSSA</u>.

4.3 Defining International-Level and National-Level Athletes

4.3.1 Code Article 5.2 gives different Anti-Doping Organizations authority to conduct Testing on potentially very large pools of sportsmen and sportswomen.<u>Athletes.</u> However, in recognition of the finite resources of Anti-Doping Organizations, the Code definition of Athlete allows National Anti-Doping Organizations to limit the number of sportsmen and sportswomen.<u>Athletes</u> who will be subject to their national anti-doping programs (in particular, Testing) to those who compete at the highest national levels (i.e., National-



Level Athletes, as defined by the *National Anti-Doping Organization*). It also allows International Federations to focus their anti-doping programs (including *Testing*) on those who compete regularly at the international level (i.e., *International-Level Athletes*, as defined by the International Federation).

[Comment to 4.3.1: Nothing prevents an International Federation from Testing an Athlete under its authority who is not an International-Level Athlete, if it sees fit, e.g., where they are competing in an International Event. Furthermore, as set out in the Code definition of Athlete, a National Anti-Doping Organization may decide to extend its anti-doping program (including Testing) to sportsmen and sportswomenAthletes who compete below national level. However, the main focus of an International Federation's <u>Test Distribution Plan</u> should be International-Level Athletes, and the main focus of a National Anti-Doping Organization's <u>Test Distribution Plan</u> should be National-Level Athletes and above.]

- **4.3.2** Therefore, once the <u>Risk Assessment</u> and the <u>Test Distribution Plan</u> described in Article 4.2 are completed, the next step is to determine an appropriate definition of *International-Level Athlete* (for an International Federation), or *National-Level Athlete* (for a *National Anti-Doping Organization*) who are going to be subject to *Testing* by an *Anti-Doping Organization*:
 - a) An International Federation is free to determine the criteria it will use to classify Athletes as International-Level Athletes, e.g., by ranking, by participation in particular International Events, etc. It should make that determination in good faith, in accordance with its responsibility to protect the integrity of the sport at the international level (the showcase of the sport to the public), by fixing a definition that shall, at a minimum (and in accordance with the <u>Risk Assessment</u> undertaken in connection with the relevant sport/sports discipline), include those Athletes who compete regularly at an international level and/or who compete at a standard at which world records may be set.

[Comment to 4.3.2_(a): The Code requires each International Federation to publish in clear and concise form the criteria it uses to classify Athletes as International-Level Athletes, so that it is clear to everyone where the line is drawn and how particular Athletes are to be classified... For example, if the criteria include competing in certain International Events, then the International Federation shall publish a list of those International Events.]

b) Similarly, a National Anti-Doping Organization is free to determine the criteria it will use to classify Athletes as National-Level Athletes. Again, it should make that determination in good faith, in accordance with its responsibility to protect the integrity of the sport at the national level (the source of national pride in different sports, and the stepping-stone to international Competition, including representation of the nation in International Events or Competitions). Consequently, the definition shall at a minimum (and in accordance with the <u>Risk Assessment</u> undertaken in connection with the relevant sport/sports discipline) include those who compete at the highest levels of national Competition in the sport in question (i.e., in national championships or other Events that determine or count towards determining who are the best in the country in the category/discipline in question, and/or who may be selected to represent the country in International Events or Competitions). It shall also include those nationals of its country who generally or often compete at an



international level and/or in *International Events* or *Competitions* (rather than at the national level) but who are not classified as *International-Level Athletes* by their International Federation.

4.4 Prioritizing <u>B</u>between <u>S</u>sports and/or <u>D</u>disciplines

- **4.4.1** Next, the Anti-Doping Organization shall consider whether there are any factors warranting allocationg of Testing resources to one sport or discipline or nation (as applicable) in priority to others and shall take into account without limitation their calendar of *Events*. This means having assessed the relative risks of doping:
 - a) In the case of an International Federation, allocating *Testing* between the different disciplines and nations, within its sport-based on a calendar of *Events*.
 - b) In the case of a *National Anti-Doping Organization*, allocating *Testing* between the different sports as well as any national anti-doping policy imperatives that may lead it to prioritize certain sports over others.

[Comment to 4.4.1_(b): National Anti-Doping Organizations will have varying national policy requirements and priorities. For example, one National Anti- Doping Organization may have legitimate reasons to prioritize (some or all) Olympic sports while another may have legitimate reasons, because of different characteristics of that sporting nation, to prioritize for example certain other 'national' sports. These policy imperatives are a relevant consideration in the National Anti-Doping Organization's test distribution planning, alongside its assessment of the relative risks of doping in the various sports played within its national jurisdiction. They may lead, for example, to a National Anti-Doping Organization deciding, in its <u>Test Distribution Plan</u>, for a particular period, (1) to allocate Testing to some sports within its jurisdiction but not others; and (2) to prioritize certain sports over others due not to a greater risk of doping in those sports but to a greater national interest in ensuring the integrity of those sports.]

- c) In the case of a *Major Event Organization*, allocating *Testing* between the different sports and/or disciplines involved in its *Event*.
- d) Another factor relevant to the allocation of *Testing* resources within the <u>Test</u> <u>Distribution Plan</u> will be the number of *Athletes* involved at the relevant level in the sport(s) and/or discipline(s) and/or nation(s) in question. Where the risk of doping is assessed to be equal between two different sports or disciplines or nations, more resources should be devoted to the sport or discipline or nation involving the larger number of *Athletes*.

4.5 Prioritizing <u>B</u>between <u>D</u>different Athletes

4.5.1 Once the International-Level Athletes and National-Level Athletes have been defined (see Article 4.3), and the priority sports/disciplines/nations have been established (see Article 4.4), an intelligent <u>Test Distribution Plan</u> uses *Target Testing* to focus *Testing* resources where they are most needed within the overall pool of Athletes. Target Testing shall therefore be made a priority, i.e., a significant amount of the *Testing* undertaken as part of an *Anti-Doping Organization's* <u>Test Distribution Plan</u> shall be *Target Testing* of Athletes within its overall pool.

[Comment to 4.5.1: Target Testing is a priority because random Testing, or even weighted random Testing, does not ensure that all of the appropriate Athletes will be tested enough. The Code does not impose any reasonable suspicion or probable cause requirement for Target Testing. However, Target Testing should not be used for any purpose other than legitimate Doping Control.]

- **4.5.2** Anti-Doping Organizations shall consider conducting *Target Testing* on the following categories of *Athletes*:
 - a) For International Federations, *Athletes* (especially from its priority disciplines or nations) who compete regularly at the highest level of international *Competition* (e.g., candidates for Olympic, Paralympic or World Championship medals), as determined by rankings or other suitable criteria.
 - b) For *National Anti-Doping Organizations*, the following *Athletes* from its priority sports:
 - (i) Athletes who are part of national teams in major *Events* (e.g., Olympic Paralympic, World Championship and other multi-sport *Events*) or other sports of high national priority (or who might be selected for such teams);
 - (ii) Athletes who train independently but perform at major Events (e.g., Olympic Games, Paralympic Games, World Championship and other multi-sport Events) and may be selected for such Events;
 - (iii) Athletes in receipt of public funding;
 - (iv) High-level <u>National Level</u> Athletes who reside, train or compete abroad;

[Comment to 4.5.2 (b) (iv): Even if National Level Athletes are not residing or training within the National Anti-Doping Organization's country, it is still that National Anti-Doping Organization's responsibility to ensure those Athletes are subject to testing abroad. The fact that an Athlete resides or frequently trains abroad is not a valid reason not to test them.]

- (v) High-level <u>National Level</u> Athletes who are nationals of other countries but who are present (whether residing, training, competing or otherwise) within the National Anti-Doping Organization's country; and
- (vi) In collaboration with International Federations, International-Level Athletes.
- c) For all Anti-Doping Organizations with <u>Testing Authority</u>:
 - (i) Athletes serving a period of Ineligibility or a Provisional Suspension; and
 - (ii) *Athletes* who were high priority for *Testing* before they retired from the sport and who now wish to return from retirement to active participation in the sport.

[Comment to 4.5.2: Coordination between the International Federations, National Anti-Doping Organizations and other Anti-Doping Organizations shall occur in accordance with Article 4.9.]

- **4.5.3** Other individual factors relevant to determining which *Athletes* shall be the subject of *Target Testing* shall also be considered by the *Anti-Doping Organization*. Relevant factors may include (but are not limited to):
 - a) Prior anti-doping rule violations, <u>Test</u> history, including any abnormal biological parameters (blood parameters, steroid profiles, as recommended by an <u>APMU</u>, etc.);
 - b) Sport performance history, performance pattern, and/or high performance without a commensurate <u>Test</u> record;
 - c) Repeated failure to meet whereabouts requirements;
 - d) Suspicious <u>wWhereabouts</u> <u>Filing</u> patterns (e.g., last-minute updates of <u>wWhereabouts</u> <u>Filings</u> information);
 - e) Moving to or training in a remote location;
 - f) Withdrawal or absence from expected Competition(s);
 - g) Association with a third party (such as a team-mate, coach or doctor) with a history of involvement in doping;
 - h) <u>Injury;</u>
 - i) Age/stage of career (e.g., move from junior to senior level, nearing end of contract, approaching retirement);
 - j) Financial incentives for improved performance, such as prize money or sponsorship opportunities; and/or
 - k) Reliable information from a third party, or intelligence developed by or shared with the *Anti-Doping Organization* in accordance with Article 11.
- **4.5.4** *Testing* which is not *Target Testing* shall be determined by <u>Random Selection</u> and should be conducted in accordance with the selection options in the Guidelines for Implementing an Effective *Testing* Program. <u>Random Selection</u> shall be conducted using a documented system for such selection. <u>Random Selection</u> may be either weighted (where *Athletes* are ranked using pre-determined criteria in order to increase or decrease the chances of selection) or completely random (where no pre-determined criteria are considered, and *Athletes* are chosen arbitrarily from a list or pool of *Athlete* names). <u>Random Selection</u> that is weighted shall be prioritized and be conducted according to defined criteria which may take into account the factors listed in Article 4.5.2 and 4.5.3 (as applicable) in order to ensure that a greater percentage of 'at risk' *Athletes* are selected.

[Comment to 4.5.4: In addition to Target Testing, Testing by <u>Random Selection</u> can play an important deterrent role, as well as helping to protect the integrity of an Event.]

4.5.5 For the avoidance of doubt, notwithstanding the development of criteria for selection of *Athletes* for *Testing*, and in particular for *Target Testing* of *Athletes*, as well as the fact

that as a general rule *Testing* shall take place between 6 a.m. and 11 p.m. unless (i)₁ the *Athlete* stipulates a 60-minute timeslot from 5 a.m. or, (ii) valid grounds exist for *Testing* overnight (i.e., between 11 p.m. and 6 a.m.), the fundamental principle remains (as set out in *Code* Article 5.2) that an *Athlete* may be required to provide a *Sample* at any time and at any place by any *Anti-Doping Organization* with authority to conduct *Testing*, whether or not the selection of the *Athlete* for *Testing* is in accordance with such criteria. Accordingly, an *Athlete* may not refuse to submit to *Sample* collection on the basis that such *Testing* is not provided for in the *Anti-Doping Organization*'s <u>Test</u> <u>Distribution Plan</u> and/or is not being conducted between 6 a.m. and 11 p.m., and/or that the *Athlete* does not meet the relevant selection criteria for *Testing* or otherwise should not have been selected for *Testing*.

4.6 Prioritizing **b**<u>B</u>etween **d**<u>D</u>ifferent **t**<u>T</u>ypes of *Testing* and *Samples*

- **4.6.1** Based on the <u>Risk Assessment</u> and prioritization process described in Articles 4.2 to 4.5, the *Anti-Doping Organization* must determine to what extent each of the following types of *Testing* is required in order to detect and deter doping practices within the relevant sport(s), discipline(s) and/or nation(s), intelligently and effectively:
 - a) In-Competition Testing and Out-of-Competition Testing;
 - (i) In sports and/or disciplines that are assessed as having a high risk of doping during Out-of-Competition periods, Out-of-Competition Testing shall be made a priority, and a significant portion of the available Testing shall be conducted Out-of-Competition. However, <u>somea</u> material amount of In-Competition Testing shall still take place.
 - (ii) In sports and/or disciplines that are assessed as having a low risk of doping during *Out-of-Competition* periods (i.e., where it can be clearly shown that doping while *Out-of-Competition* is unlikely to enhance performance or provide other illicit advantages), *In-Competition Testing* shall be made a priority, and a substantialsignificant portion of the available *Testing* shall be conducted *In-Competition*. However, some *Out-of-Competition* doping in such sport/discipline. Very exceptionally, i.e., in the small number of sports and/or disciplines where it is determined in good faith that there is no material risk of doping during *Out-of-Competition* periods, there may be no *Out-of-Competition Testing*. In these circumstances, the International Federation shall apply to *WADA* to seek an exemption from *Out-of-Competition Testing* in accordance with any protocol issued by *WADA*.
 - b) Testing of urine;
 - c) Testing of blood; and
 - d) *Testing* involving longitudinal profiling, i.e., the *Athlete Biological Passport* program-; and
 - e) Testing of dried blood spots.

[Comment to 4.6.1 (c), (d) and (e): The requirements for blood in this International

Standard for Testing and Investigations apply, without limitation to Samples collected by venipuncture in accordance with Annex D - Collection of Venous Blood Samples and Annex I - Collection, Storage and Transport of Blood Athlete Biological Passport Samples and by capillary blood sampling in accordance with Annex J - Collection, Storage and Transport of Dried Blood Spot Samples; however, different requirements apply depending on the Sample Collection Equipment and the requested analyses e.g., specific requirements apply for dried blood spot Samples, which are collected and allowed to dry on an absorbent Sample support (i.e., dried blood spot cellulose card or other equipment made of another material.]

4.7 Sample <u>Aanalysis</u>, <u>Rretention</u> <u>Setrategy</u> and <u>Ffurther Aanalysis</u>

- 4.7.1 Anti-Doping Organizations shall ask <u>Laboratories</u> to analyze Samples for the standard analysis menu based on whether the Sample was collected In-Competition or Out-of-Competition. Anti-Doping Organizations may also consider undertaking more extensive Sample analysis for Prohibited Substances or Prohibited Methods beyond those contained (or the levels required) within the <u>TDSSA</u> based on the risk of the sport/discipline/country or any intelligence that the Anti-Doping Organization may receive.
- **4.7.2** An Anti-Doping Organization may apply to WADA for flexibility in the implementation of the minimum levels of analysis specified for *Prohibited Substances or Prohibited Methods* as outlined in the <u>TDSSA</u>.
- **4.7.3** The Anti-Doping Organization shall develop a written strategy for retention of Samples and the documentation relating to the collection of such Samples so as to enable the <u>Ffurther Aanalysis</u> of such Samples at a later date in accordance with CodeArticles 6.5 and 6.6. Such strategy shall comply with the requirements of the International Standard for <u>Laboratories</u> and the International Standard for the Protection of Privacy and Personal Information, and shall take into account the purposes of analysis of Samples set out in Code Article 6.2, as well as (without limitation) the following elements:
 - a) Laboratory and APMU recommendations;
 - b) The possible need for retroactive analysis in connection with the *Athlete Biological Passport* program;
 - c) New detection methods to be introduced in the future relevant to the *Athlete*, sport and/or discipline;
 - d) Samples collected from Athletes meeting some or all of the criteria set out at Article 4.5;
 - e) Any other information made available to the *Anti-Doping Organization* justifying long-term storage or <u>Ffurther Aanalysis</u> of *Samples* at the *Anti-Doping Organization's* discretion.

4.8 Collecting <u>W</u>whereabouts <u>l</u>information

4.8.1 Whereabouts information is not an end in itself, but rather a means to an end, namely the efficient and effective conduct of <u>No Advance Notice *Testing*</u>. Therefore, where an *Anti-*

Doping Organization has determined that it needs to conduct *Testing* (including *Out-of-Competition Testing*) on particular *Athletes*, it shall then consider how much information it needs about the whereabouts of those *Athletes* in order to conduct that *Testing* effectively and with no advance notice. The *Anti-Doping Organization* must collect all of the whereabouts information that it needs to conduct the *Testing* identified in its <u>Test</u> <u>Distribution Plan</u> effectively and efficiently. –In addition, the amount of whereabouts information requested shall be proportional to the whereabouts pool and the <u>amountnumber</u> of times the *Anti-Doping Organization* intends to test the *Athlete*.

- **4.8.2** In accordance with Code Articles 5.5 and 14.5, Anti-Doping Organizations may collect whereabouts information and shall use *ADAMS* to conduct effective *Doping Control*. As a result, such information shall be automatically available through *ADAMS* to *WADA* and other relevant *Anti-Doping Organizations* with overlapping <u>Testing Authority</u>. This information shall:
 - a) Be maintained in strict confidence at all times;
 - b) Be used for purposes of planning, coordinating or conducting *Doping Control*;
 - c) Be relevant to the Athlete Biological Passport or other analytical results;
 - d) Support an investigation into a potential anti-doping rule violation; and/or
 - e) Support proceedings alleging an anti-doping rule violation.
- **4.8.3** Where an *Anti-Doping Organization* has determined that it needs to conduct *Out-of-Competition Testing* on particular *Athletes* following its <u>Risk Assessment</u> (in accordance with Article 4.2) and the prioritization steps (in Articles 4.3 to 4.7), it shall then consider how much whereabouts information it needs for those *Athletes* in order to conduct <u>No Advance Notice Testing</u> effectively.
- **4.8.4** The International Federation or *National Anti-Doping Organization* should consider adopting a 'pyramid' or 'tiered approach', placing *Athletes* into different whereabouts pools, referred to as the *Registered Testing Pool, Testing* pool and other pool(s), depending upon how much whereabouts information it needs to conduct the amount of *Testing* allocated to those *Athletes* in the <u>Test Distribution Plan</u>.
- **4.8.5** The International Federation or *National Anti-Doping Organization* shall be able to demonstrate to *WADA* that they haveit has conducted an appropriate risk-based approach in allocating *Athletes* to their whereabouts pool(s) and havehas allocated sufficient *Out-of-Competition* Tests in theirits Test Distribution Plan as required in Articles 4.8.6.1 and 4.8.10.1.

4.8.6 Registered Testing Pool

4.8.6.1 The top tier is the *Registered Testing Pool* and includes *Athletes* that are subject to the greatest amount of *Testing* and are therefore required to provide whereabouts in accordance with Article 4.8.6.2. *Athletes* in the *Registered Testing Pool* shall be subject to <u>Code Article 2.4 Whereabouts Requirements</u>.

An International Federation or a National Anti-Doping Organization shall

consider the following criteria for including *Athletes* into a *Registered Testing Pool:*

- a) Athletes who meet the criteria listed in Articles 4.5.2 and 4.5.3;
- b) Athletes whom the International Federation or National Anti-Doping Organization plans to test at least three (3) times per year Out-of-Competition (either independently or in agreed coordination with other Anti-Doping Organizations with <u>Testing Authority</u> over the same Athletes);
- Athletes that who are part of the Anti-Doping Organization's hematological module of the Athlete Biological Passport haematological module program as required by the <u>TDSSA</u>;
- d) *Athletes* in a *Testing* pool who fail to comply with the applicable whereabouts requirements of that pool;
- Athletes for whom there is insufficient whereabouts information available <u>from other sources</u> for an International Federation or National Anti-Doping Organization to locate them for that Testing from other sources;
- f) Athletes in a Team Sport who are not part of <u>Team Activities</u> for a period of time (e.g., during the off-season); and
- g) Athletes who are serving a period of Ineligibility.

[Comment to 4.8.6.1: Following consideration of points a) to g) above and once the Athletes in the Registered Testing Pool are determined, the International Federation or the National Anti-Doping Organization shall plan, independently or in agreed coordination with other Anti-Doping Organizations, to test any Athlete included in the Registered Testing Pool a minimum of three (3) times Out-of-Competition per year.]

- **4.8.6.2** An Athlete who is in a Registered Testing Pool shall:
 - a) Make quarterly <u>Whereabouts Filings</u> that provide accurate and complete information about the *Athlete's* whereabouts during the forthcoming quarter, including identifying where they will be living, training and competing during that quarter, and to update those <u>Whereabouts Filings</u> where necessary, so that they can be located for *Testing* during that quarter at the times and locations specified in the relevant <u>Whereabouts Filing</u>, as specified in Article 4.8.8. A failure to do so may be declared a <u>Filing Failure</u>; and
 - b) Specify in their <u>Whereabouts Filings</u>, for each day in the forthcoming quarter, one specific 60-minute time slot where they will be available at a specific location for *Testing*, as specified in Article 4.8.8.3. This does not limit in any way the *Athlete's Code* Article 5.2 obligation to submit to *Testing* at any time and place upon request by an *Anti-Doping Organization* with authority to conduct *Testing* on them. Nor does it limit their obligation to provide the information specified in Article 4.8.8.2 as to

their whereabouts outside that 60-minute time slot. However, if the *Athlete* is not available for *Testing* at such location during the 60-minute time slot specified for that day in their <u>Whereabouts Filing</u>, that failure may be declared a <u>Missed Test</u>.

[Comment to 4.8.6.2_(b): The purpose of the 60-minute time slot is to strike a balance between the need to locate the Athlete for Testing and the impracticality and unfairness of making Athletes potentially accountable for a <u>Missed Test</u> every time they depart from their previously-declared routine.]

- **4.8.6.3** Anti-Doping Organizations with authority to conduct Testing on an Athlete in a Registered Testing Pool shall conduct Out-of-Competition Testing on that Athlete using the Athlete's Whereabouts Filing. Although <u>Code Article 2.4</u> Whereabouts Requirements include the provision of a 60-minute time slot, Testing shall not be limited to the 60-minute time slot provided by the Athlete. To ensure Out-of-Competition Testing is unpredictable to the Athlete, Anti-Doping Organizations shall also consider other whereabouts information provided e.g., regular activities to test the Athlete.
- **4.8.6.4** An International Federation or *National Anti-Doping Organization* that maintains a *Registered Testing Pool* shall use *ADAMS* to ensure that:
 - a) The information provided by the *Athlete* is stored safely and securely;
 - b) The information can be accessed by (i) authorized individuals acting on behalf of the International Federation or National Anti-Doping Organization (as applicable) on a need-to-know basis only; (ii) WADA; and (iii) other Anti-Doping Organizations with authority to conduct Testing on the Athlete in accordance with Code Article 5.2; and
 - c) The information is maintained in strict confidence at all times, is used exclusively for the purposes set out in *Code* Article 5.5 and is destroyed in accordance with the *International Standard* for the Protection of Privacy and Personal Information once it is no longer relevant.
- 4.8.6.5 Athletes under the Testing Authority of a National Anti-Doping Organization and an International Federation should only be in one Registered Testing Pool and therefore. While being included in more than one Registered Testing Pool is possible, Athletes shall only file one set of whereabouts information. -If the Athlete is included in the International Federation's international Registered Testing Pool and in the National Anti-Doping Organization's national Registered Testing Pool (or in the Registered Testing Pool of more than one National Anti-Doping Organization or more than one International Federation), then each of them shall notify in writing the Athlete that they are in its pool. Prior to doing so, however, they shall agree between themselves to whom the Athlete shall provide their Whereabouts Filings, and that Anti-Doping Organization shall be the whereabouts custodian. Each notice sent to the Athlete shall specify that they shall provide their Whereabouts Filings to that Anti-Doping Organization only (and it will then share that information with the other, and with any other Anti-Doping Organizations having authority to



conduct *Testing* on that *Athlete*).

[Comment to 4.8.6.5: If the respective Anti-Doping Organizations cannot agree between themselves which of them will take responsibility for collecting the Athlete's whereabouts information, and for making it available to the other Anti-Doping Organizations with authority to test the Athlete, then they should each explain in writing to WADA how they believe the matter should be resolved, and WADA will decide based on the best interests of the Athlete. WADA's decision will be final and may not be appealed.]

4.8.7 Entering and Lleaving a Registered Testing Pool

- **4.8.7.1** The International Federation or *National Anti-Doping Organization* (as applicable) shall notify <u>in writing</u> each *Athlete* designated for inclusion in its *Registered Testing Pool* of the following:
 - a) The fact that they have been included in its *Registered Testing Pool* with effect from a specified date in the future;
 - b) The whereabouts requirements with which they shall therefore comply;
 - c) The *Consequences* if they fail to comply with those whereabouts requirements; and
 - d) That they may also be tested by other *Anti-Doping Organizations* with authority to conduct *Testing*.

[Comment to 4.8.7.1: This notification may be made through the National Federation or National Olympic Committee where the International Federation/National Anti-Doping Organization considers it appropriate or expedient to do so and ordinarily shall be made reasonably in advance of the Athlete being included in the Registered Testing Pool. The notice shall also explain what the Athlete needs to do in order to comply with the <u>Code Article 2.4 Whereabouts Requirements</u> (or refer them to a website or other resource where they can find out that information). Athletes included in a Registered Testing Pool shall be informed and should be educated so that they understand the whereabouts requirements that they must satisfy, how the whereabouts system works, the <u>Ceonsequences of Filing Failures</u> and <u>Missed Tests</u>, and their right to contest <u>Filing Failures</u> and <u>Missed Tests</u> that have been asserted against them.

Anti-Doping Organizations should also be proactive in helping Athletes avoid <u>Filing Failures</u>. For example, many Anti-Doping Organizations systematically remind Athletes in their Registered Testing Pool of quarterly deadlines for <u>Whereabouts Filings</u>, and then follow up with those Athletes who have still not made the necessary filing as the deadline approaches. However, Athletes remain fully responsible for complying with the filing requirements, irrespective of whether or not the Anti-Doping Organization has provided them with such support.]

4.8.7.2 Athletes who no longer meet the criteria for inclusion in the Registered Testing

Pool shall be removed from the Registered Testing Pool. [Comment to 4.8.7.2: The applicable rules may also require that notice of retirement be sent to the Athlete's National Federation. Where an Athlete rotires from but then returns to sport, their period of non-availability for Outof-Competition Testing shall be disregarded for purposes of calculating the 12-month period referred to in Code Article 2.4.]

- 4.8.7.3<u>4.8.7.2</u>An Athlete who has been included in a Registered Testing Pool shall continue to be subject to the <u>Code Article 2.4 Whereabouts Requirements</u> unless and until:
 - a) They have been given written notice by each Anti-Doping Organization that <u>put-included</u> them in its Registered Testing Pool that they <u>are</u> no longer <u>meet the criteria designated</u> for inclusion in its Registered Testing Pool; or
 - b) They retire from *Competition* in the sport in question in accordance with the applicable rules and gives written notice to that effect to each *Anti-Doping Organization* that <u>includedput</u> them in its *Registered Testing Pool*.

[Comment to 4.8.7.2: The applicable rules may also require that written notice of retirement be sent to the Athlete's National Federation. Where an Athlete retires from but then returns to sport, their period of non-availability for Outof-Competition Testingretirement shall be disregarded for purposes of calculating the 12-month period referred to in Code Article 2.4.]

4.8.8 <u>Whereabouts Filing Requirements for Athletes in a Registered Testing Pool</u>

- **4.8.8.1** Anti-Doping Organizations shall review Athletes' <u>Whereabouts Filings</u> to ensure they are submitted in accordance with Articles 4.8.8.2 and 4.8.8.3.
- **4.8.8.2** The Anti-Doping Organization collecting an Athlete's <u>Whereabouts Filings</u> may specify a date prior to the first day of each quarter (i.e., 1 January, 1 April, 1 July and 1 October, respectively) when an Athlete in a Registered Testing Pool shall file a <u>Whereabouts Filing</u> that contains at least the following information:

[Comment to 4.8.8.2: To facilitate planning and readiness for Testing on the first day of the quarter (as countenanced in Article 4.8.8.2), Anti-Doping Organizations may require that whereabouts information is submitted on a date which is the 15th of the month preceding the quarter. However, no <u>Ceonsequences for a failure to submit prior to the first day of the quarter shall apply.</u>]

 a) A complete mailing address and personal e-mail address where correspondence may be sent to the *Athlete* for formal notice purposes. Any notice or other item mailed to that address will be deemed to have been received by the *Athlete* seven (7) days after it was deposited in the mail and immediately when notification of a sent e-mail receipt is generated/obtained (subject to applicable law);

[Comment to 4.8.8.2_(a): For these purposes, the Athlete should specify an address where they live or otherwise know that mail received there will be immediately brought to their attention. An Anti-Doping Organization is encouraged also to supplement this basic provision with other notice and/or "deemed notice" provisions in its rules (for example, permitting use of fax, email, SMS text, approved social networking sites or applications or other methods of service of notice; permitting proof of actual receipt as a substitute for deemed receipt; permitting notice to be served on the Athlete's National Federation if it is returned undelivered from the address supplied by the Athlete). The aim of such provisions should be to shorten the Results Management timelines.]

- b) Specific confirmation that the *Athlete* understands that their <u>Whereabouts Filing</u> will be shared with other *Anti-Doping Organizations* that have authority to conduct *Testing* on them;
- c) For each day during the following quarter, the full address of the place where the *Athlete* will be staying overnight (e.g., home, temporary lodgings, hotel, etc.);
- d) For each day during the following quarter, the name and address of each location where the *Athlete* will train, work or conduct any other regular activity (e.g., school), as well as the usual time frames for such regular activities; and

[Comment to 4.8.8.2 (d): This requirement applies only to activities that are part of the Athlete's regular routine. For example, if the Athlete's regular routine includes training at the gym, the pool and the track, and regular physio sessions, then the Athlete should provide the name and address of the gym, pool, track and physio in their <u>Whereabouts Filing</u>, and then set out their usual routine, e.g., "Mondays: 9-11 gym, 13-17 gym; Tuesdays: 9-11 gym, 16-18 gym; Wednesdays: 9-11 track, 3-5 physio; Thursdays: 9-12 gym, 16-18 track, Fridays: 9-11 pool, 3-5 physio; Saturdays: 9-12 track, 13-15 pool; Sundays: 9-11 track, 13-15 pool". If the Athlete is not currently training, they should specify that in their <u>Whereabouts Filing</u> and detail any other routine that they will be following in the forthcoming quarter, e.g., their work routine, or school schedule, or rehab routine, or other routine, and identify the name and address of each location where that routine is conducted and the time frame during which it is conducted.

In the case of a Team Sport or other sport where competing and/or training are carried out on a collective basis, the Athlete's regular activities are likely to include most, if not all, <u>Team Activities.</u>]

- e) The Athlete's Competition/Event schedule for the following quarter, including the name and address of each location where the Athlete is scheduled to compete during the quarter and the date(s) and time(s) at which they are scheduled to compete at such location(s).
- **4.8.8.3** Subject to Article 4.8.8.4, the <u>Whereabouts Filing</u> must also include, for each

day during the following quarter, one specific 60-minute time slot between 5–a.m. and 11–p.m. each day where the *Athlete* will be available and accessible for *Testing* at a specific location.

[Comment to 4.8.8.3: The Athlete can choose which 60-minute time slot between 5 a.m. and 11 p.m. to use for this purpose, provided that during the time slot in question they are somewhere accessible by the <u>DCO</u>. It could be the Athlete's place of residence, training or Competition, or it could be another location (e.g., work or school). An Athlete is entitled to specify a 60-minute time slot during which they will be at a hotel, apartment building, gated community or other location where access to the Athlete is obtained via a front desk, or security guard. It is up to the Athlete to ensure accessibility to their selected 60-minute location with no advance warning to the Athlete. In addition, an Athlete may specify a time slot when they are taking part in a <u>Team Activity</u>. In either case, however, any failure to be accessible and available for Testing at the specified location during the specified time slot shall be pursued as a <u>Missed Test.</u>]

- As the sole exception to Article 4.8.8.3, if (but only if) there are dates in the 4.8.8.4 relevant quarter in which the Athlete is scheduled to compete in an Event (excluding any Events organized by a Major Event Organization), and the Anti-Doping Organization that put the Athlete into the Registered Testing Pool is satisfied that enough information is available from other sources to find the Athlete for Testing on those dates, then the Anti-Doping Organization that put the Athlete into the Registered Testing Pool may waive the Article 4.8.8.2 requirement to specify a 60-minute time slot in respect of such dates ("In-Competition Dates"). If each of the International Federation and a National Anti-Doping Organization put the Athlete into its Registered Testing Pool, the International Federation's decision as to whether to waive that requirement in respect of In-Competition Dates will prevail. If the requirement to specify a 60-minute time slot has been waived in respect of In-Competition Dates, and the Athlete has specified shall specify in their Whereabouts Filing a series of dates when and locations (including event name, overnight address, and any training activities) where they anticipate being In-Competition (and as a result has not specified a 60-minute time slot for those dates), if they are then eliminated from the Competition before the end of those dates, so that the remaining dates are no longer In-Competition Dates, they must update their Whereabouts Filing to provide all the necessary information for those dates, including the 60-minute time slot specified in Article 4.8.8.3.
- **4.8.8.5** It is the *Athlete's* responsibility to ensure that they provide all of the information required in a <u>Whereabouts Filing</u> as outlined in Articles 4.8.8.2 and 4.8.8.3 accurately and in sufficient detail to enable any *Anti-Doping Organization* wishing to do so to locate the *Athlete* for *Testing* on any given day in the quarter at the times and locations specified by the *Athlete* in their <u>Whereabouts Filing</u> for that day, including but not limited to during the 60-minute time slot specified for that day in the <u>Whereabouts Filing</u>.
 - a) More specifically, the *Athlete* shall provide sufficient information to enable the <u>DCO</u> to find the location, to gain access to the location, and to find the *Athlete* at the location with no advance notice to the *Athlete*.

A failure to do so may be pursued as a <u>Filing Failure</u> and/or (if the circumstances so warrant) as evasion of *Sample* collection under *Code* Article 2.3, and/or *Tampering* or *Attempted Tampering* with *Doping Control* under *Code* Article 2.5. In any event, the *Anti-Doping Organization* shall consider *Target Testing* of the *Athlete*.

[Comment to 4.8.8.5_(a): For example, declarations such as "running in the Black Forest" are insufficient and are likely to result in a Filing Failure. Similarly, specifying a location that the DCO cannot access (e.g., a "restricted-access" building or area) is likely to result in a Filing Failure. The Anti-Doping Organization may be able to determine the insufficiency of the information from the Whereabouts Filing itself, or alternatively it may only discover the insufficiency of the information when it attempts to test the Athlete and is unable to locate them. In either case, the matter should be pursued as an apparent Filing Failure, and/or (where the circumstances warrant) as an evasion of Sample collection under Code Article 2.3, and/or as Tampering or Attempting to Tamper with Doping Control under Code Article 2.5. Further information on Whereabouts Filing requirements can be found in WADA's Guidelines for Implementing an Effective Testing Program. Where an Athlete does not know precisely what their whereabouts will be at all times during the forthcoming quarter, they must provide their best information, based on where they expect to be at the relevant times, and then update that information as necessary in accordance with Article 4.8.8.5.]

- b) If the Athlete is tested during the 60-minute time slot, the Athlete must remain with the <u>DCO</u> until the Sample collection has been completed, even if this takes longer than the 60-minute time slot. A failure to do so shall be pursued as an apparent violation of Code Article 2.3 (refusal or failure to submit to Sample collection).
- c) If the *Athlete* is not available for *Testing* at the beginning of the 60-minute time slot, but becomes available for *Testing* later on in the 60-minute time slot, the <u>DCO</u> should collect the *Sample* and should not process the attempt as an unsuccessful attempt to test, but should report the details of the delay in availability of the *Athlete*. Any pattern of behaviour of this type should be investigated as a possible anti-doping rule violation of evading *Sample* collection under *Code* Article 2.3 or *Code* Article 2.5. It may also prompt *Target Testing* of the *Athlete*. If an *Athlete* is not available for *Testing* during their specified 60-minute time slot at the location specified for that time slot for that day, they will be liable for a <u>Missed Test</u> even if they are located later that day and a *Sample* is successfully collected from them.
- d) Once the <u>DCO</u> has arrived at the location specified for the 60-minute time slot, if the *Athlete* cannot be located immediately, then the <u>DCO</u> should remain at that location for whatever time is left of the 60-minute time slot and during that remaining time they should do what is reasonable in the circumstances to try to locate the *Athlete*. See *WADA*'s Guidelines for Implementing an Effective Testing ProgramSample Collection for guidance in determining what is reasonable in such

circumstances.

[Comment to 4.8.8.5 (d): Where an Athlete has not been located despite the DCO's reasonable efforts, and there are only five (5) minutes left within the 60-minute time slot, then as a last resort the DCO may (but does not have to) telephone the Athlete (assuming they have provided their telephone number in their Whereabouts Filing) to see if they are at the specified location. If the Athlete answers the DCO's call and is available at (or in the immediate vicinity of) the location for immediate Testing (i.e., within the 60-minute time slot), then the DCO should wait for the Athlete and should collect the Sample from them as normal. However, the DCO should also make a careful note of all the circumstances, so that it can be decided if any further investigation should be conducted. In particular, the <u>DCO</u> should make a note of any facts suggesting that there could have been Ttampering or manipulation of the Athlete's urine or blood in the time that elapsed between the phone call and the Sample collection. If the Athlete answers the DCO's call and is not at the specified location or in the immediate vicinity, and so cannot make himself/herself available for Testing within the 60-minute time slot. the <u>DCO</u> should file an <u>Unsuccessful Attempt Report.</u>]

4.8.8.6 Where a change in circumstances means that the information in a <u>Whereabouts Filing</u> is no longer accurate or complete as required by Article 4.8.8.5, the *Athlete* shall file an update so that the information on file is again accurate and complete. The *Athlete* must always update their <u>Whereabouts Filing</u> to reflect any change in any day in the quarter in question in particular; (a) in the time or location of the 60-minute time slot specified in Article 4.8.8.3; and/or (b) in the place where they are staying overnight. The *Athlete* shall file the update as soon as possible after they become aware of the change in circumstances, and in any event prior to the 60-minute time slot specified in their filing for the relevant day. A failure to do so may be pursued as a <u>Filing Failure</u> and/or (if the circumstances so warrant) as evasion of *Sample* collection under *Code* Article 2.3, and/or *Tampering* or *Attempted Tampering* with *Doping Control* under *Code* Article 2.5. In any event, the *Anti-Doping Organization* shall consider *Target Testing* of the *Athlete*.

[Comment to 4.8.8.6: The Anti-Doping Organization collecting the Athlete's <u>Whereabouts Filings</u> should provide appropriate mechanisms (e.g., phone, fax, Internet, email, SMS, approved social networking sites or applications) to facilitate the filing of such updates. It is the responsibility of each Anti-Doping Organization with authority to conduct Testing on the Athlete to ensure that it checks for any updates filed by the Athlete prior to attempting to collect a Sample from the Athlete based on their <u>Whereabouts Filing</u>. For the avoidance of doubt, however, an Athlete who updates their 60-minute time slot for a particular day prior to the original 60-minute slot must still submit to Testing during the original 60-minute time slot, if they are located for Testing during that time slot.]

4.8.9 Availability for *Testing*

4.8.9.1 Every *Athlete* must submit to *Testing* at any time and place upon request by

an *Anti-Doping Organization* with authority to conduct *Testing*. -In addition, an *Athlete* in a *Registered Testing Pool* must specifically be present and available for *Testing* on any given day during the 60-minute time slot specified for that day in their <u>Whereabouts Filing</u>, at the location that the *Athlete* has specified for that time slot.

[Comment to 4.8.9.1: For Testing to be effective in deterring and detecting cheating, it should be as unpredictable as possible. Therefore, the intent behind the 60-minute time slot is not to limit Testing to that period, or to create a 'default' period for Testing, but rather:

- a) To make it very clear when an unsuccessful attempt to test an Athlete will count as a <u>Missed Test;</u>
- b) To guarantee that the Athlete can be found, and a Sample can be collected, at least once per day (which should deter doping, or, as a minimum, make it far more difficult);
- c) To increase the reliability of the rest of the whereabouts information provided by the Athlete, and so to assist the Anti-Doping Organization in locating the Athlete for Testing outside the 60-minute time slot. The 60minute time slot "anchors" the Athlete to a certain location for a particular day. Combined with the information that the Athlete must provide as to where they are staying overnight, training, competing and conducting other 'regular' activities during that day, the Anti-Doping Organization should be able to locate the Athlete for Testing outside the 60-minute time slot; and
- d) To generate useful anti-doping intelligence, e.g., if the Athlete regularly specifies time slots with large gaps between them, and/or changes his time slot and/or location at the last minute. Such intelligence can be relied upon as a basis for the Target Testing of such Athlete.]

4.8.10 Testing Pool(s)

- **4.8.10.1** The tier below the *Registered Testing Pool* is the *Testing* pool and should include *Athletes* from whom some whereabouts information is required in order to locate and test the *Athlete* at least once per year *Out-of-Competition*. At a minimum, this shall include an overnight address, *Competition/Event* schedule and regular training activities. *Athletes* in a *Testing* pool are not subject to the requirements of *Code* Article 2.4. An International Federation or a *National Anti-Doping Organization* shall consider the following criteria for including *Athletes* into a *Testing* pool:
 - a) Athletes whom the International Federation or National Anti-Doping Organization plans to test at least once per year Out-of-Competition (either independently or in agreed coordination with other Anti-Doping Organizations with <u>Testing Authority</u> over the same Athletes);
 - b) Athletes from sports that have sufficient whereabouts information to locate them for Testing through regular team Competition/Event and

Team Activities.

- **4.8.10.2** Where training in a sport is organized and carried out on a collective basis rather than on an individual basis, involving <u>Team Activities</u>, an International Federation or *National Anti-Doping Organization* may decide that it is sufficient to include *Athletes* as part of the team in a *Testing* pool. However, in periods where there are no <u>Team Activities</u> scheduled (e.g., the off-season) or where an *Athlete* is not participating in <u>Team Activities</u> (e.g., is rehabilitating after an injury), then the *Athlete* may be required by the International Federation or *National Anti-Doping Organization* rules or procedures to provide more individualized whereabouts to enable <u>No Advance Notice Testing</u> of the *Athlete* during these periods. If the whereabouts information requested is not sufficient to conduct the <u>No Advance Notice Testing</u> during these periods, it shall put the *Athletes* into its *Registered Testing Pool* and <u>Code Article 2.4 Whereabouts Requirements</u> will apply.
- **4.8.10.3** To ensure accurate whereabouts are filed and maintained by *Athletes* in a *Testing* pool, an International Federation or a *National Anti-Doping Organization* shall, within their rules and procedures, include appropriate and proportionate non-*Code* Article 2.4 consequences to individual *Athletes* or teams who are part of a *Testing* pool if;
 - a) the whereabouts information is not filed on the date(s) stated in the rules; or
 - b) the whereabouts information is not found to be accurate following an attempt to test; or
 - c) *information* is obtained that is contrary to the whereabouts information provided.

[Comment 4.8.10.3: Such consequences may be in addition to the elevation of an Athlete into the Registered Testing Pool as described in Article 4.8.6.1 [d)].

- **4.8.10.4** Whereabouts for *Athletes* in a *Testing* pool should also be filed in *ADAMS* to enable better *Testing* coordination between *Anti-Doping Organizations*. An International Federation or a *National Anti-Doping Organization* may also request <u>w</u>Whereabouts <u>Filing</u>schedules with more regular deadlines e.g., weekly, monthly or quarterly within their rules or procedures which better suit the needs and demands of <u>Team Activities</u> in the relevant sport(s).
- **4.8.10.5** Athletes designated for inclusion in a Testing pool shall be notified in writing in advance by the International Federation and National Anti-Doping Organization of their inclusion in the Testing pool, the whereabouts requirements and the consequences that apply.

4.8.11 Other Pool(s)

4.8.11.1 International Federations and National Anti-Doping Organizations may



implement other pool(s) for *Athletes* who do not meet the criteria of Article 4.5.2 and where diminishing whereabouts requirements may be defined by the International Federation and *National Anti-Doping Organization. Athletes* in such pool(s) are not subject to <u>Code Article 2.4 Whereabouts</u> <u>Requirements</u>.

4.8.12 Selecting Athletes for the <u>D</u>different <u>W</u>whereabouts <u>P</u>pools and <u>C</u>coordination <u>B</u>between International Federations and *National Anti-Doping Organizations*.

- **4.8.12.1** Each International Federation and *National Anti-Doping Organization* has the discretion to select which *Athlete* goes into which type of whereabouts pool. However, the International Federation and *National Anti-Doping Organization* shall be able to demonstrate they have made a proper assessment of the relevant risks, the necessary prioritization in accordance with Articles 4.2 to 4.7, and that they have adopted appropriate criteria based on the results of that assessment.
- **4.8.12.2** Once an International Federation and National Anti-Doping Organization have selected Athletes for their Registered Testing Pool, they shall share and maintain the list of Athletes through ADAMS with the relevant International Federation and National Anti-Doping Organization.
- **4.8.12.3** If an *Athlete* is in one whereabouts pool of their International Federation and another whereabouts pool for their *National Anti-Doping Organization*, they shall file their whereabouts and comply with whichever whereabouts pool has the greater whereabouts requirements.
- **4.8.12.4** International Federations and National Anti-Doping Organizations shall coordinate Athlete whereabouts pool selection and Testing activities to avoid duplication and maximize use of resources. As a result of such coordination and resource efficiencies, either the International Federation or National Anti-Doping Organization shall consider adding more Athletes to its Registered Testing Pool or Testing pool to ensure a greater level of Testing is conducted across a wider range of "at risk" Athletes.
- **4.8.12.5** Each International Federation and each *National Anti-Doping Organization* shall:
 - a) Regularly review and update as necessary their criteria for including *Athletes* in their *Registered Testing Pool* and *Testing* pool(s) to ensure that they remain fit for purpose, i.e., they are capturing all appropriate *Athletes*. They shall take into account the *Competition/Event* calendar for the relevant period and change or increase the number of *Athletes* in the *Registered Testing Pool* or *Testing* pool in the lead-up to a major *Event* (e.g., Olympic Games, Paralympic Games, World Championship and other multi-sport *Events*) to ensure those *Athletes* participating are subject to a sufficient level of *Out-of-Competition Testing* in accordance with any <u>Risk Assessment</u>.
 - b) Periodically (but no less than quarterly) review review during the year/cycle in light of changing circumstances the list of *Athletes* in their

Registered Testing Pool and Testing pool(s) to ensure that each listed Athlete continues to meet the relevant criteria. Athletes who no longer meet the criteria should be removed from the Registered Testing Pool and/or Testing pool and Athletes who now meet the criteria should be added. The International Federation and National Anti-Doping Organization shall advise such Athletes of the change in their status and make a new list of Athletes in the applicable pool available, without delay.

4.8.13 Major Event Organizations

- **4.8.13.1** For periods when *Athletes* come under the <u>Testing Authority</u> of a *Major Event Organization*:
 - a) If the *Athletes* are in a *Registered Testing Pool,* then the *Major Event Organization* may access their <u>Whereabouts Filings</u> for the relevant period in order to conduct *Out-of-Competition Testing* on them; or
 - b) If the Athletes are not in a Registered Testing Pool, then the The Major Event Organization may adopt Event-specific rules, including consequences requiring them<u>Athletes</u> or the relevant third party to provide such information about their whereabouts for the relevant period as it deems necessary and proportionate in order to conduct Out-of-Competition Testing.

4.8.14 Whereabouts Responsibilities

- **4.8.14.1** Notwithstanding any other provision of Article 4.8:
 - a) An International Federation may propose, and a National Anti-Doping Organization may agree to, the delegation of some or all of the whereabouts responsibilities of the International Federation under Article 4.8 to the National Anti-Doping Organization or <u>Doping Control</u> <u>Coordinator</u> subject to (f) below;
 - b) An International Federation may delegate some or all of its whereabouts responsibilities under Article 4.8 to the *Athlete's* National Federation or <u>Doping Control Coordinator</u> subject to (f) below; or
 - c) A National Anti-Doping Organization may delegate some or all of its whereabouts responsibilities under Article 4.8 to the Athlete's National Federation, <u>Doping Control Coordinator</u> or other appropriate Anti-Doping Organization with authority over the Athlete in question subject to (f) below;
 - d) Where no appropriate National Anti-Doping Organization exists, the National Olympic Committee shall assume the whereabouts responsibilities of the National Anti-Doping Organization set out in Article 4.8; and
 - e) Where WADA determines that the International Federation or National

Anti-Doping Organization (as applicable) is not discharging some or all of its whereabouts responsibilities under Article 4.8, WADA may delegate some or all of those responsibilities to any other appropriate Anti-Doping Organization.

- f) At all times the Anti-Doping Organization (whether the International Federation, National Anti-Doping Organization or other Anti-Doping Organization with authority over the Athlete in question) that delegates its responsibilities (in whole or in part) to a National Federation or <u>Doping</u> <u>Control Coordinator</u> remains ultimately responsible for the acts and/or omissions of such entity to whom it has delegated authority.
- **4.8.14.2** A National Federation must use its best efforts to assist its International Federation and/or *National Anti-Doping Organization* (as applicable) in collecting <u>w</u>Whereabouts Filings from *Athletes* who are subject to that National Federation's authority, including (without limitation) making special provision in its rules for that purpose.
- **4.8.14.3** An Athlete may choose to delegate the task of makingfiling their <u>w</u>Whereabouts Filings (and/or any updates thereto) to a third party, such as a coach, a manager or a National Federation, provided that the third party agrees to such delegation. The Anti-Doping Organization collecting the Athlete's <u>w</u>Whereabouts_<u>Filings</u> may require written notice of any agreed delegation to be filed with it, signed by both the Athlete in question and the third party delegate.

[Comment to 4.8.14.3: For example, an Athlete participating in a Team Sport or other sport where competing and/or training is carried out on a collective basis, may delegate the task of *makingfiling* their <u>w</u>Whereabouts *Filings* to the team, to be carried out by a coach, a manager or a National Federation. Indeed, for the sake of convenience and efficiency, an Athlete in such a sport may delegate the <u>makingfiling</u> of their <u>w</u>Whereabouts <u>Filings</u> to their team not only in respect of periods of <u>Team Activities</u> but also in respect of periods where they are not with the team, provided the team agrees. In such circumstances, the Athlete will need to provide the information as to their individual whereabouts for the period in question to the team, to supplement the information it provides in relation to <u>Team Activities</u>.]

- **4.8.14.4** In all cases, however, including in the case of *Athletes* in *Team Sports*:
 - a) Each Athlete in a Registered Testing Pool remains ultimately responsible at all times for makingfiling accurate and complete <u>Whereabouts</u> <u>Filingswhereabouts and for being available for Testing at the times and locations specified in their whereabouts</u>, whether they make each filing personally or delegates the task to a third party. It shall not be a defence to an allegation of a <u>Filing Failure</u> that the When an Athlete is subject to whereabouts requirements, whether included in a <u>Registered Testing</u> <u>Pool or Testing pool</u>, the <u>Athlete</u> cannot use as a defence to avoid applicable <u>Consequences</u>, that they delegated such responsibility to a third party and that the third party failed to comply with the applicable <u>whereabouts</u> requirements; and.

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b) Such Athlete remains personally responsible at all times for ensuring they are available for For Athletes in a Registered Testing at the whereabouts declared on their Whereabouts Filings. Pool

It shall not be a defence to an allegation of a <u>Filing Failure or Missed Test</u> that the *Athlete* delegated responsibility for filing their whereabouts information for the relevant period to a third party and that third party failed to file the correct information or failed to update previously-filed information so as to ensure that the whereabouts information in the <u>Whereabouts Filing</u> for the day in question was current and accurate.

[Comment to 4.8.14.4: For example, if an attempt to test an Athlete in a Registered Testing Pool during a 60-minute time slot designated within a particular Team Activity period is unsuccessful due to a team official third party filing the wrong information in relation to the Team Activity, or failing to update previously-filed information where the details of the Team Activity have subsequently changed, the team may be liable for sanction under the applicable rules of the International Federation for such failure, but the Athlete will still be liable for a Whereabouts Failure. This must be the case because if an Athlete is able to blame their team if they are not available third party for being unavailable or inaccessible for Testing at a location declared specified by their teamthird party, then they will be able to avoid accountability for their whereabouts for Testing. Of course, the teamthird party has the same interest as the Athlete in ensuring the accuracy of the Whereabouts Filing and avoiding any Whereabouts Failures on the part of the Athlete. If the third party is a team official filing the wrong information in relation to the Team Activity or failing to update previously filed information where the details of the Team Activity have subsequently changed, then the team may be separately liable for sanction under the applicable rules of the International Federation or National Anti-Doping Organization for such failure. If the Athlete/s is/are in a Testing pool, then the Athlete/s will be subject to the applicable consequences under the rules of the International Federation or National Anti-Doping Organization.]

4.9 Coordinating with **Oother** Anti-Doping Organizations

- **4.9.1** Anti-Doping Organizations shall coordinate their Testing efforts with the efforts of other Anti-Doping Organizations with overlapping <u>Testing Authority</u>, in order to maximize the effectiveness of those combined efforts, to avoid unnecessarily repetitive Testing of particular Athletes and to ensure Athletes competing at International Events are suitably tested in advance. In particular, Anti-Doping Organizations shall:
 - a) Consult with other relevant *Anti-Doping Organizations* in order to coordinate *Testing* activities (including *Athlete* whereabouts pool selection and <u>Test</u> <u>Distribution Plans</u>, which may include *Out-of-Competition Testing* in the lead up to a major *Event*) and to avoid duplication. Clear agreement on roles and responsibilities for *Event Testing* shall be agreed in advance in accordance with *Code* Article 5.3. Where such agreement is not possible, *WADA* will resolve the matter in accordance with the principles set out at Annex H *Event Testing*.
 - b) Within twenty-one (21) days of Sample collection, enter the Doping Control form



into ADAMS for all Samples collected

- c) Share information on whereabouts requirements on *Athletes* where there is overlapping <u>Testing Authority</u> via *ADAMS*
- d) Share information on *Athlete Biological Passport* programs where there is overlapping <u>Testing Authority</u> via ADAMS; and.
- e) Share intelligence on Athletes where there is overlapping <u>Testing Authority</u>
- **4.9.2** Anti-Doping Organizations may contract other Anti-Doping Organizations or Delegated Third Parties to act as a <u>Doping Control Coordinator</u> or <u>Sample Collection Authority</u> on their behalf. In the terms of the contract, the commissioning Anti-Doping Organization (which, for these purposes, is the <u>Testing Authority</u>) may specify how any discretion afforded to a <u>Sample Collection Authority</u> under the International Standard for Testing and Investigations is to be exercised by the <u>Sample Collection Authority</u> when collecting Samples on its behalf.

[Comment to 4.9.2: For example, the International Standard for Testing and Investigations confers discretion as to the criteria to be used to validate the identity of the Athlete (Article 5.3.4), as to the circumstances in which delayed reporting to the Doping Control Station may be permitted (Article 5.4.4), as to who may be present during the <u>Sample Collection Session</u> (Article 6.3.3), as to the criteria to be used to ensure that each Sample collected is stored in a manner that protects its integrity, identity and security prior to transport from the <u>Doping Control Station</u> (Article 8.3.1), and as to the guidelines to be followed by the <u>DCO</u> in determining whether exceptional circumstances exist that mean a <u>Sample Collection Session</u> should be abandoned without collecting a Sample with a <u>Suitable Specific Gravity for Analysis</u> (Article F.4.5) and share information/intelligence obtained (Article 11).]

4.9.3 Anti-Doping Organizations should consult and coordinate with each other, with WADA, and with law enforcement and other relevant authorities, in obtaining, developing and sharing information and intelligence that can be useful in informing <u>T</u>test distribution planning, in accordance with Article 11.

5.0 Notification of *Athletes*

5.1 Objective

The objective is to ensure that an *Athlete* who has been selected for *Testing* is properly notified with no advance notice of *Sample* collection as outlined in Articles 5.3.1 and 5.4.1, that the rights of the *Athlete* are maintained, that there are no opportunities to manipulate the *Sample* to be provided, and that the notification is documented.

5.2 General

Notification of *Athletes* starts when the <u>Sample Collection Authority</u> initiates the notification of the selected *Athlete* and ends when the *Athlete* arrives at the <u>Doping Control Station</u> or when the *Athlete's* possible <u>Failure to Comply</u> has occurrsed. The main activities are:

a) Appointment of <u>DCOs</u>, <u>Chaperones</u> and other <u>Sample Collection Personnel</u> sufficient to



ensure <u>No Advance Notice *Testing*</u> and continuous observation of *Athletes* notified of their selection to provide a *Sample*;

- b) Locating the Athlete and confirming their identity;
- c) Informing the *Athlete* that they have been selected to provide a *Sample* and of their rights and responsibilities;
- d) Continuously chaperoning the *Athlete* from the time of notification to the arrival at the designated <u>Doping Control Station</u>; and
- e) Documenting the notification, or notification attempt.

5.3 Requirements **Pprior to Nnotification of** *Athletes*

5.3.1 <u>No Advance Notice *Testing* shall be the method for *Sample* collection save in exceptional and justifiable circumstances. The *Athlete* shall be the first *Person* notified that they have been selected for *Sample* collection, except where prior contact with a third party is required as specified in Article 5.3.7. In order to ensure that *Testing* is conducted on a <u>No Advance Notice *Testing*</u> basis, the <u>Testing Authority</u> (and the <u>Sample Collection Authority</u>, if different) shall ensure that *Athlete* selection decisions are only disclosed in advance of *Testing* to those who strictly need to know in order for such *Testing* to be conducted. Any notification to a third party shall be conducted in a secure and confidential manner so that there is no risk that the *Athlete* will receive any advance notice of their selection for *Sample* collection. For *In-Competition Testing*, such notification shall occur at the end of the *Competition* in which the *Athlete* is competing.</u>

[Comment to 5.3.1: Every effort should be made to ensure Event Venue or training venue staff are not aware that Testing may take place in advance. It is not justifiable for a National Federation or other body to insist that it be given advance notice of Testing of Athletes under its authority so that it can have a representative present at such Testing.]

- **5.3.2** To conduct or assist with the <u>Sample Collection Sessions</u>, the <u>Sample Collection</u> <u>Authority</u> shall appoint and authorize <u>Sample Collection Personnel</u> who have been trained for their assigned responsibilities, who do not have a conflict of interest in the outcome of the <u>Sample</u> collection, and who are not <u>Minors</u>.
- **5.3.3** <u>Sample Collection Personnel</u> shall have official documentation, provided by the <u>Sample Collection Authority</u>, evidencing their authority to collect a Sample from the Athlete, such as an authorization letter from the <u>Testing Authority</u>. <u>DCOs</u> shall also carry complementary identification which includes their name and photograph (i.e., identification card from the <u>Sample Collection Authority</u>, driver's license, health card, passport or similar valid identification) and the expiry date of the identification.
- **5.3.4** The <u>Testing Authority</u> or otherwise the <u>Sample Collection Authority</u> shall establish criteria to validate the identity of an *Athlete* selected to provide a *Sample*. This ensures the selected *Athlete* is the *Athlete* who is notified. If the *Athlete* is not readily identifiable, a third party may be asked to identify them and the details of such identification documented.

- **5.3.5** The <u>Sample Collection Authority</u>, <u>DCO</u> or <u>Chaperone</u>, as applicable, shall establish the location of the selected *Athlete* and plan the approach and timing of notification, taking into consideration the specific circumstances of the sport/*Competition*/training session/etc. and the situation in question.
- **5.3.6** The <u>Sample Collection Authority</u>, <u>DCO</u> or <u>Chaperone</u>, <u>as applicable</u>, shall document *Athlete* notification attempt(s) and outcome(s).
- **5.3.7** The <u>Sample Collection Authority</u>, <u>DCO</u> or <u>Chaperone</u>, as applicable, shall consider whether a third party is required to be notified prior to notification of the *Athlete;* in the following situations:
 - a) Where required by an *Athlete's* impairment (as provided for in Annex A Modifications for *Athletes* with Impairments);
 - b) Where the *Athlete* is a *Minor* (as provided for in Annex B Modifications for *Athletes* who are *Minors*);
 - c) Where an interpreter is required and available for the notification;
 - d) Where required to assist <u>Sample Collection Personnel</u> to identify the Athlete(s) to be tested and to notify such Athlete(s) that they are required to provide a Sample.

[Comment to 5.3.7: It is permissible to notify a third party that Testing of Minors or Athletes with impairments will be conducted. However, there is no requirement to notify any third party (e.g., a team doctor) of the Doping Control mission where such assistance is not needed. Should a third party be required to be notified prior to notification, the third party should be accompanied by the <u>DCO</u> or <u>Chaperone</u> to notify the Athlete.]

5.4 Requirements for <u>N</u>notification of *Athletes*

- **5.4.1** When initial contact is made, the <u>Sample Collection Authority</u>, <u>DCO</u> or <u>Chaperone</u>, as applicable, shall ensure that the *Athlete* and/or a third party (if required in accordance with Article 5.3.7) is informed:
 - a) That the Athlete is required to undergo a Sample collection;
 - b) Of the authority under which the Sample collection is to be conducted;
 - c) Of the type of *Sample* collection and any conditions that need to be adhered to prior to the *Sample* collection;
 - d) Of the *Athlete's* rights, including the right to:
 - (i) Have a representative and, if available, an interpreter accompany them, in accordance with Article 6.3.3(a);
 - (ii) Ask for additional information about the Sample collection process;
 - (iii) Request a delay in reporting to the <u>Doping Control Station</u> for valid reasons in accordance with Article 5.4.4; and

- (iv) Request modifications as provided for in Annex A Modifications for Athletes with Impairments.
- e) Of the Athlete's responsibilities, including the requirement to:
 - (i) Remain within continuous observation of the <u>DCO/Chaperone</u> at all times from the point initial contact is made by the <u>DCO/Chaperone</u> until the completion of the *Sample* collection procedure;
 - (ii) Produce identification in accordance with Article 5.3.4;
 - (iii) Comply with *Sample* collection procedures (and the *Athlete* should be advised of the possible *Consequences* of a <u>Failure to Comply</u>); and
 - (iv) Report immediately for *Sample* collection, unless there are valid reasons for a delay, as determined in accordance with Article 5.4.4.
- f) Of the location of the *Doping Control* Station;
- g) That should the *Athlete* choose to consume food or fluids prior to providing a *Sample*, they do so at their own risk;
- h) Not to hydrate excessively, since this may delay the production of a suitable *Sample*; and
- i) That any urine Sample provided by the Athlete to the <u>Sample Collection Personnel</u> shall be the first urine passed by the Athlete subsequent to notification, i.e., they shall not pass urine in the shower or otherwise prior to providing a <u>Sample to the Sample Collection Personnel</u>.

5.4.2 When contact is made, the <u>DCO/Chaperone</u> shall:

- a) From the time of such contact until the *Athlete* leaves the <u>Doping Control Station</u> at the end of their <u>Sample Collection Session</u>, keep the *Athlete* under observation at all times;
- b) Identify themselves to the *Athlete* using the documentation referred to in Article 5.3.3; and
- c) Confirm the *Athlete's* identity as per the criteria established in Article 5.3.4. Confirmation of the *Athlete's* identity by any other method, or failure to confirm the identity of the *Athlete*, shall be documented and reported to the <u>Testing Authority</u>. In cases where the *Athlete's* identity cannot be confirmed as per the criteria established in Article 5.3.4, the <u>Testing Authority</u> shall decide whether it is appropriate to follow up in accordance with Annex A Review of a Possible <u>Failure to Comply</u> of the *International Standard* for *Results Management*.
- **5.4.3** The <u>DCO/Chaperone</u> shall have the *Athlete* sign an appropriate form to acknowledge and accept the notification. If the *Athlete* refuses to sign that they have been notified, or evades the notification, the <u>DCO/Chaperone</u> shall, if possible, inform the *Athlete* of the *Consequences* of a <u>Failure to Comply</u>, and the <u>Chaperone</u> (if not the <u>DCO</u>) shall



immediately report all relevant facts to the <u>DCO</u>. When possible, the <u>DCO</u> shall continue to collect a *Sample*. The <u>DCO</u> shall document the facts in a detailed report and report the circumstances to the <u>Testing Authority</u>. The <u>Testing Authority</u> shall follow the steps prescribed in Annex A - Review of a Possible <u>Failure to Comply</u> of the *International Standard* for *Results Management*.

- 5.4.4 The <u>DCO/Chaperone</u> may at their discretion consider any reasonable third--party request or any request by the *Athlete* for permission to delay reporting to the <u>Doping</u> <u>Control Station</u> following acknowledgment and acceptance of notification, and/or to leave the <u>Doping Control Station</u> temporarily after arrival. The <u>DCO/Chaperone</u> may grant such permission if the *Athlete* can be continuously chaperoned and kept under continuous observation during the delay. Delayed reporting to or temporary departure from the <u>Doping Control Station</u> may be permitted for the following activities:
 - a) For In-Competition Testing:
 - (i) Participation in a presentation ceremony;
 - (ii) Fulfilment of media commitments;
 - (iii) Competing in further Competitions;
 - (iv) Performing a warm down;
 - (v) Obtaining necessary medical treatment;
 - (vi) Locating a representative and/or interpreter;
 - (vii) Obtaining photo identification; or
 - (viii) Any other reasonable circumstances, as determined by the <u>DCO</u>, taking into account any instructions of the <u>Testing Authority</u>.
 - b) For Out-of-Competition Testing:
 - (i) Locating a representative;
 - (ii) Completing a training session;
 - (iii) Receiving necessary medical treatment;
 - (iv) Obtaining photo identification; or
 - (v) Any other reasonable circumstances, as determined by the <u>DCO</u>, taking into account any instructions of the <u>Testing Authority</u>.
- **5.4.5** A <u>DCO/Chaperone</u> shall reject a request for delay from an *Athlete* if it will not be possible for the *Athlete* to be continuously observed during such delay.
- 5.4.6 The <u>DCO/Chaperone</u> or other authorized <u>Sample Collection Personnel</u> shall document any reasons for delay in reporting to the <u>Doping Control Station</u> and/or reasons for leaving the <u>Doping Control Station</u> that may require further investigation by the <u>Testing</u>



<u>Authority</u>.

- **5.4.7** If the *Athlete* delays reporting to the *Doping Control* Station other than in accordance with Article 5.4.4 and/or any failure of the *Athlete* to remain under constant observation during chaperoning but the *Athlete* arrives at the *Doping Control* Station prior to the DCO's departure from the sample collection location, the DCO shall report a possible Failure to Comply. If at all possible, the DCO shall proceed with collecting a *Sample* from the *Athlete*. The *Testing* Authority shall investigate a possible Failure to Comply in accordance with Annex A Review of a Possible Failure to Comply in the *International Standard* for *Results Management*.
- **5.4.8** If <u>Sample Collection Personnel</u> observe any other matter with potential to compromise the collection of the Sample, the circumstances shall be reported to and documented by the <u>DCO</u>. If deemed appropriate by the <u>DCO</u>, the <u>DCO</u> shall consider if it is appropriate to collect an additional Sample from the Athlete. The <u>Testing Authority</u> shall investigate a possible <u>Failure to Comply</u> in accordance with Annex A -- Review of a Possible <u>Failure to Comply</u> in the International Standard for Results Management.-

6.0 Preparing for the <u>Sample Collection Session</u>

6.1 Objective

To prepare for the <u>Sample Collection Session</u> in a manner that ensures that the session can be conducted efficiently and effectively, including with sufficient resources e.g., personnel and equipment.

6.2 General

Preparing for the <u>Sample Collection Session</u> starts with the establishment of a system for obtaining relevant information for effective conduct of the session and ends when it is confirmed that the <u>Sample Collection Equipment</u> conforms to the specified criteria. The main activities are:

- a) Establishing a system for collecting details regarding the Sample Collection Session;
- b) Establishing criteria for who may be present during a <u>Sample Collection Session;</u>
- c) Ensuring that the <u>Doping Control Station</u> meets the minimum criteria prescribed in Article 6.3.2; and
- d) Ensuring that the <u>Sample Collection Equipment</u> meets the minimum criteria prescribed in Article 6.3.4.

6.3 Requirements for <u>Pp</u>reparing for <u>the</u> <u>Sample Collection Session</u>

6.3.1 The <u>Testing Authority</u>, <u>Doping Control Coordinator</u> or <u>Sample Collection Authority</u> shall establish a system for obtaining all the information necessary to ensure that the <u>Sample Collection Session</u> can be conducted effectively, including identifying special requirements to meet the needs of <u>Athletes</u> with impairments (as provided in Annex A - Modifications for <u>Athletes</u> with Impairments) as well as the needs of <u>Athletes</u> who are <u>Minors</u> (as provided in Annex B – Modifications for <u>Athletes</u> who are <u>Minors</u>).

- **6.3.2** The <u>DCO</u> shall use a <u>Doping Control Station</u> which, at a minimum, ensures the *Athlete's* privacy and where possible is used solely as a <u>Doping Control Station</u> for the duration of the <u>Sample Collection Session</u>. The <u>DCO</u> shall record any significant deviations from these criteria. Should the <u>DCO</u> determine the <u>Doping Control Station</u> is unsuitable, they shall seek an alternative location which fulfils the minimum criteria above.
- **6.3.3** The <u>Testing Authority</u> or <u>Sample Collection Authority</u> shall establish criteria for who may be authorized to be present during the <u>Sample Collection Session</u> in addition to the <u>Sample Collection Personnel</u>. At a minimum, the criteria shall include:
 - An Athlete's entitlement to be accompanied by a representative and/or interpreter during the <u>Sample Collection Session</u>, except when the Athlete is passing a urine Sample;
 - b) The entitlement of an *Athlete* with an impairment to be accompanied by a representative as provided for in Annex A Modifications for *Athletes* with Impairments;
 - c) A Minor Athlete's entitlement (as provided for in Annex B Modifications for Athletes who are Minors), and the witnessing <u>DCO/Chaperone's</u> entitlement to have a representative observe the witnessing <u>DCO/Chaperone</u> when the Minor Athlete is passing a urine Sample, but without the representative directly observing the passing of the Sample unless requested to do so by the Minor Athlete;
 - d) A WADA-appointed observer under the WADA Independent Observer Program or WADA auditor (where applicable); and/or
 - e) An authorized *Person* who is involved in the training of <u>Sample Collection</u> <u>Personnel</u> or auditing the <u>Sample Collection Authority</u>.

[Comment to 6.3.3 (d) and (e): The WADA observer/auditor and/or authorized Person shall not directly observe the passing of a urine Sample]

- **6.3.4** The <u>Sample Collection Authority</u> shall only use <u>Sample Collection Equipment</u> systems for urine and blood Samples which, at a minimum:
 - a) Have a unique numbering system, incorporated into all A and B bottles, containers, tubes or other items used to seal the *Sample* and have a barcode or similar data code which meets the requirements of *ADAMS* on the applicable <u>Sample Collection Equipment;</u>
 - b) Have a <u>Tamper-Evident</u> sealing system;
 - c) Ensure the identity of the Athlete is not evident from the equipment itself;
 - d) Ensure that all equipment is clean and sealed prior to use by the Athlete;
 - e) Are constructed of a material and sealing system that is able to withstand the handling conditions and environment in which the equipment will be used or



subjected to, including but not limited to transportation, <u>Laboratory</u> analysis and long term frozen storage up to the period of the statute of limitations;

- f) Are constructed of a material and sealing system that will;
 - (i) Maintain the integrity (chemical and physical properties) of the *Sample* for the <u>Analytical *Testing*</u>;
 - (ii) Can withstand temperatures of -80-°C for urine and blood-<u>and -20°C for</u> <u>dried blood spots</u>. Tests conducted to determine integrity under freezing conditions shall use the matrix <u>or material</u> that will be stored in the *Sample* bottles, containers or tubes i.e., <u>blood or urine; urine</u>, <u>blood</u>, <u>or capillary blood</u> <u>applied on a dried blood spot absorbent *Sample* support (e.g., dried blood spot cellulose card or other equipment made of another material);</u>
 - (iii) Are constructed of a material and sealing system that can withstand a minimum of three (3) freeze/thaw cycles;
- g) The A and B bottles, containers and tubes shall be transparent so the *Sample* is visible;
- h) Have a sealing system which allows verification by the *Athlete* and the <u>DCO</u> that the *Sample* is correctly sealed in the A and B bottles or containers;
- Have a built-in security identification feature(s) which allows verification of the authenticity of the equipment;
- j) Are compliant with the standards published by the International Air Transport Association (IATA) for the transport of exempt human specimens which includes urine and/or blood Samples in order to prevent leakage during transportation by air; or are compliant with the local and international regulations for the transport of dried blood spot Samples, if applicable;
- <u>k</u>) Comply with local regulatory requirements for medical devices (for blood and dried blood spot Samples) where necessary, as well as any other applicable law or regulation;
- k)] Have been manufactured under the internationally recognized ISO 9001 certified processstandard which includes quality control management systems;
- H)m) Can be resealed after initial opening by a <u>Laboratory</u> using a new unique <u>Tamper-Evident</u> sealing system with a unique numbering system to maintain the integrity of the Sample and <u>Chain of Custody</u> in accordance with the requirements of the *International Standard* for <u>Laboratories</u> for long term storage of the Sample and <u>Ffurther Aanalysis;</u>
- m)n)Have undergone testing by a testing institution that is independent of the manufacturer and is ISO 17025 accredited, to validate at a minimum that the equipment meets the criteria set out in subsections b), f), g), h), i), j) and Im) above;
- n)o) Any modification to the material or sealing system of the equipment shall require



re-testing to ensure it continues to meet the stated requirements as per mn) above;

For <u>Uurine</u> Sample <u>Ceollection</u>:

- o)p) Have the capacity to contain a minimum of <u>85mL85 mL</u> volume of urine in each A and B bottle or container;
- p)g) Have a visual marking on the A and B bottles or containers and the collection vessel, indicating:
 - the minimum volume of urine required in each A and B bottle or container as outlined in Annex C --- Collection of Urine <u>Samples</u>;
 - (ii) the maximum volume levels that allow for expansion when frozen without compromising the bottle, container or the sealing system; and
 - (iii) the level of <u>Suitable Volume of Urine for Analysis</u> on the collection vessel.
- <u>q)r)</u> Include a partial Sample <u>Tamper Evident</u> sealing system with a unique numbering system to temporarily seal a Sample with an insufficient volume in accordance with Annex E <u>-</u> Urine Samples – Insufficient Volume;

For blood Venous Blood Sample Ceollection:

- r)s) Have the ability to collect, store and transport blood in separate A and B tubes and containers;
- s)t) For the analysis of Prohibited Substances or Prohibited Methods in whole blood or plasma and/or for profiling blood parameters, the A and B tubes must have the capacity to contain a minimum of 3mL of blood and shall contain EDTA as an anticoagulant;
- t)u) For the analysis of Prohibited Substances or Prohibited Methods in serum, the A and B tubes must have the capacity to contain a minimum of 5mL of blood and shall contain an inert polymeric serum separator gel and clotting activation factor; and

[Comment to 6.3.4 $\underline{s(t)}$ and $\underline{t(u)}$: If specific tubes have been indicated in the applicable WADA International Standard, Technical Document or Guidelines, then the use of alternative tubes which meet similar criteria shall be validated with the involvement of the relevant <u>Laboratory(ies)</u> and approved by WADA prior to use for Sample collection.]

v) For the transport of blood Samples, ensure the storage and transport device and temperature data logger meet the requirements listed in Annex I — Collection, Storage and Transport of Blood Athlete Biological Passport Samples.

For Dried Blood Spot Sample Collection:

w) A dried blood spot absorbent Sample support (e.g., dried blood spot cellulose card) shall also be labelled if it is necessary to remove it from its container at the



Laboratory to take an aliquot; and

 <u>x</u>) Allow the collection, storage and secure transportation of dried blood spots on absorbent Sample support that can be sealed as distinct "A" and "B" Samples (Tamper Evident kit consisting of "A" and "B" containers/sub-containers and/or storage sleeves/packages/receptacles).

[Comment to 6.3.4 (x): Due to logistical reasons at the Laboratory, it is recommended to seal the "A" and "B" Samples in separate containers. Transporting and/or storing "A" and "B" Samples in the same container is however acceptable, provided that they are sealed as distinct "A" and "B" Samples.]

[Comment to 6.3.4: It is strongly recommended that prior to the equipment being made commercially available to stakeholders, such equipment be distributed to the anti-doping community, which may include Athletes, <u>Testing Authorities</u>, <u>Sample Collection Authorities</u>, <u>Sample Collection Personnel</u>, and <u>Laboratories</u> to seek feedback and ensure the equipment is fit for purpose.]

7.0 Conducting the <u>Sample Collection Session</u>

7.1 Objective

To conduct the <u>Sample Collection Session</u> in a manner that ensures the integrity, <u>identity and</u> security <u>and identity</u> of the Sample and respects the privacy and dignity of the Athlete.

7.2 General

The <u>Sample Collection Session</u> starts with defining overall responsibility for the conduct of the <u>Sample Collection Session</u> and ends once the <u>Sample has been collected</u> and secured and the <u>Sample collection documentation is complete</u>. The main activities are:

- a) Preparing for collecting the Sample;
- b) Collecting and securing the Sample; and
- c) Documenting the Sample collection.

7.3 Requirements **P**prior to Sample **C**collection

- **7.3.1** The <u>Sample Collection Authority</u> shall be responsible for the overall conduct of the <u>Sample Collection Session</u>, with specific responsibilities delegated to the <u>DCO</u>.
- **7.3.2** The <u>DCO</u> shall ensure that the *Athlete* has been informed of their rights and responsibilities as specified in Article 5.4.1.
- **7.3.3** The <u>DCO/Chaperone</u> shall advise the *Athlete* not to hydrate excessively, having in mind the requirement to provide a *Sample* with a <u>Suitable Specific Gravity for Analysis</u>.
- **7.3.4** The Anti-Doping Organization shall establish criteria regarding what items may be prohibited within the <u>Doping Control Station</u>. At a minimum these criteria shall prohibit the provision of alcohol or its consumption within the <u>Doping Control Station</u>.

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- **7.3.5** The Athlete shall only leave the <u>Doping Control Station</u> under continuous observation by the <u>DCO</u> or <u>Chaperone</u> and with the approval of the <u>DCO</u>. The <u>DCO</u> shall consider any reasonable request by the Athlete to leave the <u>Doping Control Station</u>, as specified in Articles 5.4.4, 5.4.5 and 5.4.6, until the Athlete is able to provide a Sample.
- **7.3.6** If the <u>DCO</u> gives approval for the *Athlete* to leave the <u>Doping Control Station</u>, the <u>DCO</u> shall agree with the *Athlete* on the following conditions of leave:
 - a) The purpose of the *Athlete* leaving the *Doping Control* Station; the time of return (or return upon completion of an agreed activity);
 - b) That the Athlete must remain under continuous observation throughout;
 - c) That the *Athlete* shall not pass urine until they arrive back at the <u>Doping Control</u> <u>Station</u>; and
 - d) The <u>DCO</u> shall document the time of the *Athlete's* departure and return.

7.4 Requirements for *Sample* <u>C</u>eollection

- **7.4.1** The <u>DCO</u> shall collect the *Sample* from the *Athlete* according to the following protocol(s) for the specific type of *Sample* collection:
 - a) Annex C:- Collection of Urine Samples;
 - b) Annex D: Collection of Venous Blood Samples;
 - c) Annex I:- Collection, Storage and Transport of Blood Athlete Biological Passport Samples-:
 - d) Annex J Collection, Storage and Transport of Dried Blood Spot Samples; and
 - e) Annex K Collection of Urine Samples in a Virtual Environment during a Pandemic.
- 7.4.2 Any behaviour by the Athlete and/or Persons associated with the Athlete or anomalies with potential to compromise the Sample collection shall be recorded in detail by the <u>DCO</u>. If appropriate, the <u>Testing Authority</u> shall apply Annex A Review of a Possible <u>Failure to Comply</u> in the International Standard for Results Management.
- **7.4.3** If there are doubts as to the origin or authenticity of the *Sample*, the *Athlete* shall be asked to provide an additional *Sample*. If the *Athlete* refuses to provide an additional *Sample*, the <u>DCO</u> shall document in detail the circumstances around the refusal, and the <u>Testing Authority</u> shall apply Annex A Review of a Possible <u>Failure to Comply</u> in accordance with *International Standard* for *Results Management*.
- **7.4.4** The <u>DCO</u> shall provide the *Athlete* with the opportunity to document any concerns they may have about how the <u>Sample Collection Session</u> was conducted.
- **7.4.5** The following information shall be recorded as a minimum in relation to the <u>Sample</u> <u>Collection Session</u>:

- a) Date, time of notification, name and signature of notifying <u>DCO/Chaperone:</u>
- b) Arrival time of the *Athlete* at the *Doping Control* Station and any temporary departures and returns;
- c) Date and time of sealing of each *Sample* collected and date and time of completion of entire *Sample* collection process (i.e., the time when the *Athlete* signs the declaration at the bottom of the *Doping Control* form);
- d) The name of the Athlete;
- e) The date of birth of the Athlete;
- f) The <u>sport</u> gender of the *Athlete*;
- g) Means by which the *Athlete's* identity is validated (e.g., passport, driver's license or *Athlete* accreditation) including by a third party (who is so identified);
- h) The Athlete's home address, email address and telephone number;
- i) The Athlete's sport and discipline (in accordance with the <u>TDSSA</u>);
- j) The name of the Athlete's coach and doctor (if applicable);
- k) The Sample code number and reference to the equipment manufacturer, and where the Sample collected is dried blood spot, detailed information on the model of the dried blood spot Sample Collection Equipment (e.g., catalogue number) if the equipment manufacturer commercializes several dried blood spot Sample collection kits;
- I) The type of the Sample (urine, blood, <u>dried blood spot</u> etc.);
- m) The type of Testing (In-Competition or Out-of-Competition);
- n) The name and signature of the witnessing <u>DCO/Chaperone;</u>
- o) The name and signature of the <u>BCO</u> (where applicable);
- p) Partial Sample information, as per Article Annex E.4.4;
- q) Required <u>Laboratory</u> information on the Sample (i.e., for a urine Sample, its volume and specific gravity measurement);), as per Article 8.3.3;
- r) Medications and supplements taken within the previous seven (7) days and (where the *Sample* collected is a blood *Sample*) blood transfusions within the previous three (3) months, as declared by the *Athlete*;
- s) For an<u>a blood</u> Athlete Biological Passport blood Sample, the <u>DCO/BCO</u> shall record the information as outlined in Annex I - Collection, Storage and Transport of Blood Athlete Biological Passport Samples;
- t) Any irregularities in procedures, for example, if advance notice was provided;

- u) *Athlete* comments or concerns regarding the conduct of the <u>Sample Collection</u> <u>Session</u>, as declared by the *Athlete*;
- Athlete acknowledgment of the <u>Processing</u> of Sample collection data and description of such <u>Processing</u> in accordance with the *International Standard* for the Protection of Privacy and Personal Information;
- w) Athlete consent or otherwise for the use of the Sample(s) for research purposes;
- x) The name and signature of the *Athlete's* representative (if applicable), as per Article 7.4.6;
- y) The name and signature of the *Athlete*;
- z) The name and signature of the <u>DCO;</u>
- aa) The name of the *Testing* Authority;
- bb) The name of the Sample Collection Authority;
- cc) The name of the Results Management Authority; and
- dd) The name of the *Doping Control* Coordinator (if applicable).

[Comment to 7.4.5: All of the aforementioned information does not need to be consolidated in a single Doping Control form but rather may be collected during the <u>Sample Collection Session</u> and/or on other official documentation such as a separate notification form and/or supplementary report.]

- **7.4.6** At the conclusion of the <u>Sample Collection Session</u>, the *Athlete* and <u>DCO</u> shall sign appropriate documentation to indicate their satisfaction that the documentation accurately reflects the details of the *Athlete's Sample Collection Session*, including any concerns expressed by the *Athlete*. The *Athlete's* representative, if present and who witnessed the proceedings, should sign the documentation.
- **7.4.7** The *Athlete* shall be offered a copy of the records of the <u>Sample Collection Session</u> that have been signed by the *Athlete* whether electronically or otherwise.

8.0 Security/Post-Test Administration

8.1 Objective

To ensure that all *Samples* collected at the <u>Doping Control Station</u> and <u>Sample</u> collection documentation are securely stored prior to transport from the <u>Doping Control Station</u>.

8.2 General

Post-<u>T</u>test administration begins when the *Athlete* has left the <u>Doping Control Station</u> after providing their Sample(s) and ends with preparation of all of the collected Samples and Sample collection documentation for transport.

8.3 Requirements for <u>S</u>security/<u>P</u>post-<u>T</u>test <u>A</u>administration

- **8.3.1** The <u>Sample Collection Authority</u> shall define criteria ensuring that each Sample collected is stored in a manner that protects its integrity, identity and security prior to transport from the <u>Doping Control Station</u>. At a minimum, these criteria should include detailing and documenting the location where Samples are stored and who has custody of the Samples and/or is permitted access to the Samples. The <u>DCO</u> shall ensure that any Sample is stored in accordance with these criteria.
- **8.3.2** The <u>Sample Collection Authority</u> shall develop a system for recording the <u>Chain of</u> <u>Custody</u> of the Samples and Sample collection documentation to ensure that the documentation for each Sample is completed and securely handled. This shall include confirming that both the Samples and Sample collection documentation have arrived at their intended destinations. The <u>Laboratory</u> shall report any irregularities to the <u>Testing Authority</u> on the condition of <u>Samples</u> upon arrival in line with the <u>International</u> Standard for <u>Laboratories</u>.

[Comment to 8.3.2: Information as to how a Sample is stored prior to departure from the <u>Doping Control Station</u> may be recorded on, for example, a <u>DCO</u> report.]

8.3.3 The <u>Sample Collection Authority</u> shall develop a system to ensure that, where required, instructions for the type of analysis to be conducted are provided to the <u>Laboratory</u> that will be conducting the analysis. In addition, the *Anti-Doping Organization* shall provide the <u>Laboratory</u> with information as required under Article 7.4.5 c), f), i), k), l), m), q), r), w), aa), bb) and cc) for result reporting and statistical purposes and include whether *Sample* retention in accordance with Article 4.7.3. is required.

[Comment to 8.3: Information as to how a Sample is stored prior to departure from the Doping Control Station may be recorded on, for example, a DCO report. The type of analysis for the Laboratory may be recorded on a Chain of Custody form. ADOs can refer to the WADA website for a DCO report and/or Chain of Custody form template.]

9.0 Transport of *Samples* and Documentation

9.1 Objective

- a) To ensure that *Samples* and related documentation arrive at the <u>Laboratory</u> that will be conducting the analysis in proper condition to do the necessary analysis; and
- b) To ensure the <u>Sample Collection Session</u> documentation is sent by the <u>DCO</u> to the <u>Testing</u> <u>Authority</u> in a secure and timely manner.

9.2 General

- **9.2.1** Transport starts when the *Samples* and related documentation leave the <u>Doping</u> <u>Control Station</u> and ends with the confirmed receipt of the *Samples* and <u>Sample</u> <u>Collection Session</u> documentation at their intended destinations.
- **9.2.2** The main activities are arranging for the secure transport of *Samples* and related documentation to the <u>Laboratory</u> that will be conducting the analysis and arranging for the secure transport of the <u>Sample Collection Session</u> documentation to the <u>Testing</u> <u>Authority</u>.

9.3 Requirements for <u>T</u>transport and <u>S</u>torage of *Samples* and <u>D</u>documentation

- **9.3.1** The <u>Sample Collection Authority</u> shall authorize a transport system that ensures Samples and documentation are transported in a manner that protects their integrity, identity and security.
- **9.3.2** Samples shall always be transported to the <u>Laboratory</u> that will be analyzing the Samples using the <u>Sample Collection Authority's</u> authorized transport method, as soon as possible after the completion of the <u>Sample Collection Session</u>. Samples shall be transported in a manner which minimizes the potential for Sample degradation due to factors such as time delays and extreme temperature variations.

[Comment to 9.3.2: Anti-Doping Organizations should discuss transportation requirements for particular missions (e.g., where the Sample has been collected in less than hygienic conditions, or where delays may occur in transporting the Samples to the <u>Laboratory</u>) with the <u>Laboratory</u> that will be analyzing the Samples, to establish what is necessary in the particular circumstances of such mission (e.g., refrigeration or freezing of the Samples).]

- **9.3.3** Documentation identifying the *Athlete* shall not be included with the *Samples* or documentation sent to the <u>Laboratory</u> that will be analyzing the *Samples*.
- **9.3.4** The <u>DCO</u> shall send all relevant <u>Sample Collection Session</u> documentation to the <u>Sample Collection Authority</u>, using the <u>Sample Collection Authority's</u> authorized transport method (which may include electronic transmission), as soon as practicable after the completion of the <u>Sample Collection Session</u>.
- 9.3.5 If the Samples with accompanying documentation or the <u>Sample Collection Session</u> documentation are not received at their respective intended destinations, or if a Sample's integrity or, identity or security may have been compromised during transport, the <u>Sample Collection Authority</u> shall check the <u>Chain of Custody</u>, and the <u>Testing Authority</u> shall consider whether the Samples should be voided.
- **9.3.6** Documentation related to a <u>Sample Collection Session</u> and/or an anti-doping rule violation shall be stored by the <u>Testing Authority</u> and/or the <u>Sample Collection Authority</u> for the period and other requirements specified in the International Standard for the Protection of Privacy and Personal Information.

[Comment to 9.3: While the requirements for transport and storage of Samples and documentation herein apply equally to all urine, blood<u>and</u>, blood Athlete Biological Passport <u>and dried blood spot</u> Samples, additional requirements for standard blood can be found in Annex D - Collection of <u>Venous</u> Blood Samples<u>and</u>, additional requirements for the transportation of Blood Samples for the Athlete Biological Passport can be found in Annex I - Collection, Storage and Transport of Blood Athlete Biological Passport Samples<u></u>, <u>-</u><u>Jand</u> additional requirements for the transportation of dried blood spot Samples can be found in Annex J - Collection, Storage and Transport of dried blood spot Samples.]

10.0 Ownership of Samples



- **10.1** Samples collected from an Athlete are owned by the <u>Testing Authority</u> for the <u>Sample Collection</u> <u>Session</u> in question.
- **10.2** The <u>Testing Authority</u> may transfer ownership of the <u>Samples</u> to the <u>Results Management</u> <u>Authority</u> or to another <u>Anti-Doping Organization</u> upon request.
- **10.3** WADA may assume <u>Testing Authority</u> in certain circumstances in accordance with the Code and the International Standard for Laboratories.
- **10.4** Where the <u>Testing Authority</u> is not the <u>Passport Custodian</u>, the <u>Testing Authority</u> that initiated and directed the <u>Sample</u> collection maintains the responsibility for additional <u>Analytical Testing</u> of the <u>Sample</u>. This includes the performance of further <u>Confirmation Procedure(s)</u> upon requests generated automatically by the <u>Adaptive Model</u> of the <u>Athlete Biological Passport</u> in <u>ADAMS</u> (e.g., GC/C/IRMS triggered by elevated T/E) or a request by the <u>APMU</u> (e.g., GC/C/IRMS requested due to abnormal secondary <u>Markers</u> of the urinary "longitudinal steroid profile" or <u>ESAerythropoietin receptor agonists (ERAs)</u> analysis tests due to suspicious <u>haematological Marker</u> values).

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PART THREE: STANDARDS FOR INTELLIGENCE GATHERING AND INVESTIGATIONS

11.0 Gathering, <u>Aassessment and Uuse of lintelligence</u>

11.1 Objective

Anti-Doping Organizations shall ensure they are able to obtain, assess and process anti-doping intelligence from all available sources, to help deter and detect doping, to inform the development of an effective, intelligent and proportionate <u>Test Distribution Plan</u>, to plan *Target Testing*, and to conduct investigations as required by *Code* Article 5.7. The objective of Article 11 is to establish standards for the efficient and effective gathering, assessment and processing of such intelligence for these purposes.

[Comment to 11.1: While Testing will always remain an integral part of the anti-doping effort, Testing alone is not sufficient to detect and establish to the requisite standard all of the anti-doping rule violations identified in the Code. In particular, while Use of Prohibited Substances and Prohibited Methods may often be uncovered by analysis of Samples, the other Code anti-doping rule violations (and, often, Use) can usually only be effectively identified and pursued through the gathering and investigation of 'non-analytical' anti-doping intelligence and information. This means that Anti-Doping Organizations need to develop efficient and effective intelligence-gathering and investigation functions. WADA has devised Intelligence and Investigations Guidelines with case studies to assist Anti-Doping Organizations to better understand the types of 'non-analytical' intelligence that may be available and to provide support and guidance to Signatories in their efforts to comply with the Code and the International Standards.]

11.2 Gathering of <u>Aanti-Deloping</u> lintelligence

- **11.2.1** Anti-Doping Organizations shall do everything in their power to ensure that they are able to capture or receive anti-doping intelligence from all available sources, including, but not limited to, *Athletes* and *Athlete Support Personnel* (including *Substantial Assistance* provided pursuant to *Code* Article 10.7.1) and members of the public (e.g., by means of a confidential telephone hotline), <u>Sample Collection</u> <u>Personnel</u> (whether via mission reports, incident reports, or otherwise), <u>Laboratories</u>, pharmaceutical companies, other *Anti-Doping Organizations*, *WADA*, National Federations, law enforcement, other regulatory and disciplinary bodies, and the media (in all its forms).
- **11.2.2** Anti-Doping Organizations shall have policies and procedures in place to ensure that anti-doping intelligence captured or received is handled securely and confidentially, that sources of intelligence are protected, that the risk of leaks or inadvertent disclosure is properly addressed, and that intelligence shared with them by law enforcement, other relevant authorities and/or other third parties, is processed, used and disclosed only for legitimate anti-doping purposes.

11.3 Assessment and <u>Aanalysis of Aanti-D</u>doping lintelligence

11.3.1 *Anti-Doping Organizations* shall ensure that they are able to assess all anti-doping intelligence upon receipt for relevance, reliability and accuracy, taking into account the nature of the source and the circumstances in which the intelligence has been captured or received.



[Comment to 11.3.1: There are various models that may be used as the basis for the assessment and analysis of anti-doping intelligence. There are also databases and case management systems that may be used to assist in the organization, processing, analysis and cross-referencing of such intelligence.]

11.3.2 All anti-doping intelligence captured or received by an *Anti-Doping Organization* should be collated and analyzed to establish patterns, trends and relationships that may assist the *Anti-Doping Organization* in developing an effective anti-doping strategy and/or in determining (where the intelligence relates to a particular case) whether there is reasonable cause to suspect that an anti-doping rule violation may have been committed, such that further investigation is warranted in accordance with Article 12 and the *International Standard* for *Results Management*.

11.4 Intelligence **Oeutcomes**

- **11.4.1** Anti-doping intelligence shall be used to assist for the following purposes (without limitation): developing, reviewing and revising the <u>Test Distribution Plan</u> and/or determining when to conduct *Target Testing*, in each case in accordance with Article 4 and/or to create targeted intelligence files to be referred for investigation in accordance with Article 12.
- **11.4.2** Anti-Doping Organizations should also develop and implement policies and procedures for the sharing of intelligence (where appropriate, and subject to applicable law) with other Anti-Doping Organizations (e.g., if the intelligence relates to Athletes or other Persons under their authority) and/or law enforcement and/or other relevant regulatory or disciplinary authorities (e.g., if the intelligence suggests the possible commission of a crime or regulatory offence or breach of other rules of conduct).
- **11.4.3** Anti-Doping Organizations should develop and implement policies and procedures to facilitate and encourage whistleblowersconfidential sources as outlined within WADA's Whistleblower policyConfidential Source Policy available on WADA's website.

12.0 Investigations

12.1 Objective

The objective of Article 12 is to establish standards for the efficient and effective conduct of investigations that *Anti-Doping Organizations* must implement under the *Code*, including but not limited to:

- a) The investigation of *Atypical Findings*, *Atypical Passport Findings* and *Adverse Passport Findings*, in accordance with the *International Standard* for *Results Management*;
- b) The investigation of any other analytical or non-analytical information and/or intelligence where there is reasonable cause to suspect that an anti-doping rule violation may have been committed, in accordance with the *International Standard* for *Results Management*;
- c) The investigation of the circumstances surrounding and/or arising from an *Adverse Analytical Finding* to gain further intelligence on other *Persons* or methods involved in doping (e.g.,



interviewing the relevant Athlete); and

- d) Where an anti-doping rule violation by an *Athlete* is established, the investigation into whether *Athlete Support Personnel* or other *Persons* may have been involved in that violation, in accordance with *Code* Article 20.
 - **12.1.1** In each case, the purpose of the investigation is to achieve one of the following either:
 - a) to rule out the possible violation/involvement in a violation;
 - b) to develop evidence that supports the initiation of an anti-doping rule violation proceeding in accordance with *Code* Article 8; or
 - c) to provide evidence of a breach of the Code or applicable International Standard.

12.2 Investigating **P**possible **<u>Aanti-doping</u> <u>R</u>rule** <u>V</u>violations

12.2.1 Anti-Doping Organizations shall ensure that they are able to investigate confidentially and effectively any analytical or non-analytical information or intelligence that indicates there is reasonable cause to suspect that an anti-doping rule violation may have been committed, in accordance with the International Standard for Results Management.

[Comment to 12.2.1: Where an attempt to collect a Sample from an Athlete produces information indicating a possible evasion of Sample collection and/or refusal or failure to submit to Sample collection after due notification, in violation of Code Article 2.3, or possible Tampering or Attempted Tampering withDoping Control, in violation of Code Article 2.5, the matter shall be investigated in accordance with the International Standard for Results Management.]

12.2.2 The *Anti-Doping Organization* shall gather and record all relevant information and documentation as soon as possible, in order to develop that information and documentation into admissible and reliable evidence in relation to the possible anti-doping rule violation, and/or to identify further lines of enquiry that may lead to the discovery of such evidence. The *Anti-Doping Organization* shall ensure that investigations are conducted fairly, objectively and impartially at all times. The conduct of investigations, the evaluation of information and evidence identified in the course of that investigation, and the outcome of the investigation, shall be fully documented.

[Comment to 12.2.2: It is important that information is provided to and gathered by the investigating Anti-Doping Organization as quickly as possible and in as much detail as possible because the longer the period between the incident and investigation, the greater the risk that certain evidence may no longer exist. Investigations should not be conducted with a closed mind, pursuing only one outcome (e.g., institution of anti-doping rule violation proceedings against an Athlete or other Person). Rather, the investigator(s) should be open to and should consider all possible outcomes at each keystage of the investigation, and should seek to gather not only any available evidence indicating that there is a case to answer but also any available evidence indicating that there is no case to answer.]

- **12.2.3** The Anti-Doping Organization should make use of all investigative resources reasonably available to it to conduct its investigation. This may include obtaining information and assistance from law enforcement and other relevant authorities, including other regulators. However, the Anti-Doping Organization should also make full use of all investigative resources at its own disposal, including the Athlete Biological Passport program, investigative powers conferred under applicable rules (e.g., the power to demand the production of relevant documents and information, and the power to interview both potential witnesses and the Athlete or other Person who is the subject of the investigation), and the power to suspend a period of Ineligibility imposed on an Athlete or other Person in return for the provision of Substantial Assistance in accordance with Code Article 10.7.1.
- **12.2.4** Athletes and Athlete Support Personnel are required under Code Article 21 to cooperate with investigations conducted by Anti-Doping Organizations. If they fail to do so, disciplinary action should be taken against them under applicable rules. If their conduct amounts to subversion of the investigation process (e.g., by providing false, misleading or incomplete information, and/or by destroying potential evidence), the Anti-Doping Organization should bring proceedings against them for violation of Code Article 2.5 (Tampering or Attempted Tampering).

12.3 Investigation **Oeutcomes**

- **12.3.1** The *Anti-Doping Organization* shall come to a decision efficiently and without undue delay as to whether proceedings should be brought against the *Athlete* or other *Person* asserting commission of an anti-doping rule violation. As set out in *Code* Article 13.3, if an *Anti-Doping Organization* fails to make such decision within a reasonable deadline set by *WADA*, *WADA* may elect to appeal directly to *CAS* as if the *Anti-Doping Organization* had rendered a decision finding that no anti-doping rule violation has been committed. As noted in the comment to *Code* Article 13.3, however, before taking such action *WADA* will consult with the *Anti-Doping Organization* and give it an opportunity to explain why it has not yet rendered a decision.
- **12.3.2** Where the Anti-Doping Organization concludes based on the results of its investigation that proceedings should be brought against the Athlete or other Person asserting commission of an anti-doping rule violation, it shall give notice of that decision in the manner set out in the International Standard for Results Management and shall bring forward the proceedings against the Athlete or other Person in question in accordance with Code Article 8.
- **12.3.3** Where the *Anti-Doping Organization* concludes, based on the results of its investigation, that proceedings should not be brought forward against the *Athlete* or other *Person* asserting commission of an anti-doping rule violation:
 - **12.3.3.1** It shall notify *WADA* and the *Athlete's* or other *Person's* International Federation and *National Anti-Doping Organization* in writing of that decision, with reasons, in accordance with *Code* Article 14.1.4.
 - **12.3.3.2** It shall provide such other information about the investigation as is reasonably required by *WADA* and/or the International Federation and/or *National Anti-Doping Organization* in order to determine whether to

appeal against that decision.

12.3.3.3 In any event, it shall consider whether any of the intelligence obtained and/or lessons learned during the investigation should be used to inform the development of its <u>Test Distribution Plan</u> and/or to plan *Target Testing*, and/or should be shared with any other body in accordance with Article 11.4.2.



ANNEX A - MODIFICATIONS FOR ATHLETES WITH IMPAIRMENTS

A.1. Objective

To ensure, where possible, that the particular needs of *Athletes* with impairments are considered in relation to the provision of a *Sample*, where possible, without compromising the integrity of the *Sample* Collection Session.

A.2. Scope

Determining whether modifications are necessary starts with identification of situations where *Sample* collection involves *Athletes* with impairments and ends with modifications to *Sample* collection procedures and equipment where necessary and where possible.

A.3. Responsibility

- A.3.1 The <u>Testing Authority</u> or <u>Sample Collection Authority</u> (as applicable) has responsibility for ensuring, when possible, that the <u>DCO</u> has any information and <u>Sample Collection</u> <u>Equipment</u> necessary to conduct a <u>Sample Collection Session</u> with an <u>Athlete</u> with an impairment, including details of such impairment that may affect the procedure to be followed in conducting a <u>Sample Collection Session</u>.
- A.3.2 The <u>DCO</u> has responsibility for *Sample* collection.

A.4. Requirements

A.4.1. All aspects of notification and *Sample* collection for *Athletes* with impairments shall be carried out in accordance with the standard notification and *Sample* collection procedures unless modifications are necessary due to the *Athlete's* impairment.

[Comment to A.4.1: The <u>Testing Authority</u> in the case of an Athlete with an intellectual impairment, shall decide whether to obtain consent to Testing from their representative and inform the <u>Sample Collection Authority</u> and <u>Sample Collection Personnel</u>.]

- **A.4.2.** In planning or arranging *Sample* collection, the <u>Sample Collection Authority</u> and <u>DCO</u> shall consider whether there will be any *Sample* collection for *Athletes* with impairments that may require modifications to the standard procedures for notification or *Sample* collection, including <u>Sample Collection Equipment</u> and <u>Doping Control Station</u>.
- A.4.3. The <u>Sample Collection Authority</u> and <u>DCO</u> shall have the authority to make modifications as the situation requires when possible and as long as such modifications will not compromise the <u>integrity</u>, identity, <u>and</u> security <u>or integrity</u> of the <u>Sample</u>. The <u>DCO</u> shall consult the <u>Athlete</u> in order to determine what modifications may be necessary for the <u>Athlete's</u> impairment. All such modifications shall be documented.
- **A.4.4.** An *Athlete* with an intellectual, physical or sensorial impairment may be assisted by the *Athlete's* representative or <u>Sample Collection Personnel</u> during the <u>Sample Collection</u> <u>Session</u> where authorized by the *Athlete* and agreed to by the <u>DCO</u>.
- **A.4.5.** The <u>DCO</u> may decide that alternative <u>Sample Collection Equipment</u> or an alternative <u>Doping Control Station</u> will be used when required to enable the *Athlete* to provide the



Sample, as long as the Sample's integrity, identity, and security and integrity will not be affected.

- A.4.6. Athletes who are using urine collection or drainage systems are required to eliminate existing urine from such systems before providing a urine Sample for analysis. Where possible, the existing urine collection or drainage system should be replaced with a new, unused catheter or drainage system prior to collection of the Sample. The catheter or drainage system is not a required part of <u>Sample Collection Equipment</u> to be provided by the <u>Sample Collection Authority</u>; instead it is the responsibility of the <u>Athlete</u> to have the necessary equipment available for this purpose.
- A.4.7. Should an Athlete require any additional equipment in order to be able to provide a Sample, including but not limited to catheters and drainage systems, it is the sole responsibility of the Athlete to have the necessary equipment available for this purpose and understand how to use it.
- A.4.7.<u>A.4.8.</u> For *Athletes* with <u>visualvision</u> or intellectual impairments, the <u>DCO</u> and/or *Athlete* may determine if they shall have a representative present during the <u>Sample Collection</u> <u>Session</u>. During the <u>Sample Collection Session</u>, a representative of the <u>Athlete</u> and/or a representative of the <u>DCO</u> may observe the witnessing <u>DCO/Chaperone</u> while the <u>Athlete</u> is passing the urine <u>Sample</u>. This representative or these representatives may not directly observe the passing of the urine <u>Sample</u>, unless requested to do so by the <u>Athlete</u>.
- A.4.8.<u>A.4.9.</u> The <u>DCO</u> shall record modifications made to the standard *Sample* collection procedures for *Athletes* with impairments, including any applicable modifications specified in the above actions.



ANNEX B - MODIFICATIONS FOR ATHLETES WHO ARE MINORS

B.1 Objective

To ensure, where possible, that the particular needs of *Athletes* who are *Minors* are met in relation to the provision of a *Sample*, where possible, without compromising the integrity of the <u>Sample</u> <u>Collection Session</u>.

B.2 Scope

Determining whether modifications are necessary starts with identification of situations where *Sample* collection involves *Athletes* who are *Minors* and ends with modifications to *Sample* collection procedures where necessary and where possible.

B.3 Responsibility

- **B.3.1** The <u>Testing Authority</u> has responsibility for ensuring, when possible, that the <u>Sample</u> <u>Collection Authority and/or</u> the <u>DCO</u> has any information necessary to conduct a <u>Sample</u> <u>Collection Session</u> with an <u>Athlete</u> who is a <u>Minor</u>. This includes confirming wherever necessary that, the <u>necessary</u> parental consent for <u>Testing</u> any participating <u>Athlete</u> who is a <u>Minor</u>.
- **B.3.2** Where Sample collection involves an Athlete who is a Minor, the Testing Authority and/or the Sample Collection Authority shall assign, at a minimum, two Sample Collection Personnel to the Sample Collection Session. Sample Collection Personnel shall be informed, in advance, that Sample collection involves (or may involve) Athletes who are Minors.

[Comment to B.3.2: For clarity, the two Sample Collection Personnel may be two DCOs or a DCO and a BCO or a DCO and a Chaperone. The two Sample Collection Personnel shall always be present in the Doping Control Station for Sample Collection Sessions involving an Athlete who is a Minor.]

<u>B.3.3</u> The <u>DCO</u> has responsibility for Sample collection.

B.4 Requirements

- **B.4.1** All aspects of notification and *Sample* collection for *Athletes* who are *Minors* shall be carried out in accordance with the standard notification and *Sample* collection procedures unless modifications are necessary due to the *Athlete* being a *Minor*.
- **B.4.2** In planning or arranging Sample collection, the <u>Sample Collection Authority</u> and <u>DCO</u> shall consider whether there will be any Sample collection for Athletes who are Minors that may require modifications to the standard procedures for notification or Sample collection.
- **B.4.3<u>B.4.2</u>** The <u>Sample Collection Authority</u> and the <u>DCO</u> shall have the authority to make modifications as the situation requires when possible and as long as such modifications will not compromise the <u>integrity</u>, identity, and security or integrity of the Sample.- All such modifications shall be documented.
- B.4.43 Athletes who are Minors should be notified in the presence of an Athlete representative (who is not a Minor) in addition to the <u>DCO/Chaperone</u>, and may choose to should also be

accompanied by a representative throughout the entire <u>Sample Collection Session</u>. Even if the <u>Minor declines a representative</u>, the <u>Sample Collection Authority</u> or <u>DCO</u>, as applicable, shall consider whether another third party ought to be present during notification of the <u>Athlete</u>.

[Comment to B.4.3: It is recommended that an Athlete who is a Minor be accompanied by an Athlete representative. Reasonable efforts should be made by the Sample Collection Personnel to encourage the Athlete who is a Minor to have an Athlete representative throughout the Sample Collection Session and to assist the Athlete in locating one. In situations where the Athlete is unable to locate a representative then two Sample Collection Personnel shall always accompany the Athlete until their Sample Collection Session is completed, however, if an Athlete representative is located and present with the Athlete, the second Sample Collection Personnel is not required to accompany the Athlete with the exception of when the Athlete is ready to provide a Sample in accordance with the procedures outlined in Annex B.4.5.]

- **B.4.4** Should an *Athlete* who is a *Minor* decline to have a representative present during the collection of a *Sample*, this shall be clearly documented by the <u>DCO</u>. This does not invalidate the <u>Test</u>, but shall be recorded.clearly documented by the DCO. Any follow up action taken by the DCO and/or Chaperone to encourage and assist the *Athlete* in locating a representative should also be documented.
- **B.4.65** The <u>DCO</u> shall determine who may be present during the collection of a Sample from an Athlete who is a Minor, in addition to a representative of the <u>Athlete who is a Minor, if</u> present shall only observe the DCO/Chaperone who shall be present. A representative of the Minor may be present during <u>Sample</u> provision (including observing the <u>DCO</u> when the <u>Minor is</u> during the passing of the urine <u>Sample</u>, but not directly observingunless requested by the <u>Athlete</u> who is a <u>Minor to observe</u> the passing of the urine <u>Sample unless</u> requested to do so by the <u>Minor</u>).directly. The <u>DCO's/Chaperone's</u> representativesecond member o,f the <u>Sample</u> Collection Personnel shall only observe the <u>DCO/Chaperone</u> and shall not directly observe the passing of the <u>Sample</u>.
- B.4.76 The preferred venue for all Out-of-Competition Testing of a-the Athlete who is a Minor is a location where the presence of an Athlete representative (who is not a Minor) is most likely to be available for the duration of the <u>Sample Collection Session</u>, e.g., a training venue.
- **B.4.8** The <u>Testing Authority</u> or <u>Sample Collection Authority</u> (as applicable) shall consider the appropriate course of action when no *Athlete* representative (who is not a *Minor*) is present at the *Testing* of an *Athlete* who is a *Minor* (for example by ensuring that more than one <u>Sample Collection Personnel</u> is present during a <u>Sample Collection Session</u> of such *Minor Athlete*) and shall accommodate the *Minor* in locating a representative if requested to do so by the *Minor*.



ANNEX C - COLLECTION OF URINE SAMPLES

C.1 Objective

To collect an Athlete's urine Sample in a manner that ensures:

- a) Consistency with relevant principles of internationally recognized standard precautions in healthcare settings so that the health and safety of the *Athlete* and <u>Sample Collection</u> <u>Personnel</u> are not compromised;
- b) The Sample meets the <u>Suitable Specific Gravity for Analysis</u> and the <u>Suitable Volume of Urine for Analysis</u>. Failure of a Sample to meet these requirements in no way invalidates the suitability of the Sample for analysis. The determination of a Sample's suitability for analysis is the decision of the relevant <u>Laboratory</u>, in consultation with the <u>Testing Authority</u> for the <u>Sample Collection Session</u> in question.

[Comment to C.1,_(b): The measurements taken in the field for <u>Suitable Specific Gravity for</u> <u>Analysis</u> and the <u>Suitable Volume of Urine for Analysis</u> are preliminary in nature, to assess whether the Sample meets the requirements for analysis. It is possible there could be discrepancies between the field readings and the final <u>Laboratory</u> readings due to the precision of the <u>Laboratory</u> equipment. The <u>Laboratory</u> reading will be considered final, and such discrepancies (if any) shall not constitute a basis for Athletes to seek to invalidate or otherwise challenge an Adverse Analytical Finding.]

- c) the Sample has not been manipulated, substituted, contaminated or otherwise tampered with in any way;
- d) the Sample is clearly and accurately identified; and
- e) the Sample is securely sealed in a Tamper Evident kit.

C.2 Scope

The collection of a urine *Sample* begins with ensuring the *Athlete* is informed of the *Sample* collection requirements and ends with discarding any residual urine remaining at the end of the *Athlete's* <u>Sample Collection Session</u>.

C.3 Responsibility

- **C.3.1** The <u>DCO</u> has the responsibility for ensuring that each *Sample* is properly collected, identified and sealed.
- **C.3.2** The <u>DCO/Chaperone</u> has the responsibility for directly witnessing the passing of the urine *Sample*.

C.4 Requirements

C.4.1 The <u>DCO</u> shall ensure that the *Athlete* is informed of the requirements of the <u>Sample</u> <u>Collection Session</u>, including any modifications as provided for in Annex A - Modifications for *Athletes* with Impairments <u>and/or in Annex B - Modifications for *Athletes* who are <u>Minors</u>.</u>

- C.4.2 The <u>DCO</u> shall ensure that the *Athlete* is offered a choice of *Sample* collection vessels for collecting the *Sample*. If the nature of an *Athlete's* impairment requires that they must use additional or other equipment as provided for in Annex A Modifications for *Athletes* with Impairments, the <u>DCO</u> shall inspect that equipment to ensure that it will not affect the <u>integrity</u> identity or <u>integritysecurity</u> of the *Sample*.
- C.4.3 When the Athlete selects a collection vessel, and for selection of all other <u>Sample</u> <u>Collection Equipment</u> that directly holds the urine Sample, the <u>DCO</u> will instruct the Athlete to check that all seals on the selected equipment are intact and the equipment has not been tampered with. If the Athlete is not satisfied with the selected equipment, they may select another. If the Athlete is not satisfied with any of the equipment available for selection, this shall be recorded by the <u>DCO</u>. If the <u>DCO</u> does not agree with the Athlete that all of the equipment available for the selection is unsatisfactory, the <u>DCO</u> shall instruct the Athlete to proceed with the <u>Sample Collection Session</u>. If the <u>DCO</u> agrees with the Athlete that all of the equipment available for the selection is unsatisfactory, the <u>DCO</u> shall instruct the Athlete that all of the equipment available for the selection is unsatisfactory, the <u>DCO</u> shall instruct the Athlete that all of the equipment available for the selection is unsatisfactory, the <u>DCO</u> shall cerminate the <u>urine</u> <u>Sample</u> <u>Collection</u> <u>Session</u> and this shall be recorded by the <u>DCO</u>.
- C.4.4 The Athlete shall retain control of the collection vessel and any Sample provided until the Sample (or partial Sample) is sealed, unless assistance is required by reason of an Athlete's impairment as provided for in Annex A Modifications for Athletes with Impairments. Additional assistance may be provided in exceptional circumstances to any Athlete by the Athlete's representative or <u>Sample Collection Personnel</u> during the <u>Sample Collection Session</u> where authorized by the Athlete and agreed to by the <u>DCO</u>.
- **C.4.5** The <u>DCO/Chaperone</u> who witnesses the passing of the *Sample* shall be of the same gender as the *Athlete* providing the *Sample* and where applicable, based on the gender of the *Event* the *Athlete* competed in.
- **C.4.6** The <u>DCO/Chaperone</u> shall, where practicable, ensure the *Athlete* thoroughly washes their hands with water only prior to the provision of the *Sample* or wears suitable (e.g., disposable) gloves during provision of the *Sample*.
- **C.4.7** The <u>DCO/Chaperone</u> and *Athlete* shall proceed to an area of privacy to collect a Sample.
- C.4.8 The <u>DCO/Chaperone</u> shall ensure an unobstructed view of the Sample leaving the Athlete's body and shall continue to observe the Sample after provision until the Sample is securely sealed. In order to ensure a clear and unobstructed view of the passing of the Sample, the <u>DCO/Chaperone</u> shall instruct the Athlete to remove or adjust any clothing which restricts the <u>DCO's/Chaperone's</u> clear view of Sample provision.
- **C.4.9** The <u>DCO/Chaperone</u> shall ensure that urine passed by the *Athlete* is collected in the collection vessel to its maximum capacity and thereafter the *Athlete* is encouraged to fully empty their bladder into the toilet. The <u>DCO</u> shall verify, in full view of the *Athlete*, that the <u>Suitable Volume of Urine for Analysis</u> has been provided.
- **C.4.10** Where the volume of urine provided by the *Athlete* is insufficient, the <u>DCO</u> shall follow the partial *Sample* collection procedure set out in Annex E Urine *Samples* Insufficient Volume.

- **C.4.11** Once the volume of urine provided by the *Athlete* is sufficient, the <u>DCO</u> shall instruct the *Athlete* to select a *Sample* collection kit containing A and B bottles or containers in accordance with Annex C.4.3.
- C.4.12 Once a Sample collection kit has been selected, the DCO and the Athlete shall check that all Sample code numbers match and that this code number is recorded accurately by the DCO on the Doping Control form. If the Athlete or DCO finds that the numbers are not the same, the DCO shall instruct the Athlete to choose another kit in accordance with Annex C.4.3. The DCO shall record the matter.
- C.4.13 The Athlete shall pour the minimum Suitable Volume of Urine for Analysis into the B bottle or container (to a minimum of 30 mL), and then pour the remainder of the urine into the A bottle or container (to a minimum of 60 mL). The Suitable Volume of Urine for Analysis shall be viewed as an absolute minimum. If more than the minimum Suitable Volume of Urine for Analysis has been provided, the DCO shall ensure that the Athlete fills the A bottle or container to capacity as per the recommendation of the equipment manufacturer. Should there still be urine remaining, the DCO shall ensure that the Athlete fills the B bottle or container to capacity as per the recommendation of the equipment manufacturer. The DCO shall instruct the Athlete to ensure that a small amount of urine is left in the collection vessel, explaining that this is to enable the DCO to test the residual urine in accordance with AnnexC.4.15.
- C.4.14 The Athlete shall then seal the A and B bottles or containers as directed by the <u>DCO</u>. The <u>DCO</u> shall check, in full view of the Athlete, that the bottles or containers have been properly sealed.
- C.4.15 The <u>DCO</u> shall test the residual urine in the collection vessel to determine if the Sample has a <u>Suitable Specific Gravity for Analysis</u>. If the <u>DCO's</u> field reading indicates that the Sample does not have a <u>Suitable Specific Gravity for Analysis</u>, then the <u>DCO</u> shall follow Annex F Urine Samples that do not meet the requirement for <u>Suitable Specific Gravity for Analysis</u>.
- **C.4.16** Urine should only be discarded when both the A and B bottles or containers have been sealed and the residual urine has been tested in accordance with Annex C.4.15.
- **C.4.17** The *Athlete* shall be given the option of witnessing the discarding of any residual urine that will not be sent for analysis.



ANNEX D - COLLECTION OF <u>VENOUS</u> BLOOD SAMPLES

D.1 Objective

To collect an Athlete's blood Sample by venipuncture in a manner that ensures:

- a) Consistency with relevant principles of internationally recognized standard precautions in healthcare settings, and is collected by a suitably qualified *Person*, so that the health and safety of the *Athlete* and <u>Sample Collection Personnel</u> are not compromised;
- b) The Sample is of a quality and quantity that meets the relevant analytical guidelines and requirements defined by the Laboratory;
- c) The Sample has not been manipulated, substituted, contaminated or otherwise tampered with in any way;
- d) The Sample is clearly and accurately identified; and
- e) The Sample is securely sealed in a Tamper Evident kit.

D.2 Scope

The requirements of this Annex apply to venous blood Samples collected for the purposes of specific analysis and/or all modules of the Athlete Biological Passport. The collection of a venous blood Sample begins with ensuring the Athlete is informed of the Sample collection requirements and ends with properly storing the Sample prior to transport to the Laboratory that will be analyzing the Sample._

[Comment to D.2: Additional requirements applicable only to whole blood Samples collected for the hematological module of the Athlete Biological Passport are contained in Annex I - Collection, Storage and Transport of Blood Athlete Biological Passport Samples and, requirements for dried blood spot Samples are contained in Annex J - Collection, Storage and Transport of Dried Blood Spot Samples.]

D.3 Responsibility

- **D.3.1** The <u>DCO</u> has the responsibility for ensuring that:
 - a) Each Sample is properly collected, identified and sealed; and
 - b) All *Samples* have been properly stored and dispatched in accordance with the relevant analytical guidelines.
- **D.3.2** The <u>BCO</u> has the responsibility for collecting the blood *Sample*, answering related questions during the provision of the *Sample*, and proper disposal of used blood sampling equipment not required to complete the <u>Sample Collection Session</u>.

D.4 Requirements

D.4.1 Procedures involving blood shall be consistent with the local standards and regulatory requirements regarding precautions in healthcare settings where those standards and requirements exceed the requirements set out below.



- **D.4.2** Blood <u>Sample Collection Equipment</u> shall consist of:
 - a) Collection tube(s) which meet the requirements of Article 6.3.4;); and/or
 - b) A and B bottles/containers for the secure transportation of collection tubes;tube(s); and/or
 - c) Unique labels for collection tubestube(s) with a Sample code number; and/or
 - d) Such other types of equipment to be used in connection with the collection of blood as set out in Article 6.3.4 and WADA's <u>Guidelines for</u> Sample Collection-Guidelines.
 - **D.4.3** The <u>DCO</u> shall ensure that the *Athlete* is properly notified of the requirements of the *Sample* collection, including any modifications as provided for in Annex A Modifications for *Athletes* with Impairments.
 - **D.4.4** The <u>DCO/Chaperone</u> and *Athlete* shall proceed to the area where the *Sample* will be provided.
 - D.4.5 The <u>DCO/BCO</u> shall ensure the Athlete is offered comfortable conditions and shall instruct the Athlete to remain in a normalan upright, stationary seated position with feet on the floor for at least 10 minutes prior to providing a <u>Sampleblood Sample</u>. If the Athlete's feet cannot reach the floor and/or the Athlete's impairment does not allow feet on the floor, the Athlete shall remain in an upright, stationary seated position.
 - D.4.6 The <u>DCO/BCO</u> shall instruct the *Athlete* to select the <u>Sample collection kit(s)Collection</u> Equipment required for collecting the Sample and to check that the selected equipment has not been tampered with and theany seals are intact. If the *Athlete* is not satisfied with athe selected kitequipment, they may select another. If the *Athlete* is not satisfied with any kitsequipment and no others areother is available, this shall be recorded by the <u>DCO</u>. If the <u>DCO</u> does not agree with the *Athlete* that all of the available kits areequipment is unsatisfactory, the <u>DCO</u> shall instruct the *Athlete* that all available kits areequipment is unsatisfactory, the <u>DCO</u> shall terminate the <u>blood</u> Sample <u>Collection</u> Sessioncollection, and this shall be recorded by the <u>DCO</u>.
 - **D.4.7** When a *Sample* collection kit has been selected, the <u>DCO</u> and the *Athlete* shall check that all *Sample* code numbers match and that this *Sample* code number is recorded accurately by the <u>DCO</u> on the *Doping Control* form. If the *Athlete* or <u>DCO</u> finds that the numbers are not the same, the <u>DCO</u> shall instruct the *Athlete* to choose another kit. The <u>DCO</u> shall record the matter. If the collection tube(s) are not pre-labelled, the DCO/BCO shall label them with a unique *Sample* code number prior to the blood being drawn and the *Athlete* shall check that the code numbers match.
 - D.4.8 The <u>BCO</u> shall assess the most suitable location for venipuncture that is unlikely to adversely affect the *Athlete* or their performance. -This should be the non-dominant arm, unless the <u>BCO</u> assesses the other arm to be more suitable. The <u>BCO</u> shall clean the skin with a sterile disinfectant wipe or swab and, if required apply a tourniquet. The <u>BCO</u> shall take the blood *Sample* from a superficial vein into the tube. -The tourniquet, if applied, shall be immediately removed after the venipuncture has been made.

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- **D.4.9** The amount of blood removed shall be adequate to satisfy the relevant analytical requirements for the *Sample* analysis to be performed, as set out in *WADA's* <u>Guidelines</u> <u>for</u> *Sample* Collection <u>Guidelines</u>.
- D.4.10 If the amount of blood that can be removed from the *Athlete* at the first attempt is insufficient, the <u>BCO</u> shall repeat the procedure up to a maximum of three (3) attempts in total. Should all three (3) attempts fail to produce a sufficient amount of blood, then the <u>BCO</u> shall inform the <u>DCO</u>. The <u>DCO</u> shall terminate the blood *Sample* collection and record the reasons for terminating.
- **D.4.11** The <u>BCO</u> shall apply a dressing to the puncture site(s).
- D.4.12 The <u>BCO</u> shall dispose of used blood sampling equipment not required to complete the <u>Sample Collection Session</u> in accordance with the required local standards for handling blood.
- D.4.13 If the Sample requires further on-site processing, such as centrifugation or separation of serum (for example, in the case of a Sample intended for use in connection with the Athlete Biological Passport program), <u>Aa</u>fter the blood flow into the tube ceases, the <u>BCO</u> shall remove the tube from the holder and homogenize the blood in the tube manually by inverting the tube gently at least three (3) times). The Athlete shall remain in the blood collection area and observe their Sample until it is sealed in a <u>Tamper-Evident</u> kit.
- **D.4.14** The *Athlete* shall seal their *Sample* into a <u>Tamper Evident</u> kit as directed by the <u>DCO</u>. In full view of the *Athlete*, the <u>DCO</u> shall check that the sealing is satisfactory. The *Athlete* and the <u>BCO/DCO</u> shall sign the *Doping Control* form.
- D.4.15 The sealed Sample shall be stored in a manner that protects its integrity, identity and security prior to transport from the <u>Doping Control Station</u> to the <u>Laboratory</u> that will be analyzing the Sample.
- D.4.16 Blood Samples shall be transported in accordance with Article 9 and WADA's <u>Guidelines</u> for Sample Collection <u>Guidelines</u>. The transport procedure is the responsibility of the <u>DCO</u>. Blood Samples shall be transported in a device that maintains the integrity of Samples over time, in a cool and constant environment, measured by a temperature data logger notwithstanding changes in external temperature. The transport device shall be transported by secure means using a method authorized by the <u>Testing Authority</u> or <u>Sample Collection Authority</u>.

[Comment to D.4.: The requirements of this Annex apply to blood Samples collected for the purposes of standard analysis as well as for Athlete Biological Passport purposes. Additional requirements applicable only to the Athlete Biological Passport are contained in Annex I.]



ANNEX E - URINE SAMPLES - INSUFFICIENT VOLUME

E.1 Objective

To ensure that where a <u>Suitable Volume of Urine for Analysis</u> is not provided, appropriate procedures are followed.

E.2 Scope

The procedure begins with informing the *Athlete* that the *Sample* that they have provided is not of <u>Suitable Volume of Urine for Analysis</u> and ends with the *Athlete's* provision of a *Sample* of sufficient volume.

E.3 Responsibility

The <u>DCO</u> has the responsibility for declaring the *Sample* volume insufficient and for collecting the additional *Sample(s)* to obtain a combined *Sample* of sufficient volume.

E.4 Requirements

- **E.4.1** If the Sample collected is of insufficient volume, the <u>DCO</u> shall inform the Athlete that a further Sample shall be collected to meet the <u>Suitable Volume of Urine for Analysis</u> requirements.
- **E.4.2** The <u>DCO</u> shall instruct the *Athlete* to select partial <u>Sample Collection Equipment</u> in accordance with Annex C.4.3.
- **E.4.3** The <u>DCO</u> shall then instruct the *Athlete* to open the relevant equipment, pour the insufficient *Sample* into the new container (unless the <u>Sample Collection Authority's</u> procedures permit retention of the insufficient *Sample* in the original collection vessel) and seal it using a partial *Sample* sealing system, as directed by the <u>DCO</u>. The <u>DCO</u> shall check, in full view of the *Athlete*, that the container (or original collection vessel, if applicable) has been properly sealed.
- **E.4.4** The <u>DCO</u> shall record the partial *Sample* number and the volume of the insufficient *Sample* on the *Doping Control* form and confirm its accuracy with the *Athlete*. The <u>DCO</u> shall retain control of the sealed partial *Sample*.
- **E.4.5** While waiting to provide an additional *Sample*, the *Athlete* shall remain under continuous observation and be given the opportunity to hydrate in accordance with Article 7.3.3.
- **E.4.6** When the *Athlete* is able to provide an additional *Sample*, the procedures for collection of the *Sample* shall be repeated as prescribed in Annex C Collection of Urine *Samples*, until a sufficient volume of urine will be provided by combining the initial and additional *Sample*(s).
- E.4.7 Following each Sample provided, the <u>DCO</u> and Athlete shall check the integrity of the seal(s) on the container(s) containing the previously provided partial Sample(s). Any irregularity with the integrity of the seal(s) will be recorded by the <u>DCO</u> and investigated according to Annex A Review of a Possible Failure to Comply of the International Standard for Results Management. The DCO may request that an additional Sample is



collected from the *Athlete*. A refusal to provide a further *Sample* if requested, where the minimum requirements for *Sample* collection volume are not met, shall be recorded by the <u>DCO</u> and dealt with as a potential <u>Failure to Comply</u> in accordance with the *International Standard* for *Results Management*.

- **E.4.8** The <u>DCO</u> shall then direct the *Athlete* to break the seal(s) and combine the *Samples*, ensuring that additional *Samples* are added in the order they were collected to the original partial *Sample* until, as a minimum, the requirement for <u>Suitable Volume of Urine for Analysis</u> is met.
- **E.4.9** The <u>DCO</u> and the *Athlete* shall then continue with Annex C.4.12 or Annex C.4.14 as appropriate.
- **E.4.10** The <u>DCO</u> shall check the residual urine in accordance with Annex C.4.15 to ensure that it meets the requirement for <u>Suitable Specific Gravity for Analysis</u> in accordance with Annex F.
- **E.4.11** Urine should only be discarded when both the A and B bottles or containers have been filled to capacity in accordance with Annex C.4.14 and the residual urine has been checked in accordance with Annex C.4.15. The <u>Suitable Volume of Urine for Analysis</u> shall be viewed as an absolute minimum.



ANNEX F - URINE SAMPLES THAT DO NOT MEET THE REQUIREMENT FOR SUITABLE SPECIFIC GRAVITY FOR ANALYSIS

F.1 Objective

To ensure that when the urine *Sample* does not meet the requirement for <u>Suitable Specific Gravity</u> <u>for Analysis</u>, appropriate procedures are followed.

F.2 Scope

The procedure begins with the <u>DCO</u> informing the *Athlete* that a further *Sample* is required and ends with the collection of a *Sample* that meets the requirements for <u>Suitable Specific Gravity for</u> <u>Analysis</u>, or appropriate follow-up action by the <u>Testing Authority</u> if required.

F.3 Responsibility

- **F.3.1** The <u>Sample Collection Authority</u> is responsible for establishing procedures to ensure that a suitable Sample is collected, if the original Sample collected does not meet the requirement for <u>Suitable Specific Gravity for Analysis</u>.
- **F.3.2** The <u>DCO</u> is responsible for collecting additional *Samples* until a suitable *Sample* is obtained.

F.4 Requirements

- **F.4.1** The <u>DCO</u> shall determine that the requirements for <u>Suitable Specific Gravity for Analysis</u> have not been met.
- **F.4.2** The <u>DCO</u> shall inform the *Athlete* that they are required to provide a further *Sample*.
- **F.4.3** While waiting to provide a further *Sample*, the *Athlete* shall remain under continuous observation and shall be advised not to hydrate, since this may delay the production of a suitable *Sample*. In appropriate circumstances, further hydration after the provision of an unsuitable *Sample* may be pursued as a violation of *Code* Article 2.5.

[Comment to F.4.3: It is the responsibility of the Athlete to provide a Sample with a <u>Suitable</u> <u>Specific Gravity for Analysis</u>. <u>Sample Collection Personnel</u> shall advise the Athlete and Athlete Support Personnel as appropriate of this requirement at the time of notification in order to discourage excessive hydration prior to the provision of the Athlete's first Sample. If the Athlete's first Sample does not have a <u>Suitable Specific Gravity for Analysis</u>, they shall be advised to not hydrate any further until a Sample with a <u>Suitable Specific Gravity</u> for Analysis is provided.]

- **F.4.4** When the *Athlete* is able to provide an additional *Sample*, the <u>DCO</u> shall repeat the procedures for *Sample* collection set out in Annex C Collection of Urine *Samples*.
- F.4.5 The <u>DCO</u> shall continue to collect additional Samples until the requirement for <u>Suitable Specific Gravity for Analysis</u> is met, or until the <u>DCO</u> determines that there are exceptional circumstances which mean it is impossible to continue with the <u>Sample Collection Session</u>. Such exceptional circumstances shall be documented accordingly by the <u>DCO</u>.



[Comment to F.4.5: <u>Sample Collection Authorities</u> and <u>DCOs</u> should ensure they have adequate equipment to comply with the requirements of Annex F. The <u>DCO</u> should wait as long as necessary to collect such additional Sample(s) with a <u>Suitable Specific Gravity</u> for Analysis. The <u>Testing Authority</u> may specify procedures to be followed by the <u>DCO</u> in determining whether exceptional circumstances exist that make it impossible to continue with the <u>Sample Collection Session</u>.]

- **F.4.6** The <u>DCO</u> shall record that the *Samples* collected belong to a single *Athlete* and the order in which the *Samples* were provided.
- **F.4.7** The <u>DCO</u> shall then continue with the <u>Sample Collection Session</u> in accordance with Annex C.4.17.
- **F.4.8** The <u>DCO</u> shall send to the <u>Laboratory</u> for analysis all <u>Samples</u> which were collected, irrespective of whether or not they meet the requirement for <u>Suitable Specific Gravity for Analysis</u>.
- F.4.9 When two (2) Samples are collected from an Athlete, during the same <u>Sample Collection</u> Session, both Samples shall be analyzed by the <u>Laboratory</u>. In cases where three (3) or more Samples are collected during the same <u>Sample Collection Session</u>, the <u>Laboratory</u> shall prioritize and analyze the first and the subsequent collected Sample with the highest specific gravity, as recorded on the Doping Control form. The <u>Laboratory</u>, in conjunction with the <u>Testing Authority</u>, may determine if the other Samples need to be analyzed.



ANNEX G - <u>SAMPLE COLLECTION PERSONNEL</u> REQUIREMENTS

G.1 Objective

To ensure that <u>Sample Collection Personnel</u> have no conflict of interest and have adequate qualifications and experience to conduct <u>Sample Collection Sessions</u>.

G.2 Scope

<u>Sample Collection Personnel</u> requirements start with the development of the necessary competencies for <u>Sample Collection Personnel</u> and end with the provision of identifiable accreditation.

G.3 Responsibility

The <u>Sample Collection Authority</u> has the responsibility for all activities defined in this Annex.

G.4 Requirements - Qualifications and Training

- **G.4.1** The <u>Sample Collection Authority</u> shall:
 - a) Determine the necessary competence, eligibility and qualification requirements for the positions of <u>DCO</u>, <u>Chaperone</u> and <u>BCO</u>; and
 - b) Develop duty statements for all <u>Sample Collection Personnel</u> that outline their respective responsibilities. As a minimum:
 - i) <u>Sample Collection Personnel</u> shall not be *Minors*; and
 - ii) <u>BCOs</u> shall have adequate qualifications and practical skills required to perform blood collection from a vein.
- **G.4.2** The <u>Sample Collection Authority</u> shall ensure that <u>Sample Collection Personnel</u> sign an agreement dealing with conflicts of interest, confidentiality and code of conduct.
- **G.4.3** <u>Sample Collection Personnel</u> shall not be appointed to a <u>Sample Collection Session</u> where they have an interest in the outcome of a <u>Sample Collection Session</u>. At a minimum, <u>Sample Collection Personnel</u> are deemed to have such an interest if they are:
 - a) Involved in the participation or administration of the sport at the level for which *Testing* is being conducted;
 - b) Related to, or involved in the personal affairs of, any *Athlete* who might provide a *Sample* at that <u>Sample Collection Session</u>;
 - c) Have family members actively involved in the daily activities of the sport at the level for which *Testing* is being conducted (e.g., administration, coaching, training, officiating, competitor, medical);
 - d) Are engaged in business with, have a financial interest in or personal stake in a sport that has *Athletes* who are subject to *Testing*;



- e) Are drawing or likely to draw personal and/or professional gain or advantage directly or indirectly from a third party due to their own decisions taken in the fulfillment of their official functions; and/or
- f) Appear to have private or personal interests that detract from their ability to perform their duties with integrity in an independent and purposeful manner.
- **G.4.4** The <u>Sample Collection Authority</u> shall establish a system that ensures that <u>Sample</u> <u>Collection Personnel</u> are adequately trained to carry out their duties.
 - **G.4.4.1** The training program for <u>BCOs</u> shall include, as a minimum, studies of all relevant requirements of the *Testing* process and familiarization with relevant standard precautions in healthcare settings.
 - **G.4.4.2** The training program for <u>DCOs</u> shall include, as a minimum:
 - a) Comprehensive theoretical training in those *Doping Control* activities relevant to the <u>DCO</u> position;
 - b) Observation of all <u>Sample Collection Session</u> activities that are the responsibility of the <u>DCO</u> as set out in this *International Standard* for *Testing* and Investigations, preferably on-site; and
 - c) The satisfactory performance of one complete <u>Sample Collection</u> <u>Session</u> on-site under observation by a qualified <u>DCO</u> or similar. The requirement related to the actual passing of a urine <u>Sample</u> shall not be included in the on-site observations.
 - **G.4.4.3** The training program for <u>Chaperones</u> shall include all relevant requirements of the <u>Sample Collection Session</u> including but not limited to situations dealing with <u>Failure to Comply</u>, *Athletes* who are *Minors* and/or *Athletes* with impairments.
 - G.4.4.4 A <u>Sample Collection Authority</u> that collects Samples from Athletes who are of a different nationality to its <u>Sample Collection Personnel</u> (e.g., at an International Event or in an Out-of-Competition context) should ensure that such <u>Sample Collection Personnel</u> are adequately trained to carry out their duties in respect of such Athletes.
 - **G.4.4.5** The <u>Sample Collection Authority</u> shall maintain records of education, training, skills and experience of all <u>Sample Collection Personnel</u>.

G.5 Requirements - Accreditation, <u>**Rre-Aaccreditation</u>** and <u>**Ddelegation**</u></u>

- **G.5.1** The <u>Sample Collection Authority</u> shall establish a system for accrediting and re-accrediting <u>Sample Collection Personnel</u>.
- **G.5.2** The <u>Sample Collection Authority</u> shall ensure that <u>Sample Collection Personnel</u> have completed the training program and are familiar with the requirements of this *International Standard* for *Testing* and Investigations (including, where G.4.4.4 applies, in relation to



the collection of *Samples* from *Athletes* who are of a different nationality than the <u>Sample</u> <u>Collection Personnel</u>) before granting accreditation.

- **G.5.3** Accreditation shall only be valid for a maximum of two (2) years. <u>Sample Collection</u> <u>Personnel</u> shall be subject to an assessment (theoretical and/or practical) before being reaccredited and shall be required to repeat a full training program if they have not participated in *Sample* collection activities within the year prior to re-accreditation.
- G.5.4 Only <u>Sample Collection Personnel</u> who have an accreditation recognized by the <u>Sample Collection Authority</u> shall be authorized to conduct <u>Sample collection activities</u> on behalf of the <u>Sample Collection Authority</u>.
- **G.5.5** The <u>Sample Collection Authority</u> shall develop a system to monitor the performance of <u>Sample Collection Personnel</u> during the period of accreditation, including defining and implementing criteria for revoking accreditation.
- **G.5.6** <u>DCOs</u> may personally perform any activities involved in the <u>Sample Collection Session</u>, with the exception of blood collection unless particularly qualified, or they may direct a <u>Chaperone</u> to perform specified activities that fall within the scope of the <u>Chaperone's</u> authorized duties as determined by the <u>Sample Collection Authority</u>.

[Comment to G.5.6: Due to the absence of venipuncture during dried blood spot collection, in many jurisdictions, dried blood spot Samples may be collected by a DCO without the need for a specialized BCO if standard precautions in healthcare settings are followed and the DCO is suitably trained in accordance with Annex J.3.]



ANNEX H - EVENT TESTING

H.1 Objective

To ensure there is a procedure to follow when a request is made by an *Anti-Doping Organization* for permission to conduct *Testing* at an *Event* where they have been unable to reach agreement on such *Testing* with the ruling body of the *Event. WADA's* objective in considering such requests is to:

- a) Encourage collaboration and coordination between different *Anti-Doping Organizations* to optimize the effectiveness of their respective *Testing* programs;
- b) Ensure that each Anti-Doping Organization's responsibilities are properly managed; and
- c) Avoid creating operational disturbance and harassment for *Athletes*.

H.2 Scope

The procedure starts with the *Anti-Doping Organization* that is not responsible for initiating or directing *Testing* at an *Event* contacting the ruling body of the *Event* in writing to seek permission to conduct *Testing* and ends with *WADA* issuing a decision as to who shall be responsible to conduct *Testing* at the *Event*.

H.3 Responsibility

Both *Anti-Doping Organizations* seeking permission to conduct *Testing* at an *Event* and the ruling body of the *Event* should collaborate and where possible coordinate *Testing* at the *Event*. However, if this is not possible, then both *Anti-Doping Organizations* are required to submit their reasonings to *WADA* within the timeframes outlined. *WADA* then has the responsibility of reviewing the circumstances and issuing a decision in accordance with the procedures set out in this Annex.

H.4 Requirements

Any *Anti-Doping Organization* that is not responsible for initiating and directing *Testing* at an *Event* in accordance with *Code* Article 5.3.2, but which nevertheless desires to conduct *Testing* at such *Event* shall, prior to contacting *WADA*, request such permission from the ruling body of the *Event* in written form with full supporting reasons.

- **H.4.1** Such request shall be sent to the ruling body at least thirty-five (35) days prior to the beginning of the *Event* (i.e., thirty-five (35) days prior to the beginning of the *In-Competition* period as defined by the rules of the International Federation in charge of that sport).
- **H.4.2** If the ruling body refuses or does not respond within seven (7) days from receipt of the request, the requesting *Anti-Doping Organization* may send to *WADA* (with a copy to the ruling body) a written request with full supporting reasons, a clear description of the situation, and all the relevant correspondence between the ruling body and the requesting *Anti-Doping Organization*. Such request must be received by *WADA* no later than twenty-one (21) days prior to the beginning of the *Event*.



- **H.4.3** Upon receipt of such request, *WADA* will immediately ask the ruling body for its position on the request and the grounds for its refusal. The ruling body shall send *WADA* an answer within seven (7) days of receipt of *WADA*'s request.
- **H.4.4** Upon receipt by *WADA* of the ruling body's answer, or if no answer is provided by the ruling body within the seven (7) days, *WADA* will render a reasoned decision within the next seven (7) days. In making its decision, *WADA* will consider, amongst others, the following:
 - a) The <u>Test Distribution Plan</u> for the *Event*, including the number and type of *Testing* planned for the *Event*,
 - b) The menu of *Prohibited Substances* for which the *Samples* collected will be analyzed;
 - c) The overall anti-doping program applied in the sport;
 - d) The logistical issues that would be created by allowing the requesting *Anti-Doping Organization* to conduct *Testing* at the *Event*;
 - e) Any other grounds submitted by the requesting *Anti-Doping Organization* and/or the ruling body refusing such *Testing*; and
 - f) Any other available information that *WADA* considers relevant.
- **H.4.5** If an *Anti-Doping Organization* who is not the ruling body for an *Event* in the country in which the *Event* is being hosted, has or receives intelligence regarding potential doping by an *Athlete*(s) who is due to compete at the *Event*, the *Anti-Doping Organization* shall share the intelligence with the ruling body of the *Event* as soon as possible. If no *Testing* is planned by the ruling body for the *Event* and the *Anti-Doping Organization* is in a position to conduct *Testing* itself, the ruling body for the *Event* shall assess whether it or the *Anti-Doping Organization* can conduct *Testing* regardless of whether the intelligence is provided by the *Anti-Doping Organization* within the thirty-five (35) day period preceding the *Event*. If the ruling body of the *Event* fails to engage with the *Anti-Doping Organization* that provided the intelligence or decides it is not able to conduct *Testing* itself or does not authorize the *Anti-Doping Organization* to conduct *Testing Organization* to conduct *Testing* itself or does not authorize the *Anti-Doping Organization* to conduct *Testing* at the *Event*, then the *Anti-Doping Organization* to conduct *Testing* at the *Event*, then the *Anti-Doping Organization* shall notify *WADA* immediately.
- **H.4.6** If *WADA* decides that permission for *Testing* at the *Event* should be granted, either as requested by the requesting *Anti-Doping Organization* or as proposed by *WADA*, *WADA* may give the ruling body the possibility of conducting such *Testing*, unless *WADA* judges that this is not realistic and/or appropriate in the circumstances.



ANNEX I - COLLECTION, STORAGE AND TRANSPORT OF BLOOD ATHLETE BIOLOGICAL PASSPORT SAMPLES

I.1 Objective

To collect an *Athlete's* blood *Sample_by venipuncture*, intended for use in connection with the measurement of individual *Athlete* blood variables within the framework of the <u>hematological</u> <u>module of the</u> *Athlete Biological Passport* program, in a manner appropriate for such use. The requirements of this Annex are additional requirements to those contained in Annex D - Collection of Venous Blood Samples.

I.2 Requirements

- I.2.1 Planning shall consider the Athlete's whereabouts information to ensure Sample collection does not occur within two (2) hours of the Athlete's training, participation in Competition or other similar physical activity. If the Athlete has trained or competed less than two (2) hours before the time the Athlete has been notified of their selection, the <u>DCO</u> or other designated <u>Sample Collection Personnel</u> shall chaperone the Athlete until this two-hour period has elapsed.
- **I.2.2** If the Sample was collected within two (2) hours of training or Competition, the nature, duration and intensity of the exertion shall be recorded by the <u>DCO</u> to make this information available to the <u>APMU and subsequently to the <u>Experts</u>.</u>
- **I.2.3** Although a single blood *Sample* is sufficient within the framework of the <u>hematological</u> <u>module of the</u> *Athlete Biological Passport*, it is recommended to collect an additional (B) *Sample* for a possible subsequent analysis of *Prohibited Substances* and *Prohibited Methods* in whole blood (e.g., detection of <u>Homologous Blood Transfusionhomologous</u> <u>blood transfusion</u> (HBT) and/or <u>Erythropoisesis Stimulating Agents (ESAserythropoietin</u> receptor agonists (ERAs)).
- **I.2.4** For Out-of-Competition Testing, A and B urine Samples should be collected together with the blood <u>Athlete Biological Passport</u> Sample(s) in order to permit <u>Analytical Testing</u> for <u>ESAsERAs</u> unless otherwise justified by a specific intelligent Testing strategy.

[Comment to I.2.4: WADA's <u>Guidelines for</u> Sample Collection Guidelines reflect these protocols and include practical information on the integration of Athlete Biological Passport Testing into "traditional" Testing activities. A table has been included within the<u>WADA's</u> <u>Guidelines for</u> Sample Collection Guidelines that identifies which particular timelines for delivery are appropriate when combining particular <u>Test</u> types <u>of analysis (i.e.g. blood</u> Athlete Biological Passport and Growth Hormonegrowth hormone (GH), <u>blood</u> Athlete Biological Passport and Homologous Blood Transfusion<u>HBT</u>, etc.), and which types of Samples may be suited for simultaneous transport.]

- **I.2.5** The Sample shall be refrigerated from its collection until its analysis with the exception of when the Sample is analyzed at the immediately following collection-site without delay. The storage procedure is the <u>DCO</u>'s responsibility.
- I.2.6 The storage and transport device shall be capable of maintaining blood <u>Athlete Biological</u> <u>Passport</u> Samples at a cool temperature during storage. Whole blood Samples shall not be allowed to freeze at any time. In choosing the storage and transport device, the <u>DCO</u>



shall take into account the time of storage, the number of *Samples* to be stored in the device and the prevailing environmental conditions (hot or cold temperatures). The storage device shall be one of the following:

- a) Refrigerator;
- b) Insulated cool box;
- c) Isotherm bag; or
- d) Any other device that possesses the capabilities mentioned above.
- **1.2.7** A temperature data logger shall be used to record the temperature from the collection to the analysis of the *Sample* except when the *Sample* is analyzed at the immediately following collection site without delay. The temperature data logger shall be able to:
 - a) Record the temperature in degrees Celsius at least once per minute;
 - b) Record time in GMT;
 - c) Report the temperature profile over time in text format with one line per measurement following the format "YYYY-MM-DD HH:MM T"; and
 - d) Have a unique ID of at least six characters.
- **I.2.8** Following notification to the *Athlete* that <u>he/she hasthey have</u> been selected for Sample collection and following the <u>DCO/BCO</u>'s explanation of the *Athlete's* rights and responsibilities in the *Sample* collection process, the <u>DCO/BCO</u> shall ask the *Athlete* to remain still, in <u>a normalan upright, stationary</u> seated position, with feet on the floor for at least ten (10) minutes prior to providing a blood *Sample*. If the *Athlete's* feet cannot reach the floor and/or the *Athlete's* impairment does not allow feet on the floor, the *Athlete* shall remain in an upright, stationary seated position.

[Comment to I.2.8: The Athlete shall not stand up at any time during the ten (10) minutes prior to Sample collection. To have the Athlete seated during ten (10) minutes in a waiting room and then to call the Athlete into a blood collection room is not acceptable.]

- **I.2.9** The <u>DCO/BCO</u> shall collect and record the following additional information on an *Athlete Biological Passport* supplementary form, *Athlete Biological Passport* specific *Doping Control* form or other related report form to be signed by the *Athlete* and the <u>DCO/BCO</u>:
 - a) Has the *Athlete* been seated for at least ten (10) minutes with their feet on the floor prior to blood collection, as per Annex I.2.8?
 - b) Was the *Sample* collected immediately following at least three (3) consecutive days of an intensive endurance *Competition*, such as a stage race in cycling?
 - c) Has the *Athlete* had a training session or *Competition* in the two (2) hours prior to the blood collection?
 - d) Did the *Athlete* train, compete or reside at an altitude greater than 1,500 meters within the prior two (2) weeks? If so, or if in doubt, the name and location of the place where



the *Athlete* had been<u>, and the dates</u> and the duration of their stay shall be recorded. The estimated altitude shall be entered, if known.

- e) Did the Athlete use any form of altitude simulation such as a hypoxic tent, mask, etc. during the prior two (2) weeks? If so, as much information as possible on the type of device and the manner in which it was used (e.g., frequency, duration, intensity) should be recorded.
- f) Did the Athlete receive any blood transfusion(s) during the prior three (3) months? Was there any blood loss due to accident, pathology or donation in the prior three (3) months? If so, the estimated volume should be recorded.
- g) Has the *Athlete* been exposed to any extreme environmental conditions during the last two (2) hours prior to blood collection, including any sessions in any artificial heat environment, such as a sauna? If so, the details should be recorded.
- **I.2.10** The <u>DCO/BCO</u> shall start the temperature data logger and place it in the storage device. It is important to start recording the temperature before *Sample* collection.
- **I.2.11** The storage device shall be located in the <u>Doping Control Station</u> and shall be kept secure.
- **I.2.12** The <u>DCO/BCO</u> instructs the *Athlete* to select the <u>Sample Collection Equipment</u> in accordance with Annex D.4.6. If the collection tube(s) are not pre-labelled, the <u>DCO/BCO</u> shall label them with a unique <u>Sample</u> code number prior to the blood being drawn and the *Athlete* shall check that the code numbers match. and continue the <u>Sample</u> Collection <u>Session in accordance with Annex D.4.7.</u>

I.3 The Sample Collection Procedure

- **1**.3.1 The Sample collection procedure for the collection of blood for the purposes of the Athlete Biological Passport is consistent with the procedure set out in Annex D.4., including the ten (10) minute (or more) seated period, with the following additional elements:
 - a) The <u>BCO</u> ensures that the collection tubes were filled appropriately; and
 - b) After the blood flow into the tube ceases, the <u>BCO</u> removes the tube from the holder and homogenizes the blood in the tube manually by inverting the tube gently at least three (3) times.
- **<u>14.3.2</u>** The Athlete and the <u>DCO/BCO</u> sign the Doping Control and Athlete Biological Passport supplementary form(s), when applicable.
- **<u>14.3.3</u>** The blood *Sample* is sealed and deposited in the storage device containing the temperature data logger.

I.4 Transportation Requirements

I.4.1 Blood *Samples* shall be transported in a device that maintains the integrity of *Samples* over time, due to changes in external temperature.

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- **I.4.2** The transport procedure is the <u>DCO</u>'s responsibility. The transport device shall be transported by secure means using a <u>Sample Collection Authority</u> authorized transport method.
- **I.4.3** The integrity of the *Markers* used in the <u>haematological hematological</u> module of the *Athlete Biological Passport* is guaranteed when the Blood Stability Score (BSS) remains below eighty-five (85), where the BSS is computed as:

BSS = 3 * T + CAT

with CAT being the Collection to Analysis Time (in hours), and T the average Temperature (in degrees Celsius) measured by the data logger between *Sample* collection and analysis.

I.4.4 Within the framework of the BSS, the following table can be used by the <u>DCO/BCO</u> to estimate the maximal transport time to a <u>Laboratory</u> or <u>WADA-ApprovedABP</u> Laboratory for the <u>Athlete Biological Passport</u>, called the Collection to Reception Time (CRT), for a given average temperature (T÷), e.g., if shipped at 4°C, the maximal CRT is 60 h.:

T [°C]	CRT [h]
15	35<u>27</u>
12	41 <u>36</u>
10	<u>4642</u>
9	<u>4845</u>
8	50<u>48</u>
7	53<u>51</u>
6	55<u>54</u>
5	58<u>57</u>
4	60

- **I.4.5** The <u>DCO/BCO</u> shall as soon as possible transport the *Sample* to a <u>Laboratory</u> or <u>WADA-</u> <u>ApprovedABP</u> Laboratory-for the <u>Athlete Biological Passport</u>.
- **I.4.6** The <u>Testing Authority</u> or <u>Sample Collection Authority</u> shall report without delay into ADAMS:
 - a) The *Doping Control* form, as per Article 4.9.1 b);
 - b) The *Athlete Biological Passport* supplementary form, and/or the additional information specific to the *Athlete Biological Passport* collected on a related report form;
 - c) In the <u>Chain of Custody</u>, the temperature data logger ID (without any time reference) and the time zone of the *Testing* location in GMT.

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ANNEX J - COLLECTION, STORAGE AND TRANSPORT OF DRIED BLOOD SPOT SAMPLES

J.1 Objective

To collect an Athlete's blood as a dried blood spot Sample in a manner that ensures:

- a) Consistency with relevant principles of internationally-recognized standard precautions in healthcare settings, and is collected by a suitably trained *Person*, so that the health and safety of the *Athlete* and *Sample* Collection Personnel are not compromised;
- b) The Sample is of a quality and quantity that meets the relevant analytical requirements;
- c) The Sample has not been manipulated, substituted, contaminated or otherwise tampered with in any way;
- d) The Sample is clearly and accurately identified; and
- e) The Sample is securely sealed in a Tamper Evident kit.

J.2 Scope

The collection of a dried blood spot Sample begins with ensuring the Athlete is informed of the Sample collection requirements and ends with properly storing the Sample prior to transport to the Laboratory that will be analysing the Sample. Dried blood spot Samples are collected by puncture/incision of the skin to access capillary vessels (small blood vessels). One dried blood spot Sample consists of a series of small volumes of capillary blood, which are collected within the same Sample Collection Session and allowed to dry on an absorbent Sample support.

[Comment to J.2: In this context, the term "dried blood spot" refers to a capillary blood Sample that is collected and allowed to dry on an absorbent Sample support, including Samples collected by "spotting" capillary blood directly onto a cellulose-based card or other absorbent Sample support made of cellulose or of another material, as well as those collected via a specific device with integrated microneedle(s)/microlancet(s).]

J.3 Responsibility

Due to the absence of venipuncture during dried blood spot collection, dried blood spot Samples may be collected by a DCO without the need for a specialized BCO if standard precautions in healthcare settings are followed and the DCO is suitably trained. Procedures for dried blood spot collection shall be consistent with local standards and regulatory requirements. The DCO and/or the BCO have the responsibility for:

- a) Collecting the dried blood spot Sample;
- b) Ensuring that each Sample is properly identified and sealed;
- c) Answering relevant questions during the provision of the Sample;
- d) Properly disposing of dried blood spot sampling equipment that is opened but not used, or used pieces of equipment not sealed with the absorbent Sample support; and
- e) Properly storing and dispatching each Sample.



J.4 Requirements for Dried Blood Spot Sample Collection Equipment

The dried blood spot Sample Collection Equipment shall fulfill the following criteria:

- a) Contain a single-use Sample collection device (e.g., disposable lancets to be used in conjunction with cellulose cards, devices with integrated microneedle(s)/microlancet(s)) for the puncture/incision and collection of capillary blood at the fingertip and/or from the upper arm (alternative sites of punctures may be authorized for Athletes with physical impairments, if required);
- b) The "A" and "B" absorbent Sample support shall allow the collection of distinct "A" and "B" spots (or equivalent) with a minimum total of approximately 40 µL of capillary blood in the "A" spot(s) and with a minimum total of approximately 20 µL of capillary blood in the "B" spot(s) and;

[Comment to J.4 (b): Depending on the dried blood spot Sample Collection Equipment used, the volume and number of spots may vary. If a spot has a small volume (e.g., less than 20 μ L), several spots may be combined to perform the required Analytical Testing Procedure(s).]

c) The Sample container and/or storage sleeves/packages/receptacles shall contain a desiccant to allow the spots to dry expeditiously when already sealed (without having to wait before sealing) and offering protection against possible premature degradation or contamination of the Sample.

[Comment to J.4: Additional guidance for dried blood spot Sample Collection Equipment can be found in WADA's Guidelines for Sample Collection.]

J.5 Dried Blood Spot Sample Provision

Procedures involving blood collection shall be consistent with the local standards and regulatory requirements regarding precautions in healthcare settings where those standards and requirements exceed the requirements set out below.

- **J.5.1** The DCO shall ensure that the *Athlete* is properly notified of the requirements of the Sample collection, including any modifications as provided for in Annex A - Modifications for *Athletes* with Impairments and/or in Annex B - Modifications for *Athletes* who are <u>Minors.</u>
- J.5.2 The DCO/Chaperone and Athlete shall proceed to the area where the Sample will be provided.
- J.5.3 The DCO/BCO shall wear gloves during the Sample collection process and until the Sample is sealed.
- **J.5.4** The DCO/Chaperone shall, where practicable, ensure the *Athlete* thoroughly washes their hands with water only prior to the provision of the *Sample*.

[Comment to J.5.4: Any traces of talcum powder, resin, or other products that Athletes use should be thoroughly cleaned, and alcohol pads or swabs may be used if needed.]

J.5.5 The DCO/BCO shall ensure that the Athlete is offered comfortable conditions for the



provision of the Sample.

[Comment to J.5.5: The requirement for the Athlete to be seated in an upright stationary position for at least 10 minutes with feet on the floor as contained in Annex D.4.5 prior to providing a blood Sample does not apply before the provision of a dried blood spot Sample.]

- **J.5.6** The DCO/BCO shall instruct the *Athlete* to select the *Sample* Collection Equipment required for collecting the *Sample* and to check that the selected equipment has not been tampered with and any seals are intact. If the *Athlete* is not satisfied with the selected equipment, they may select another. If the *Athlete* is not satisfied with any equipment and no other is available, this shall be recorded by the DCO. If the DCO does not agree with the *Athlete* that all of the available equipment is unsatisfactory, the DCO shall instruct the *Athlete* to proceed with the *Sample* Collection Session. If the DCO agrees with the *Athlete* that all available equipment is unsatisfactory, the DCO shall terminate the collection of dried blood spot *Samples* and this shall be recorded by the DCO.
- **J.5.7** When a Sample collection kit has been selected, the DCO and the Athlete shall check that all Sample code numbers match and that this Sample code number is recorded accurately by the DCO on the Doping Control form. If the Athlete or DCO finds that the numbers are not the same, the DCO shall instruct the Athlete to choose another kit. The DCO shall record the matter.
- **J.5.8** The DCO/BCO shall assess the most suitable location for puncture at the fingertip and/or from the upper arm that is unlikely to adversely affect the *Athlete* or their sporting performance (*e.g.*, non-dominant hand/arm). This should be a site of puncture that is free of any calluses, cuts, scars and tattoos. The DCO /BCO should select an alternative suitable site of puncture for *Athletes* with physical impairments if applicable.

[Comment to J.5.8: The DCO/BCO should decide whether the dried blood spot Sample be collected from the right or left hand/arm. However, they may not be given the choice of the collection between the hand or arm, as this is dependent on the Sample Collection Equipment used by the SCA.]

- **J.5.9** The DCO/BCO shall instruct the *Athlete* to warm the *Sample* collection site by, for example, washing the hands in warm water, shaking the hand/arm, massaging the puncture site, or placing the hand/arm in a warm blanket or equivalent.
- **J.5.10** The DCO/BCO shall clean the skin with a sterile alcohol pad or swab. Disinfectant gels shall not be used. Once the skin is completely dried, the DCO/BCO shall take the capillary blood Sample from the fingertip or an area on the upper arm using the dried blood spot collection device in accordance with the instructions provided by the equipment manufacturers.

For dried blood spot Samples collected from the fingertip:

- a) The middle or ring finger should be selected if possible. The little finger may also be selected but the collection may be more painful;
- b) The puncture should be done with a lancet, slightly lateral to the pad of the finger, on the last phalanx of the finger;

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- c) Blood flow can be increased by gently massaging the proximal portion of the finger in a distal direction. However, squeezing or milking the finger should be avoided as it may cause hemolysis and dilution of the *Sample*;
- d) The first drop of blood shall be wiped away with a dry sterile compress/gauze pad;
- e) Only the drop of blood shall enter into contact with the dried blood spot absorbent Sample support, while the finger shall not touch it. The drop of blood should not be smeared onto the absorbent Sample support; and
- <u>f)</u> Only one drop of blood shall be applied per spot, because the dripping of several drops onto the same spot would cause an inhomogeneous *Sample*.

For dried blood spot Samples collected from the upper arm with a device with integrated microneedle(s)/microlancet(s):

- g) The DCO/BCO shall be responsible for applying and removing the device from the Athlete's arm. The Athlete is permitted to press the button to engage the microneedle(s)/microlancet(s) after having received the necessary instructions from the DCO/BCO. Otherwise, the DCO/BCO will press the button.
- J.5.11 The volume of capillary blood removed shall be adequate to satisfy the relevant analytical requirements for the Sample analysis to be performed, *i.e.*, a minimum total of approximately 40 µL of capillary blood in the "A" spot(s) and a minimum total of approximately 20 µL of capillary blood in the "B" spot(s) for chromatography-mass spectrometric Analytical Methods. Other special analyses may require additional Samples and/or increased Sample volume.
- J.5.12 The DCO/BCO shall verify that capillary blood is deposited on the absorbent Sample support and that a sufficient number of spots in the "A" and "B" Samples (to produce a sufficient amount of capillary blood, as described in Annex J.5.11) are saturated with blood.
- J.5.13 If the volume of capillary blood collected from the *Athlete* at the first attempt is insufficient, the DCO/BCO shall repeat the procedure up to a maximum of three (3) attempts in total. Should all three (3) attempts fail to produce a sufficient volume of capillary blood, the DCO shall terminate the collection of dried blood spot *Samples* and record the reasons for its termination. If more than one attempt is needed, another site of puncture shall be selected by the DCO/BCO. The skin shall be cleaned and a new lancet/*Sample* Collection device shall be used for the puncture of the skin.

[Comment to J.5.13: An attempt is defined as the act of puncturing the skin, i.e., only if the lancet or microneedle(s)/microlancet(s) has(ve) been engaged and punctured the skin.]

- **J.5.14** After collection, the DCO/BCO shall apply pressure to the puncture site(s) or ask the Athlete to do so. The DCO/BCO shall then apply a dressing(s).
- J.5.15 The DCO/BCO shall dispose of used pieces of equipment that are not sealed with the absorbent Sample support in accordance with the required local standards for handling blood.
- J.5.16 If the Sample requires further on-site processing, such as removal of the absorbent



<u>Sample support (e.g., cellulose paper, cartridge) from the collection device, the DCO/BCO shall do so and then transfer the Sample into the Tamper Evident kit. The Athlete shall remain in the collection area and observe their Sample until it is sealed in a Tamper Evident kit.</u>

- **J.5.17** The Athlete shall seal their Sample in the Tamper Evident kit as directed by the DCO. In full view of the Athlete, the DCO shall check that the sealing is satisfactory. The Athlete and the DCO/BCO shall sign the Sample collection documentation; and
- **J.5.18** The sealed dried blood spot Sample can be stored at room temperature and shall be stored in a manner which minimizes the potential for Sample degradation due to factors such as time delays, exposure to light and extreme temperature variations.

J.6 Requirements for Transport

- J.6.1 Dried blood spot Samples shall be transported in accordance with Articles 9.1 to 9.3, with the following specifications:
 - a) Dried blood spot Samples can be shipped as non-hazardous materials using regular mail or courier services, subject to any applicable regulations;
 - b) While the Sample containers shall be transparent, it is recommended to transport dried blood spot Samples in a non-transparent transport box/bag to protect the Samples from light exposure; and
 - a)c) Dried blood spot Samples can be transported at ambient temperature. If collecting other blood Samples (e.g., blood Athlete Biological Passport Samples) during the same Sample Collection Session, dried blood spot Samples can also be shipped refrigerated.



ANNEX K - COLLECTION OF URINE SAMPLES IN A VIRTUAL ENVIRONMENT DURING A PANDEMIC¹

K.1 Objective

To provide a modified Sample collection procedure in a virtual environment that may only be implemented during a pandemic and/or a national epidemic when local or national government health restrictions in place allow an in-person notification of an *Athlete* but restrict in-person collection of a urine sample by a DCO.

[Comment to K.1: The ability to collect Samples during a pandemic may vary among countries based on the national approach to the pandemic and/or national epidemic, including the international, national and regional laws in place. As a result, Sample collection in a virtual environment is not mandatory. Before considering the implementation of Sample collection in a virtual environment an ADO should liaise with the applicable national health and data privacy authorities. If an ADO can conduct Sample collection in a virtual environment in the circumstances permitted by this Annex K, then the modified Sample collection procedures set out in this Annex, in particular complying with the additional standards referenced in Annex K.3.1 and K.3.2, are mandatory. Additional guidance on how to implement several of the requirements outlined in this Annex are provided in the Guidelines for Testing During a Pandemic.]

K.2 Scope

The procedure begins with the DCO notifying an *Athlete* at the testing location and handing the *Athlete* a package of *Sample* Collection Equipment and ends with the DCO collecting the sealed *Sample* and the corresponding *Sample* collection documentation from the *Athlete* at the location where notification to the *Athlete* of their selection for *Testing* and requirement to provide a *Sample* occurred, or at another location that the DCO and *Athlete* will agree to.

K.3 Responsibility

- K.3.1 In times of a pandemic and/or a national epidemic, all Anti-Doping Organizations shall follow the advice of national governments and health authorities to ensure the health and safety of Athletes and Sample Collection Personnel is protected. Specific requirements must be taken into consideration from any relevant international, national and regional laws when considering the implementation of Sample collection procedures (e.g., mandatory or recommended occupational health and safety practices such as social distancing, hand washing, mask wearing, vaccination etc.)
- K.3.2 Prior to implementation, Anti-Doping Organizations shall assess modified Sample collection procedures in a virtual environment, including any selected IT system and any Third-Party Agent involved in such procedures or IT system, against the requirements of the International Standard for the Protection of Privacy and Personal Information and applicable laws, such as privacy/data protection and if necessary, shall implement

¹ As declared by the World Health Organization. In addition, an *ADO* shall consider implementing the *Sample collection in a virtual environment* when the national government declares a national epidemic in a certain country or region.



appropriate physical, organizational, technical, and other measures to mitigate privacy and information security risks identified in such assessment.

K.3.3 The DCO has the responsibility for providing the *Athlete* with instructions from the point of the in-person notification and then virtually via the IT system used, and that each *Sample* is properly collected, identified, documented, sealed, and the integrity of the *Sample* is maintained throughout the virtual collection and sealing process.

K.4 Requirements

- **K.4.1** When initial contact is made, the DCO shall inform the *Athlete*, at the testing location, that they are required to undergo a *Sample* collection. The notification of the *Athlete* shall be in accordance with Article 5.4.1.
- **K.4.2** The DCO shall ensure that the *Athlete* is informed that the *Sample* collection and sealing procedure will be conducted in a virtual environment during their *Sample* Collection Session, including any modifications as provided for in Annex A Modifications for *Athletes* with Impairments and/or in Annex B Modifications for *Athletes* who are *Minors*.
- **K.4.3** The DCO shall complete the 'Athlete Notification' part of the Sample collection documentation (either in paper or electronic) and the Athlete shall sign it to acknowledge and accept the notification. If the Athlete refuses to sign that they have been notified, or evades the notification, the DCO shall, if possible, inform the Athlete of the Consequences of a Failure to Comply. The DCO shall document the facts in a detailed report and report the circumstances to the Testing Authority. The Testing Authority shall follow the steps prescribed in Annex A Review of a Possible Failure to Comply of the International Standard for Results Management.
- K.4.4 The DCO shall start a two-way video and audio connection via the selected IT system (e.g., tablet, mobile phone, or body camera) with supporting mounting device (if applicable) and provide it to the Athlete. The DCO shall advise the Athlete that they must remain on camera with the DCO via the IT system for the duration of the Sample Collection Session. The DCO shall also inform the Athlete that recording functions have been completely disabled.
- K.4.5 The DCO shall then provide the Athlete with the package that includes Sample Collection Equipment, other supporting devices such as temperature monitoring strips, and applicable documentation. The DCO shall inform the Athlete to proceed with the Sample Collection Equipment to a suitable Sample collection location that is private and where the Sample Collection Session can continue. The DCO shall also ensure they are in a private location.
- **K.4.6** When the *Athlete* is positioned in the *Sample* Collection location where the *Sample* Collection Session will be conducted, the DCO, connected virtually via the IT system, shall instruct the *Athlete* to:
 - a) Confirm if an Athlete representative is present with the Athlete in the Sample Collection location;
 - b) Show the DCO on camera via the IT system the Sample Collection location selected where the Sample Collection Session will be conducted; and
 - c) Confirm satisfactory audio and visual quality of the IT system used.

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- K.4.7 The DCO shall confirm to the Athlete that the DCO will also be on camera for the duration of the Sample Collection Session and that the Sample Collection Session is not being recorded.
- **K.4.8** The DCO shall then ask the *Athlete* to place the IT system in a location where the DCO will have a view of the *Athlete* (including upper body and hands) and have full view of the <u>Sample Collection Equipment.</u>
- **K.4.9** The Athlete shall place the content of the package with the Sample Collection Equipment, supporting devices and documentation on a steady surface in the Sample collection location in full view of the DCO.
- **K.4.10** The Athlete shall complete the 'Athlete Information' part of the Sample collection documentation (either in paper or electronic) with the assistance of the DCO.
- **K.4.11** The DCO shall instruct the *Athlete* to select a collection vessel in accordance with Annex C.4.3. The DCO shall then ask the *Athlete* to apply a temperature monitoring strip to the outside of the collection vessel.
- **K.4.12** When the Athlete is ready to provide a urine Sample, the DCO shall ask the Athlete to move to the toilet area and show the DCO on camera the toilet area in which they will be providing their Sample. The DCO should direct the Athlete as to the best location for the IT system to be positioned during the Sample provision. Anything suspicious e.g., other urine Samples or doping paraphernalia in the toilet area with potential to compromise the Sample collection shall be documented in detail by the DCO.
- **K.4.13** The DCO shall also inform the *Athlete* that *Sample* provision will not be directly witnessed as it normally would be, i.e., the DCO observing the urine *Sample* directly leaving their body, however, the *Athlete* will be continuously observed via the IT system in the toilet area. The camera shall be set in a position in the toilet area that provides the DCO with a full view of the *Athlete's* upper body (i.e., waist to top of head) and arms while they are waiting to provide a *Sample* and/or during the *Sample* provision.
- **K.4.14** The Athlete shall be reminded of the importance to stay on camera during the sample provision and be advised of the possible Consequences of a Failure to Comply. Any loss of connection should be documented including exact time and duration, as well as any further re-connection attempts and explanations from the Athlete. If the Athlete does not remain visible in the camera field of view or the Sample once provided by the Athlete does not remain visible in the camera field of view and if the circumstances are deemed suspicious by the DCO, the DCO shall consider collecting an additional Sample from the Athlete. The DCO shall document the facts in a detailed report and report the circumstances to the Testing Authority.

[Comment to K.4.12 and K.4.14: If appropriate, the Testing Authority shall follow the steps prescribed in Annex A - Review of a Possible Failure to Comply in the International Standard for Results Management.]

K.4.15 Once the Athlete provides the required volume of urine, the DCO shall ask the Athlete to show them the collection vessel with the volume measurement scale on camera to validate that the Suitable Volume of Urine for Analysis has been provided. Where the volume of urine provided by the Athlete is insufficient, the DCO shall provide instructions to the Athlete



to follow the partial Sample collection procedure in accordance with Annex E - Urine Sample – Insufficient Volume.

- **K.4.16** Once the lid of the collection vessel has been secured, the DCO shall then ask the *Athlete* whilst in the toilet area to show the temperature monitoring strip measurement on camera to allow the DCO to confirm the temperature of the urine *Sample*.
- **K.4.17** The Athlete shall exit the toilet area and return to the Sample collection location, ensuring they keep their Sample visible on camera. On return to the Sample collection location, the Athlete shall position the camera in the same location as it was at the start of the procedure so that their Sample are in full view of the DCO until the Sample is sealed.
- **K.4.18** The DCO shall guide the *Athlete* through the process of selecting and opening a *Sample* collection kit containing A and B bottles in accordance with Annex C.4.3 and Annex C.4.12. The *Athlete* shall show the DCO the *Sample* code numbers and the DCO should document them (and later confirm upon receipt of the *Sample*).
- **K.4.19** The division of the Sample into the A and B bottles and the sealing of the A and B bottles shall be conducted by the Athlete in full view of the DCO in accordance with Annex C.4.13 and C.4.14.
- **K.4.20** Once the Athlete has finished the sealing of the A and B bottles, the Athlete shall test the residual urine in the collection vessel to determine if the Sample has a Suitable Specific Gravity for Analysis with the assistance of the DCO. When the urine Sample does not meet the requirement for Suitable Specific Gravity for Analysis, the DCO shall provide instructions to the Athlete to follow the appropriate procedures in accordance with Annex F Urine Samples that do not meet the requirement for Suitable Specific Gravity for Analysis.
- **K.4.21** The Athlete shall complete the Sample collection documentation with the assistance of the DCO. The Athlete and the DCO shall sign appropriate documentation to indicate their satisfaction that the documentation accurately reflects the details of the Sample Collection Session. The DCO shall ensure that the Athlete is advised to keep a copy of the Sample collection documentation (if in paper) or that the Athlete receives a copy of the Sample collection documentation (if electronic).
- **K.4.22** Upon completion, the DCO shall ask the *Athlete* to pack their *Sample*, all *Sample* Collection Equipment and documentation and meet the DCO in the initial location where the *Athlete* was notified or an agreed upon location.
- K.4.23 The Athlete shall remain on camera until they have concluded the Sample Collection Session, and they meet the DCO in-person.
- K.4.24 The DCO, upon receiving the requested equipment and documentation from the *Athlete*, shall conduct a review of all *Sample* Collection Equipment, supporting devices and documentation, and confirm, in writing, that *Sample* collection documentation and corresponding *Sample(s)* are enclosed.